Histology; Microscopy and Ultrastructure of the Cell



Help

- esc key shows all the slides
- arrows left right advance the slide
- mobile device swipe left right
- slides can go left-right and up-down
- ? gives instant help
- menu bottom left

To save as PDF, see last slide.

How to get the most from the revision slides

- Have a pen & paper ready
- Answer every question
- Attempt to label all slides
- Mark your answer after answering
- Elaborate on each answer
- Add relevant clinical content
- If you have trouble, ask you know where

Calibration Community of Truth

What is my answer? What is the correct answer? I am am wrong, what was my error? THUS: Find the truth

Philosophy 1

What is the least amount of work I can do so I can get out of here.

Philosophy 2

Today and Now I will do something for my future self.

Calibration

Assess yourself on each question. Label all unlabelled slides.

You want incremental improvements over time.



Assess yourselfNailed it!Not sure...

Nailed it!

You are confident about your answer.

Not sure..

You do not know or are uncertain.

Histology Why Histology? Where does Histology fit?

Endpoint?

- Clinical application
- VERY topical example
- Aging immunity may exacerbate COVID-19
 - Arne N. Akbar, Derek W. Gilroy
 - Science 17 Jul 2020:
 - Vol. 369, Issue 6501, pp. 256-257
 - DOI: 10.1126/science.abb0762

Aged immune responses to SARS-CoV-2 infection

Highly differentiated T cells in older individuals may induce damage in SARS-CoV-2–infected lungs, as hypothesized in the diagram.



Find the Histology:

- The chemistry of cats: Allergies, catnip and urine
- In the infographic, find the histology.
- The image is available on the next slide, but more readible on web version available at the link.

THE CHEMISTRY OF CATS: ALLERGIES, CATNIP, AND URINE

WHAT CAUSES ALLERGIES TO CATS?

10-30% OF PEOPLE ARE ALLERGIC TO CATS

Eight different cat allergens are currently recognised by the World Health Organisation. They're designated as Fel d 1–8. Of these, Fel d 1 is the primary cat allergen.

SALIVA

FUR & SKIN

FEL D 1 MAIN ALLERGEN

A protein, the biological function of which is still unknown. Found in over 99% of homes.

ound in over 99% of homes.

(note: neutered males produce Fel d 1 levels similar to those of females)

Inhalation of Feld 1 causes an immune response in people who are allergic. As a defence mechanism, the body produces antibodies. The antibodies trigger the release of histamine from mast cells. Histamine causes the symptoms of allergies.





WHY DO CATS GO CRAZY FOR CATNIP?



The compound that causes catnip's effect on cats is nepetalactone. It binds to protein receptors in the cat's nasal passages. This triggers responses in the cat's brain that make the cat exhibit behaviour similar to that triggered by cat pheromones, including rolling, rubbing and salivating. The effects last for around ten minutes before wearing off.

WHY DOES CAT URINE SMELL SO BAD?

Fresh cat urine doesn't have a strong odour. However, over time, it develops a strong smell. Felinine, an amino acid in cat urine, gets broken down by enzymes into 3-methyl-3sulfanylbutan-1-ol (MMB). This, along with the ammonia produced by the breakdown, gives cat urine its pungent smell.



ď	FELININE EXCRETION	>	Q	FELININE EXCRETION
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(note: neutered males excrete felinine at levels similar to that of females)



Cat ketone (4-methyl-4-sulfanylpentan-2-one) is another key cat urine odorant. It also occurs naturally in Sauvignon grapes, and is a key contributor to the odour of blackcurrants.



CAT LITTER COMPOSITION

Clay-based, e.g. calcium bentonite; biodegradable and silica gel litters are less commonly used.

Cat litter absorbs urine and odours. In cases where cats urinate elsewhere around your house, enzymatic cleaners should be used. These break down odorous compounds.



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Histology: Foundational Knowledge Levels of Organisation













Tissues

• Skeletal muscle









Organs





Organism







Why histology?

- Knowledge
 - Because all knowledge is worthwhile
 - The more you know, the more you are able to know
- Know the normal to identify the abnormal
 - Pathology
- Functions of many organs
 - Lung, Kidney, Liver
 - Informed by cellular organisation
 - Physiology
- Structure of body informed by cellular organisation
 - Anatomy
- Inflammation, Repair & Treatment dependent on cellular organisation
 - Pharmacology



What in Histology Basic framework to work from



The relative sizes of different kinds of cells and cellular components.



