



Retrieval Practise

Because it is what works to make it like cinnamon



RULES

Ink!!!



Best Effort!



No Consultation



Retrieve from memory



Score each answer

Nailed it



Not sure



Nailed it!

You are
confident about
your answer.



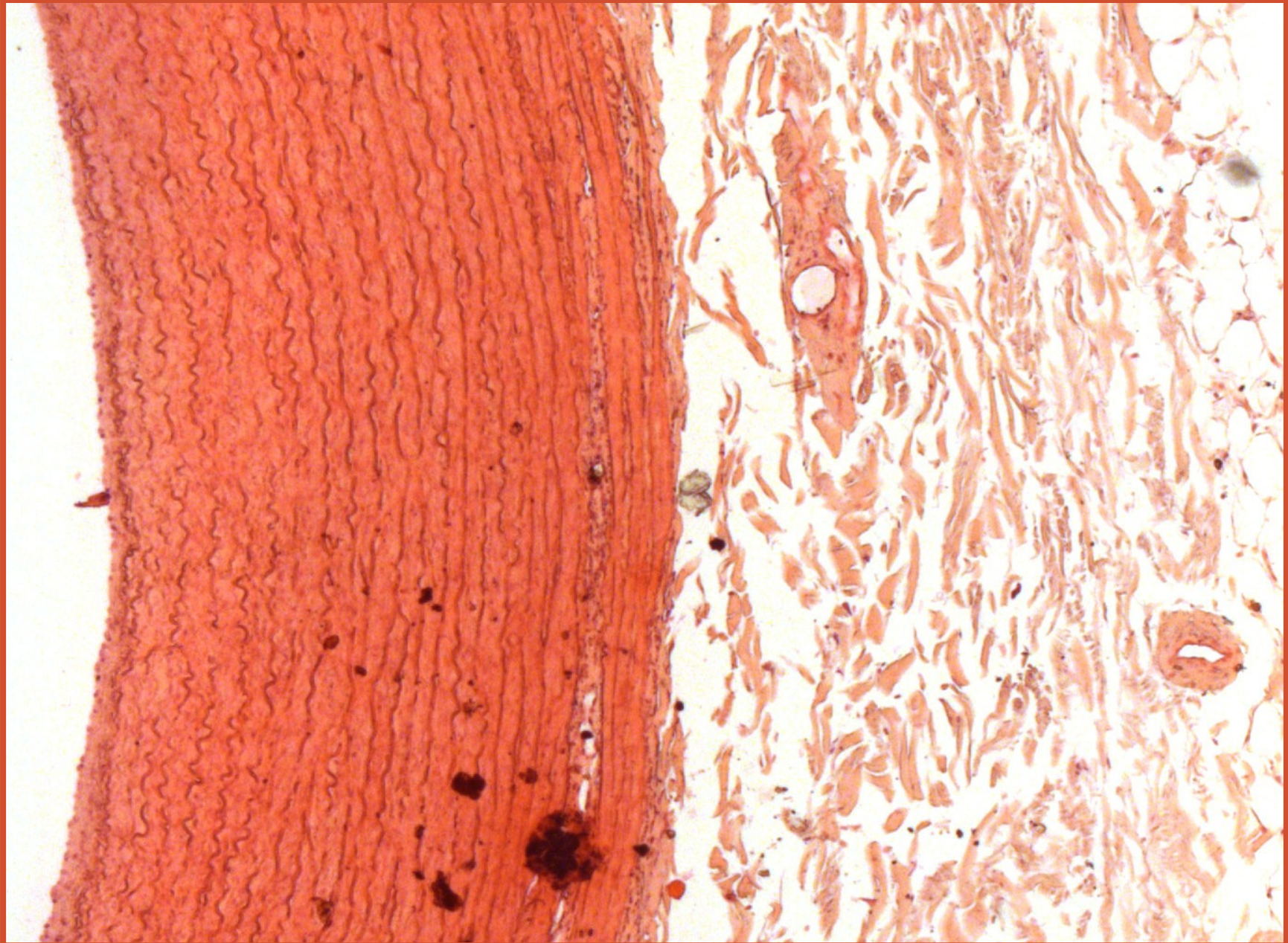
Not sure...

You do not know or
are uncertain.





q01: Identify the structure.