Unlabelled images

The next slide shows an unlabelled image. Whenever you come across an unlabelled image, attempt to identify as many of the marked structures, BEFORE going to the next slide. Give yourself a score for each attempt, and when you revise, aim for an improvement on your previous score. **Remember - incremental improvements**





Molnar, Charles & Gair, Jane; Concepts of Biology - 1st Canadian Edition; CC-BY 4.0





Histology How Histology is a visual subject. You have to look at, identify, draw. Pictures, illustrations, diagrams.
The Cell Ultrastructure of the cell







An illustration of a generalized, single-celled eukaryotic organism. Note that cells of eukaryotic organisms vary greatly in terms of structure & function, & a particular cell may not have all of the structures shown here.



The cell

- Smallest unit living matter
- Two compartments
- Nucleus
 - Contains chromatin -> genetic material
- Cytoplasm
 - Organelles -> metabolically active units
 - Inclusions -> inert accumulations
 - Cytoskeleton

Nucleus

- Contains genetic material
- Encoded in DNA of chromosomes
- Euchromatin
 - lightly stained
 - dispersed chromatin
 - being transcribed
- Heterochromatin
 - densely stained
 - not being transcribed

Eukaryotic cells have a well-defined nucleus surrounded by a nuclear membrane. The large, dark, oval-shaped structure within the nucleus is the nucleolus.



Parker et al; OpenStax: Microbiology; CC-BY 4.0

Nuclear envelope

- Two parallel membranes
- Separated by peri-nuclear space
- Inner and outer continuous at nuclear pore
- Nuclear pore interrupt double membrane
- Outer nuclear membrane
- Ribosomes attached
- Continuous with endoplasmic reticulum
- Inner nuclear membrane
- Meshwork interwoven filaments
- Fibrous lamina (nuclear lamina)
- Anchoring site for interphase chromosomes





Nuclear pore

- Membrane-bounded channel between nucleus and cytoplasm
- Outer and inner membrane continuous around pore
- Provide communication between nucleus and cytoplasm





Nucleolus

- Well-defined nuclear inclusion
- Seen in cells actively synthesizing protein
- Involved in
 - Synthesis rRNA
 - Packaging rRNA into precursors of ribosomes



The endomembrane system is a series of membranous intracellular structures, facilitating movement of materials throughout the cell & the cell membrane.







Oblique sections:

Section does not always cut exactly through the center of a structure. This can reveal additional information about the morphology.

This diagram illustrate 4 sections through a sphere and the corresponding views.







Grazing thin section through the nuclear envelope showing nuclear pores. The pores often have electron opaque dots (arrows) in their centers which indicate passage of ribonucleoprotein particles (RNP) between the nucleus and the cytoplasm. EM taken on 1/4/82 by R. Allen with Hitachi HU11A TEM. Neg. 17,500X. Bar = 0.2µm.



Cytoplasm organelles

- Cell membrane
- Glycocalyx
- Ribosomes
- Rough endoplasmic reticulum
- Smooth endoplasmic reticulum
- Mitochondria
- Golgi apparatus
- Lysosomes
- Residual body
- Peroxisome
- Centrioles

Cytoplasm Cytoskeleton

- Microtubules
- Actin microfilaments
- Myosin filaments
- Myosin
- Intermediate filaments
- Keratin filaments
- Desmin filaments
- Vimentin filaments
- Neurofilaments
- Glial filaments
- Microtrabecular lattice

Cytoplasm Inclusions

- Glycogen
- Lipid droplets
- Secretion granules

Cell membrane

- Surrounds cell
- Boundary between cell & outside world
- Phospholipid bilayer with integral proteins
- Phospholipid
- Hydrophilic ends face outwards
- Hydrophobic chains project inwards
- Protein position varies



The cell membrane, also called the plasma membrane or plasmalemma, is a semipermeable lipid bilayer common to all living cells. It contains a variety of biological molecules, primarily proteins and lipids, which are involved in a vast array of cellular processes. It also serves as the attachment point for both the intracellular cytoskeleton and, if present, the cell wall.







Parker et al; OpenStax: Microbiology; CC-BY 4.0



The extracellular matrix is composed of protein and carbohydrate components. It protects cells from physical stresses and transmits signals arriving at the outside edges of the tissue to cells deeper within the tissue.