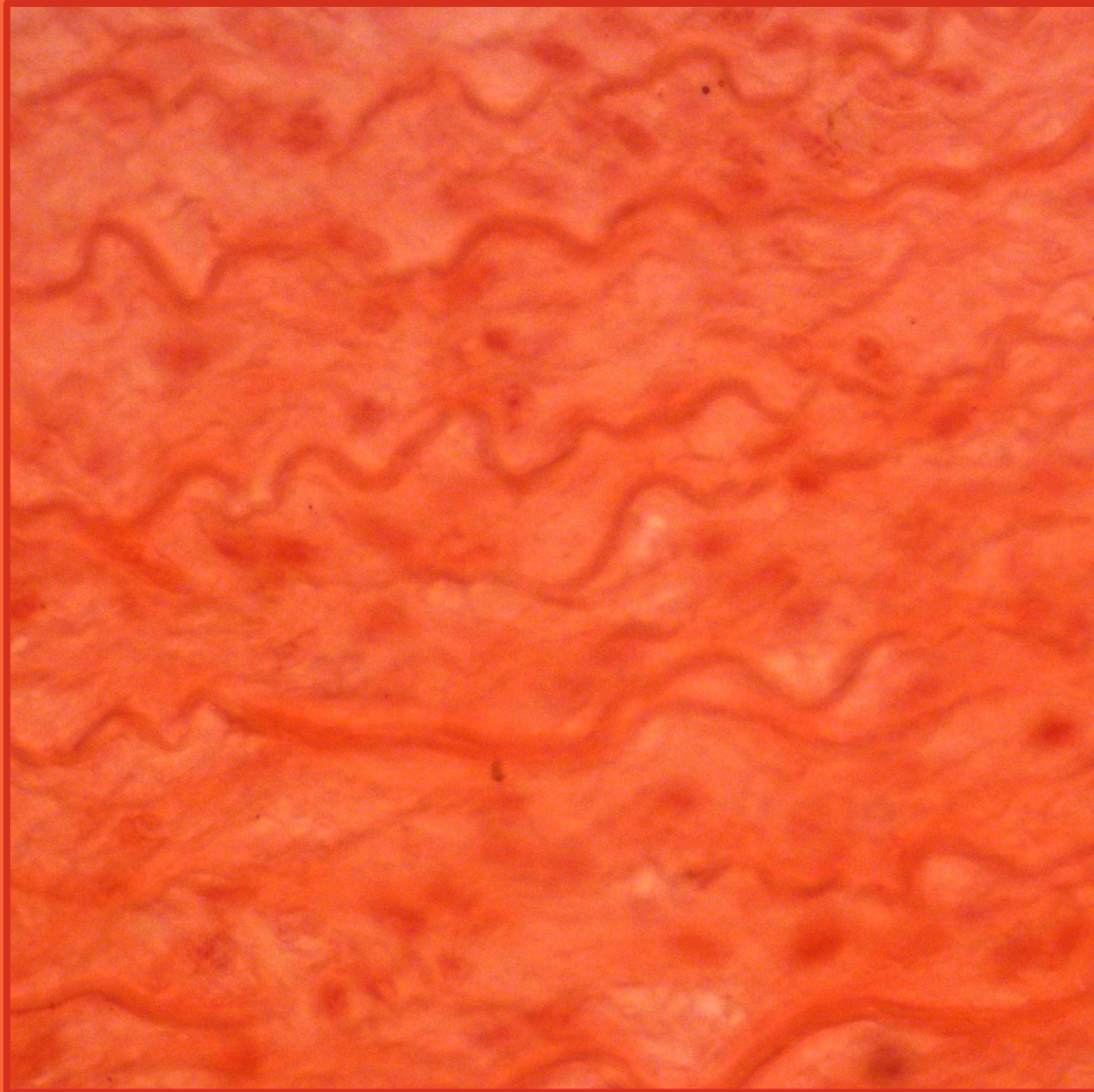
02 Name the cells without nuclei