Parker et al; OpenStax: Microbiology; CC-BY 4.0



Glycocalyx

- On external surface of plasma membrane
- Plays role in immunological specificity
- Contains blood group antigens
- Has receptor sites
- Protective mechanical barrier
- Can contain enzymes
Ribosomes

- Composed of rRNA & proteins
- Cluster in groups along mRNA to form polyribosomes
- Synthesize proteins



Rough endoplasmic reticulum

- Sheets & cavities bound by membranes
- Outer surface studded with ribosomes
- Interior region called cisternae
- Has receptors where ribosomes bind
- Common in cells synthesizing proteins for export
 ie Secretory proteins











The rough endoplasmic reticulum is studded with ribosomes for the synthesis of membrane proteins (which give it its rough appearance).







Smooth endoplasmic reticulum

- Irregular network membrane-bound channels
- Without ribosomes
- Branching & anastomosing tubules & vesicles
- Function depends on cell
 - Steroid hormone synthesis
 - Drug detoxification
 - Metabolism of lipids & cholesterol
 - Calcium ion homeostasis

Lysosomes

- Membrane-bound dense bodies
- Contains hydrolytic enzymes
- Functions in intracellular digestion



Mitochondria

- Rod-shaped organelles
- Double-membrane structure
 - Outer membrane surrounds entire organelle
 - Inner membrane folds into interior
- Inner membrane form cristae
- Have enzymes for Krebs cycle & fatty acid oxidation
- Contain own genetic apparatus
 - DNA, mRNA, tRNA & rRNA
- Produces adenosine triphosphate (ATP)





Each mitochondrion is surrounded by two membranes, the inner of which is extensively folded into cristae and is the site of the intermembrane space. The mitochondrial matrix contains the mitochondrial DNA, ribosomes, and metabolic enzymes. The transmission electron micrograph of a mitochondrion, on the right, shows both membranes, including cristae and the mitochondrial matrix. (credit "micrograph": modification of work by Matthew Britton; scale-bar data from Matt Russell)



















Golgi apparatus

- Several disk-shaped cisternae arranged in a stack
- Two sides on stack
 - Outer convex forming face
 - Associated with small vesicles
 - Usually from rough endoplasmic reticulum
 - Inner concave maturing face
 - Associated with condensing vacuoles
 - Secretory materials condensed into granules
- Functions
 - Membrane recycling & redistribution
 - Synthesis carbohydrates & proteins
 - Modification of cellular products
 - Concentration & packaging of synthesized material into secretory granules







A transmission electron micrograph (left) of a Golgi apparatus. The illustration (right) shows the cup-shaped, stacked disks and several transport vesicles. The Golgi apparatus modifies lipids & proteins, producing glycolipids & glycoproteins, respectively, which are commonly inserted into the plasma membrane.







Residual body

- Cytoplasmic inclusion
- Varies in appearance
- Contains indigestible material

Peroxisome

- Membrane-bound organelle
- Stains cytochemically for catalase
- Catalase synthesizes and destroys hydrogen peroxide
- Often seen in close association with smooth ER
- Function
 - Metabolism of
 - hydrogen peroxide
 - cholesterol
 - lipids
 - Breakdown of
 - purines
 - pyrimidines



A transmission electron micrograph (left) of a cell containing a peroxisome. The illustration (right) shows the location of peroxisomes in a cell. These eukaryotic structures play a role in lipid biosynthesis and breaking down various molecules. They may also have other specialized functions depending on the cell type. (credit "micrograph": modification of work by American Society for Microbiology)


Centrioles

- Involved cell division
- Pair of short rods at right angles to each other
- Self-replicate prior to cell division
- Wall of nine tubular triplets like pinwheel
- Function
 - Form poles of mitotic spindles
 - Form basal bodies for cilia & flagella





Intermediate filaments are composed of multiple strands of polymerized subunits. They are more permanent than other cytoskeletal structures and serve a variety of functions. Intermediate filaments form much of the nuclear lamina.Intermediate filaments form the desmosomes between cells in some animal tissues. (credit c "illustration": modification of work by Mariana Ruiz Villareal)





Cytoplasm Cytoskeleton

- Microtubules
- Actin microfilaments
- Myosin filaments
- Myosin
- Intermediate filaments
- Keratin filaments
- Desmin filaments
- Vimentin filaments
- Neurofilaments
- Glial filaments
- Microtrabecular lattice