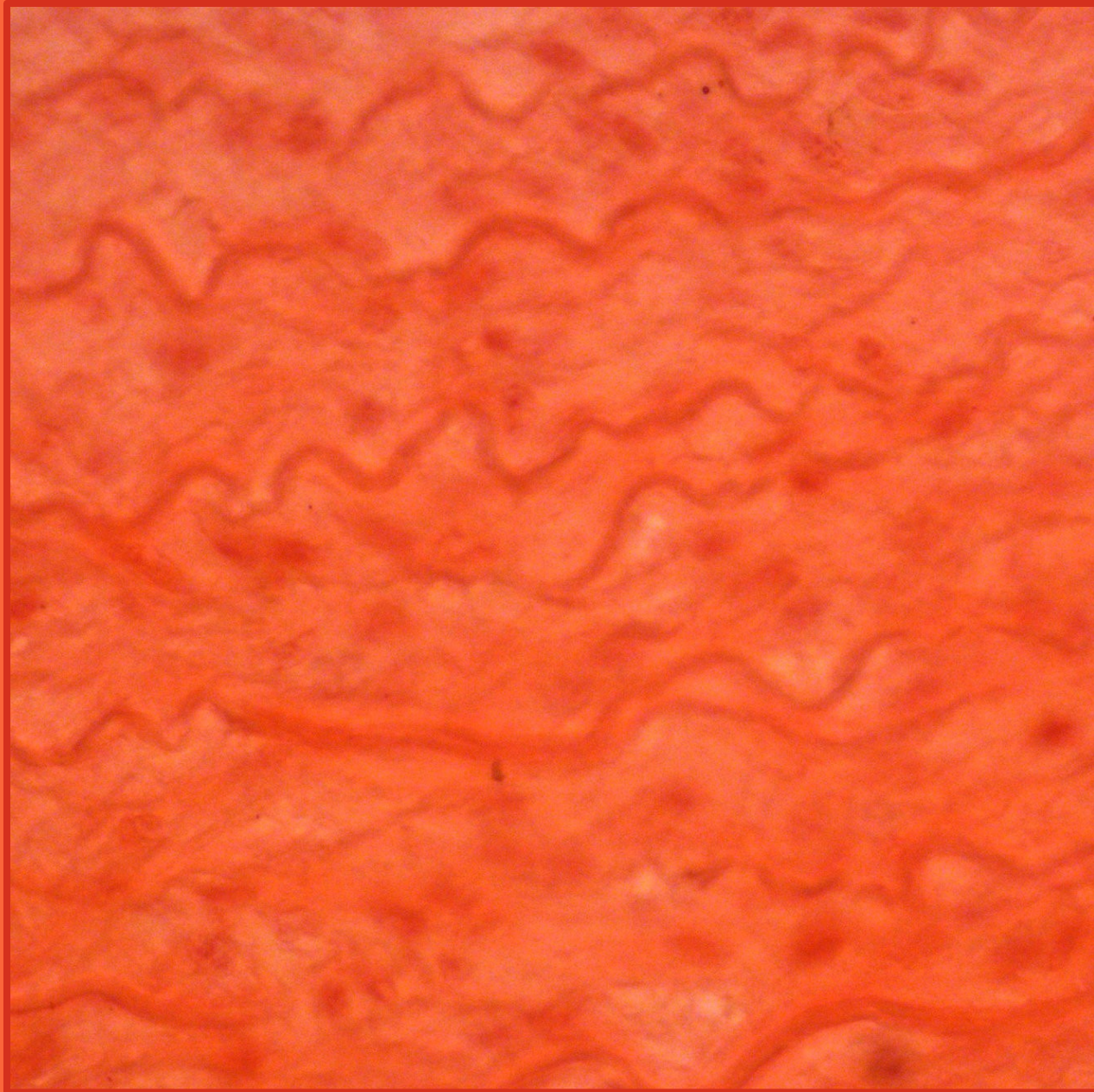
Q03: Name the epithelium.