Fluorescent stain of pulmonary arterial endothelial cells to show the cytoskeleton. Blue = nucleus; Green = microtubuli; Red = F-actin









A transmission electron micrograph (left) of a cell containing a peroxisome. The illustration (right) shows the location of peroxisomes in a cell. These eukaryotic structures play a role in lipid biosynthesis and breaking down various molecules. They may also have other specialized functions depending on the cell type. (credit "micrograph": modification of work by American Society for Microbiology)



Parker et al; OpenStax: Microbiology; CC-BY 4.0

Microtubules

- Straight structures 25 nm x several µm length
- Labile population
 - Free in cytoplasm
 - Polymerize-depolymerize depending on
 - Temperature, pressure, drugs, etc
- Stable population
 - Walls of centrioles
 - Axonemes of cilia & flagella
- Wall 5 nm thick
 - around lumen-like region
 - containing 13 spirally arranged protofilaments
- Associated with intracellular transport
- Maintains cell shape
- Promote movement of cilia, flagella & chromosomes

Microtubules are hollow structures composed of polymerized tubulin dimers. They are involved in several cellular processes, including the movement of organelles throughout the cytoplasm. Motor proteins carry organelles along microtubule tracks that crisscross the entire cell. (credit b: modification of work by National Institute on Aging)

13 polymerized dimers of α -tubulin and β -tubulin





(b)

Parker et al; OpenStax: Microbiology; CC-BY 4.0

Actin microfilaments

- Thin filaments
- Involved with
 - Ameboid movement
 - Cytoplasmic streaming
 - Contractile ring formation
 - Muscle contraction







A microfilament is composed of a pair of actin filaments. Each actin filament is a string of polymerized actin monomers. The dynamic nature of actin, due to its polymerization and depolymerization and its association with myosin, allows microfilaments to be involved in a variety of cellular processes, including ameboid movement, cytoplasmic streaming, contractile ring formation during cell division, and muscle contraction in animals.



Parker et al; OpenStax: Microbiology; CC-BY 4.0



Myosin filaments

- Thick filaments
- Associated with actin in muscle cells
- Visible as striations in striated muscle

Intermediate filaments

- Heterogenous group
- Includes
- Keratin
 - Found in epithelial cells
 - Associated with desmosomes
- Vimentin
- Desmin
- Neurofilaments
 - Support long processes of nerve cells
- Glial filaments
 - Present in nonneuronal cells of central nervous system
 - Astrocytes, oligodendrocytes, microglia







Intermediate filaments are composed of multiple strands of polymerized subunits. They are more permanent than other cytoskeletal structures and serve a variety of functions. Intermediate filaments form much of the nuclear lamina.Intermediate filaments form the desmosomes between cells in some animal tissues. (credit c "illustration": modification of work by Mariana Ruiz Villareal)



Parker et al; OpenStax: Microbiology; CC-BY 4.0

Keratin filaments

Neurofilaments

Glial filaments

Cytoplasm Inclusions

- Glycogen
 - Storage form of carbohydrate
 - Varying appearance depending on stain
- Lipid droplets
 - Varying appearance depending on stain
- Secretion granules
 - Varying appearance
 - Include mucous droplets, hormones, proteins, pigment



Cell surface modifications

- Cell surfaces of epithelia has specific modifications, relating to the function of epithelia
- Three surfaces show modifications
- Lateral surface
 - Junctional complexes
 - Gap junctions
 - Lateral interdigitations
- Basal surface
 - Basal lamina
 - Hemidesmosomes
 - Basal plasma membrane infoldings
- Apical surface
 - Microvilli
 - Stereocilia
 - Cilia

Epithelia Lines internal -Covers external -Surfaces of the body

Three surface areas

- Apical surface
- Face the lumen or external environment
- Lateral surface
- Where cells are in contact with each other
- Basal surface
- Bottom edge of cell adjacent to basement membrane

Lateral surface

- Junctional complexes
- Gap junctions
- Lateral interdigitations



Junctional complexes




Junctional complexes

- Three components
- Zonula occludens (tight junction)
 - Outer part of adjacent plasma membranes fuse
 - Around entire apical perimeter of cells
 - Prevents entrance or exit into intercellular space
- Zonula adherens
 - Plasma membranes separated by 10 20 nm
 - Reinforced on cytoplasmic surface by actin filaments
 - Adhesive and structurally supportive
- Macula adherens
 - Focal disk shaped adhesive junction
 - Plasma membrane separated by 15 30 nm
 - Intermediate filaments loop from cytoplasma
 - Dense material in intercellular space





A desmosome, also known as macula adherens (Latin: adhering spot), is a cell structure specialized for cell-to-cell adhesion in animal cells. A type of junctional complex, they are localized spot-like adhesions randomly arranged on the lateral sides of plasma membranes.