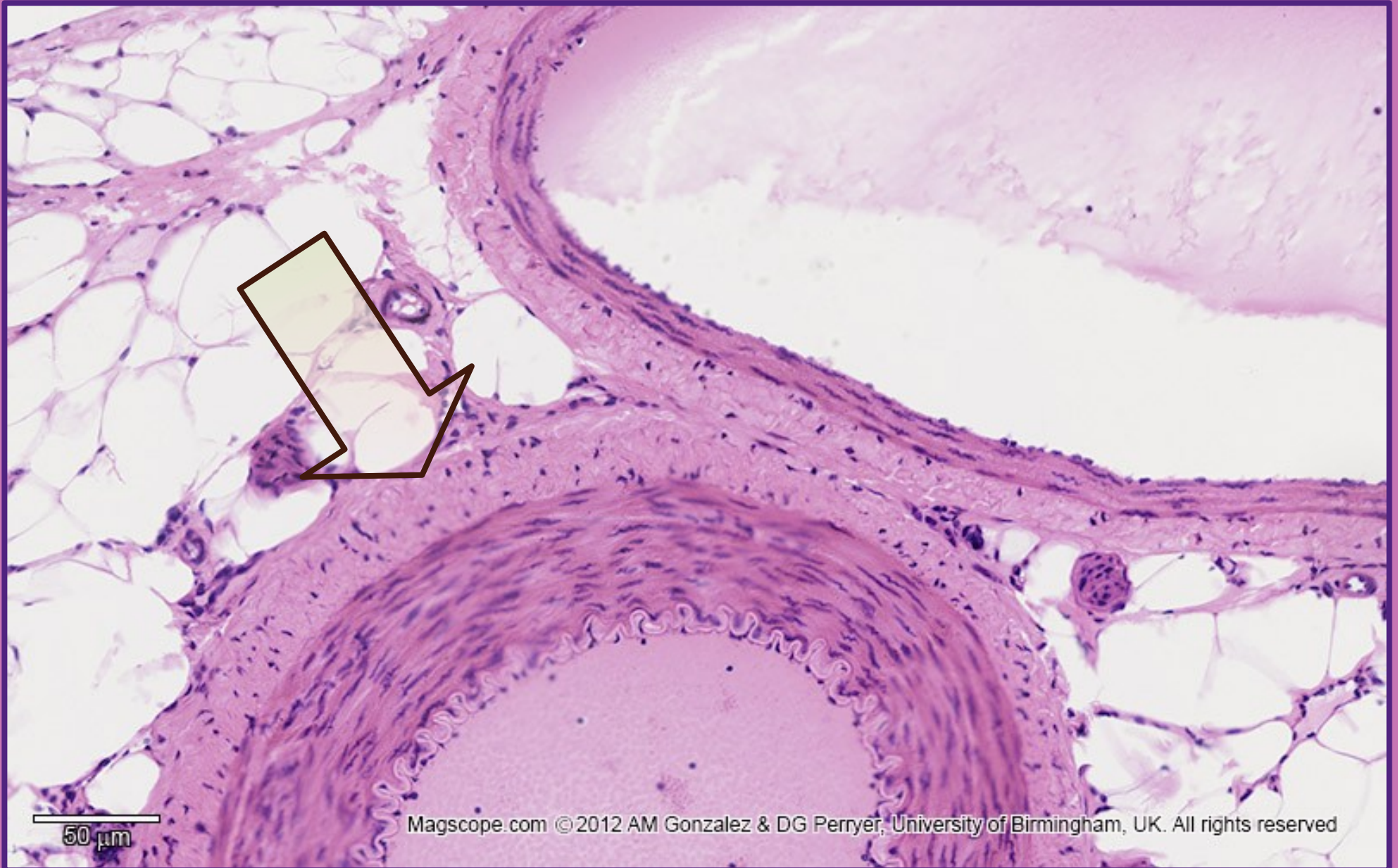
04A Name the 2 tissues present



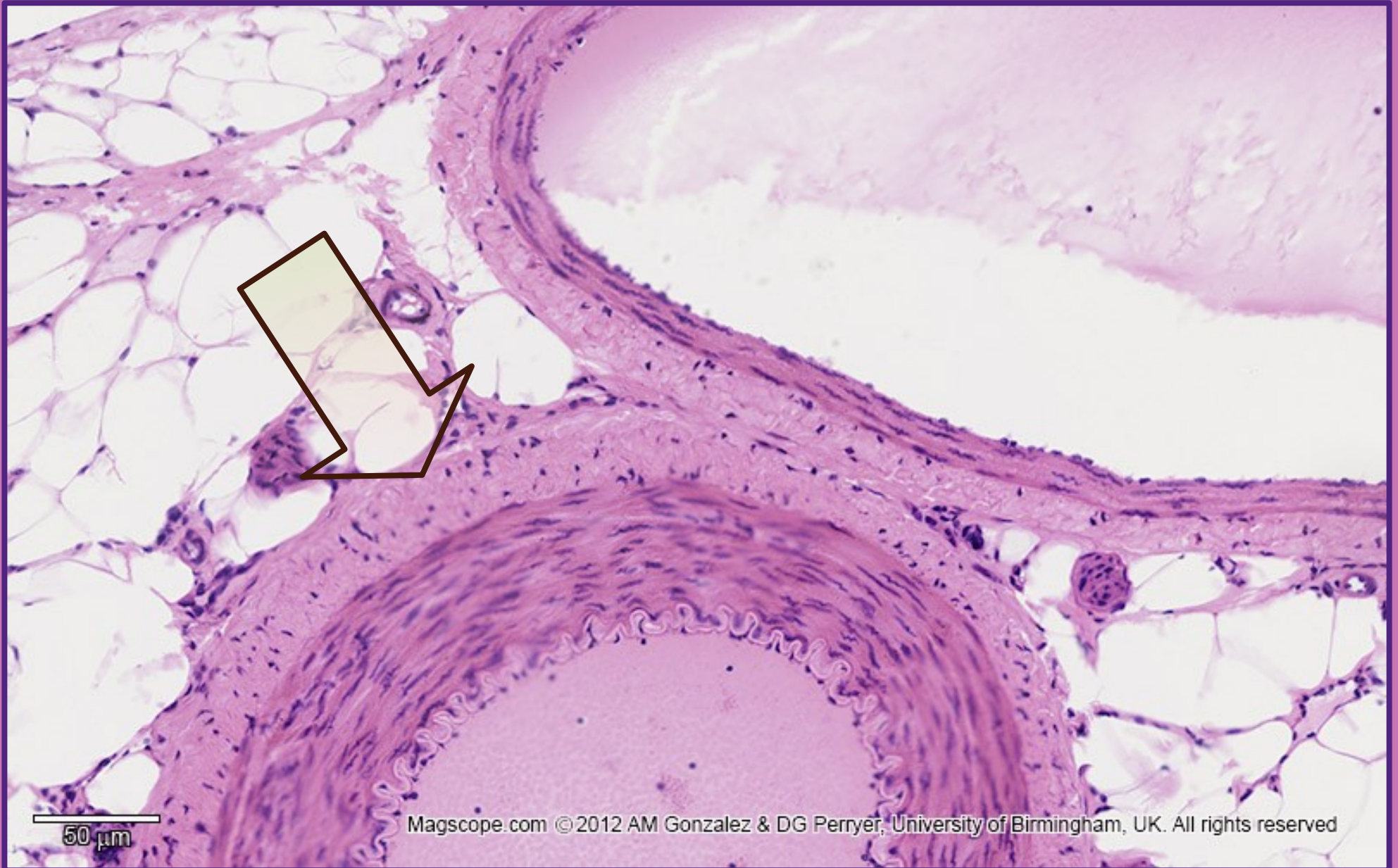