Gap junctions

- Not limited to epithelial cells
- Also present in CNS, cardiac muscle & smooth muscle
- Opposing plasma membranes separated by 2 nm gap
- Gap is bridged by connexons
- Permit passage of ions & small molecules
- Intercellular communication





Lateral interdigitations

• Finger-like projections interlocking adjacent cells

Basal surface

- Basal lamina
- Hemidesmosomes
- Basal plasma membrane infoldings

Basal lamina

- Acellular support structure
- 20 100 nm thick
- Visible by electron microscope
- Produced by epithelium resting on it
- Consists of two zones
 - Lamina rara low density, next to plasma membrane
 - Lamina dense dense filament network, next to CT
 - Together = basement membrane of LM



Hemidesmosomes

- Appearance of one-half of desmosome
- Present along basal surface of some cells
- Attaches cell to underlying basal lamina

Basal plasma membrane infoldings

- Seen in ion-transporting epithelia
- Deep invaginations
- Compartmentalize mitochondria
- Ion pumps in plasmalemma in close contact with energy supply (ATP from mitochondria)

Apical surface

- Microvilli
- Stereocilia
- Cilia

Microvilli

- Finger-like projections of epithelium
- Approximately 1 µm in length
- Increase absorptive surface
- Brush border of kidney proximal tubule cells
- Striated border of intestinal absorptive cells
- Actin filaments in core

Stereocilia

- Very long microvilli
- Not true cilia
- Epididymus & vas deferens

Cilia

- Active motile specializations of epithelia that transports substances along their surface
- 5 10 µm in length
- Covered by plasma membrane
- Contains axoneme
- Nine pairs double tubules around two single microtubules (9+2 pattern)
- At base cylindrical basal body with 9+0 pattern



The sliding of these microtubules relative to each other causes a flagellum to bend.



Parker et al; OpenStax: Microbiology; CC-BY 4.0









Eukaryotic flagella and cilia are composed of a 9+2 array of microtubules, as seen in this transmission electron micrograph cross-section.



Parker et all; OpenStax: Microbiology; CC-BY 4.0







5 am

Credit: Charles Daghlian Licence: Public domain







Cell cycle

- Consists of two main states and four phases
- Interphase
 - Gap 1: cell increase in size, prepare for DNA synthesis
 - Synthesis: DNA replication
 - Gap 2: continue growth; prepare for division
- Cell division
 - Mitosis: growth stop; division into daughter cells
- Resting = Gap 0
 - Cell left the cycle and stopped dividing

Schematic representation of the cell cycle. Outer ring: I = Interphase, M = Mitosis; inner ring: M = Mitosis, G1 = Gap 1, G2 = Gap 2, S = Synthesis; not in ring: G0 = Gap 0/Resting





Cell division

- Mitosis
 - Prophase
 - Metaphase
 - Anaphase
 - Telophase
 - Replicated chromosomes separated into 2 new nuclei
 - 2 identical diploid cells
- Meiosis
 - Cell division used to produce sperm or egg cells
 - Two rounds of division
 - 4 haploid cells














Mesenchymal stem cells undergoing mitosis.



Evilonan; Wikipedia; CC-BY-SA 4.0

Prophase





Prometaphase

fragments of nuclear envelope



centrosome



Metaphase



Anaphase

kinetochore microtubule shortening







Prophase





Prometaphase



centrosome





centrosome









Condensing chromosomes. Interphase nucleus (left), condensing chromosomes (middle) and condensed chromosomes (right). Produced using anti-dsDNA antibodies on HEp-20-10 cells with a FITC conjugate.



Simon Caulton; Wikipedia; CC-BY-SA 3.0

Chromosomes and SARS-CoV-2

- The major genetic risk factor for severe COVID-19 is inherited from Neandertals
 - https://www.biorxiv.org/content/10.1101/2020.07.03.186296v1.fu
- Neanderthals and Covid-19, beyond the hype
 - https://medium.com/@johnhawks/neanderthals-and-covid-19beyond-the-hype-c258dc8bc2c9

The End



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