04B: what age related changes happens in this area?



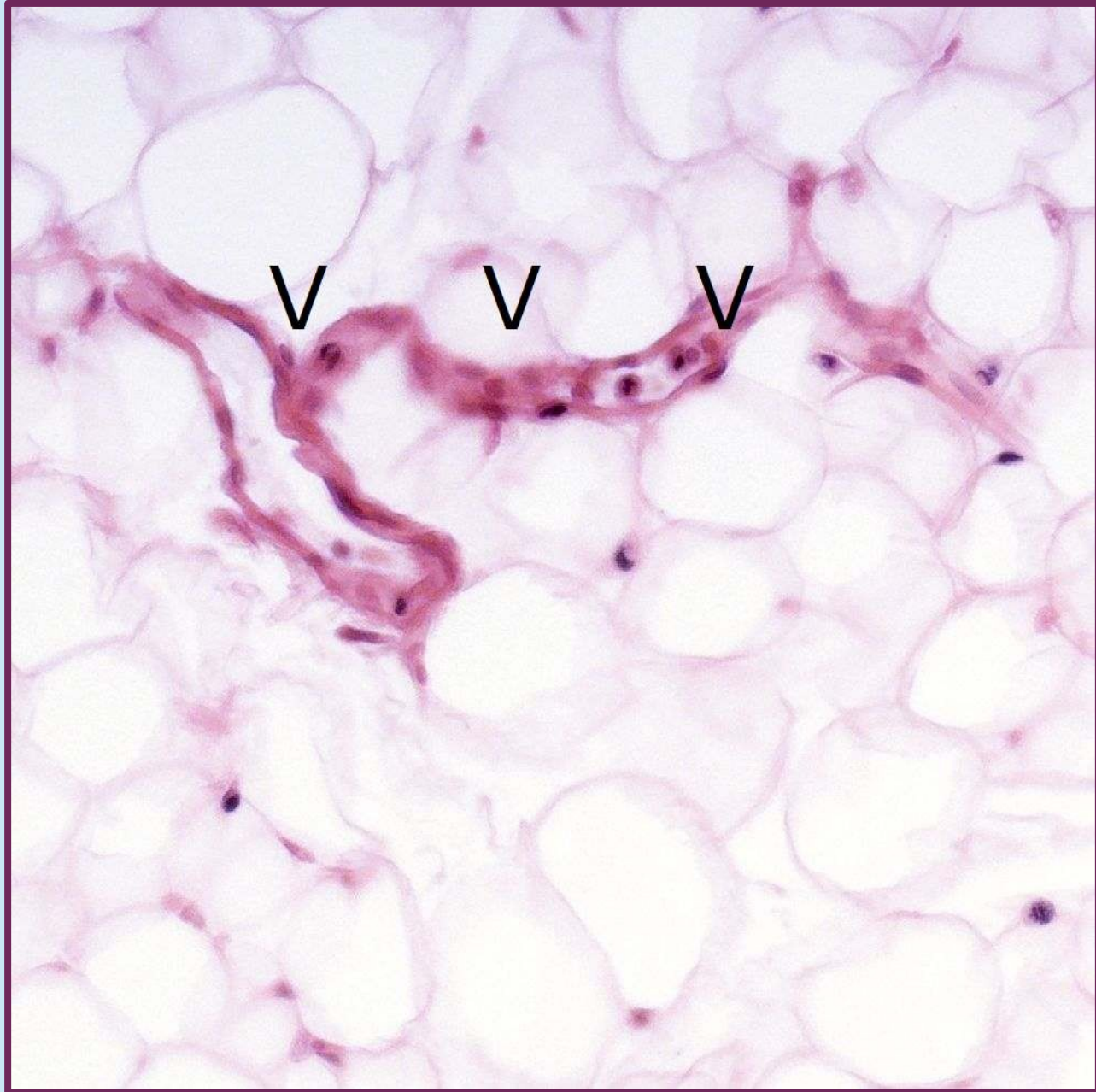
Q05: Identify the indicated structure.



q06: Give 3 reasons for your answer.



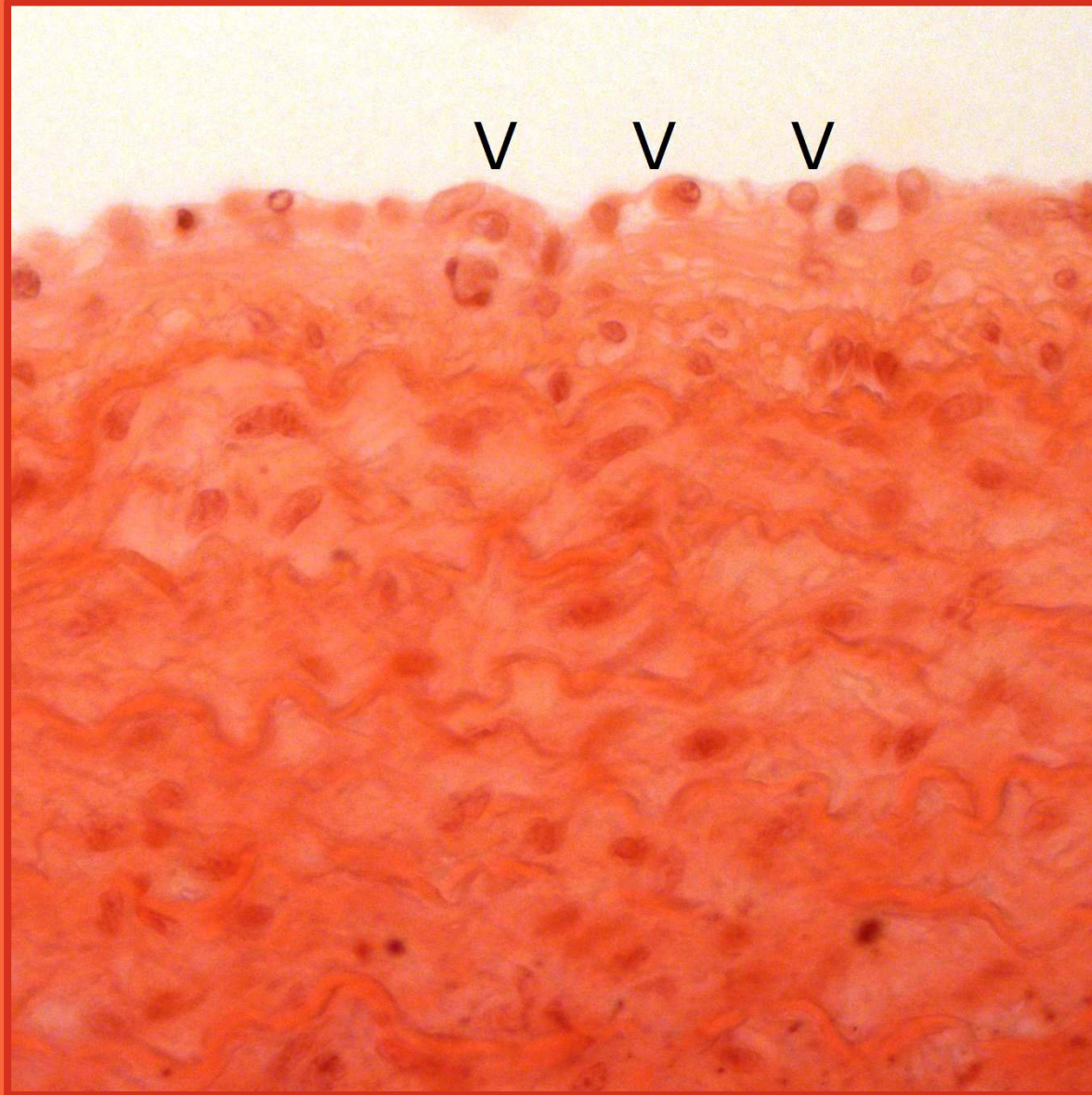
07 Identify the tissue surrounding the indicated structure



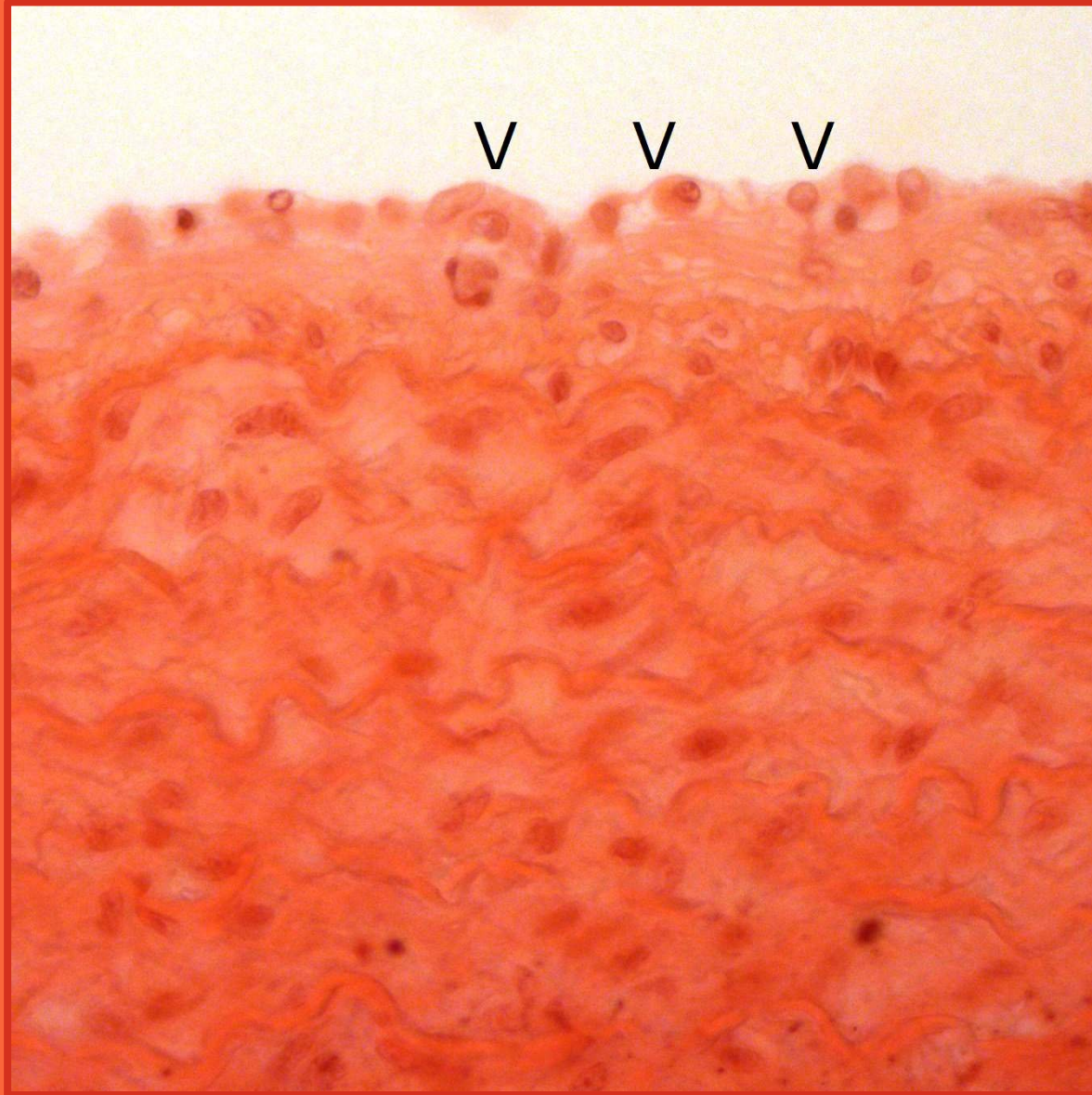
Q08: Identify the indicated structure



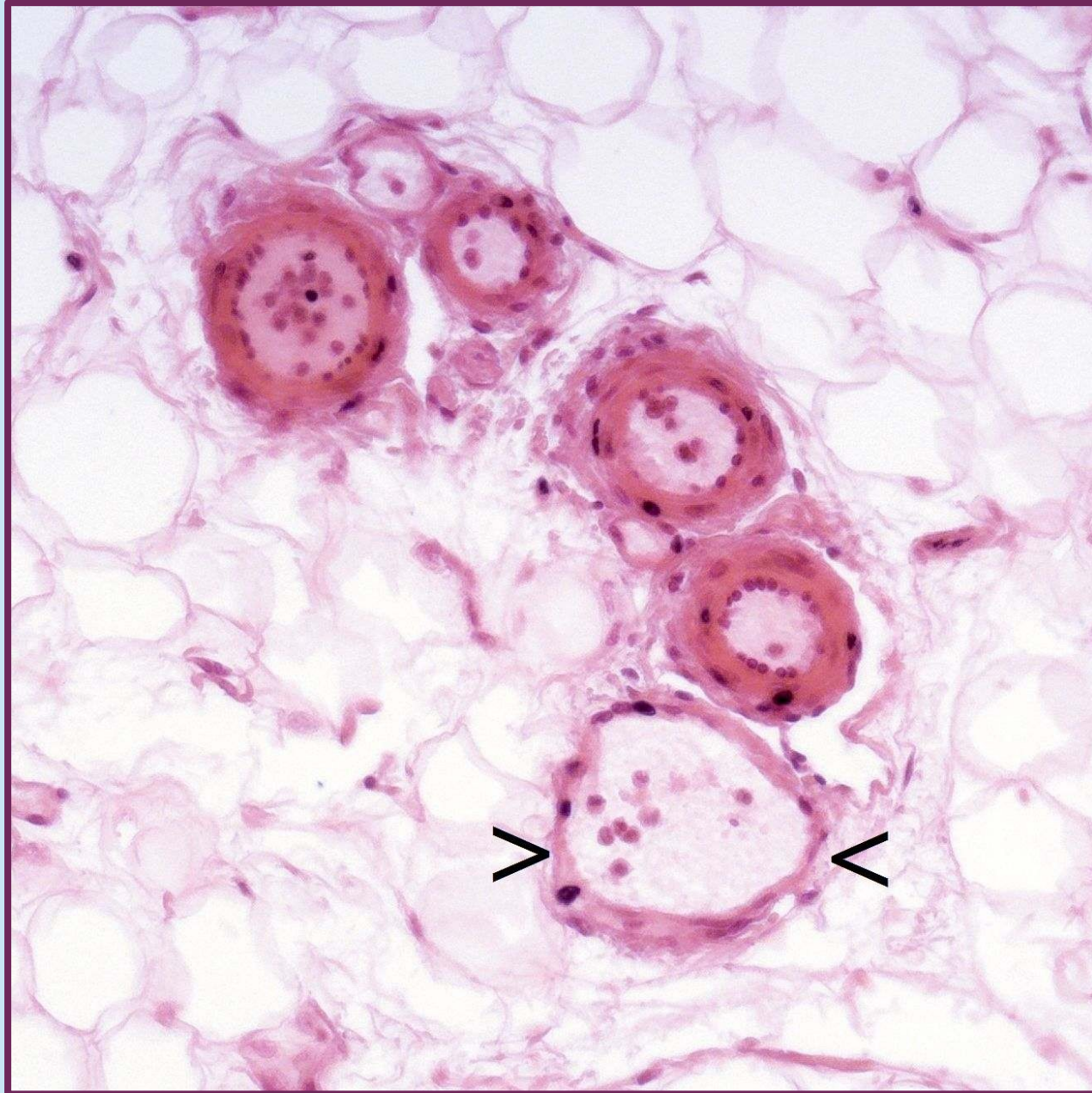
09 Identify the indicated cells



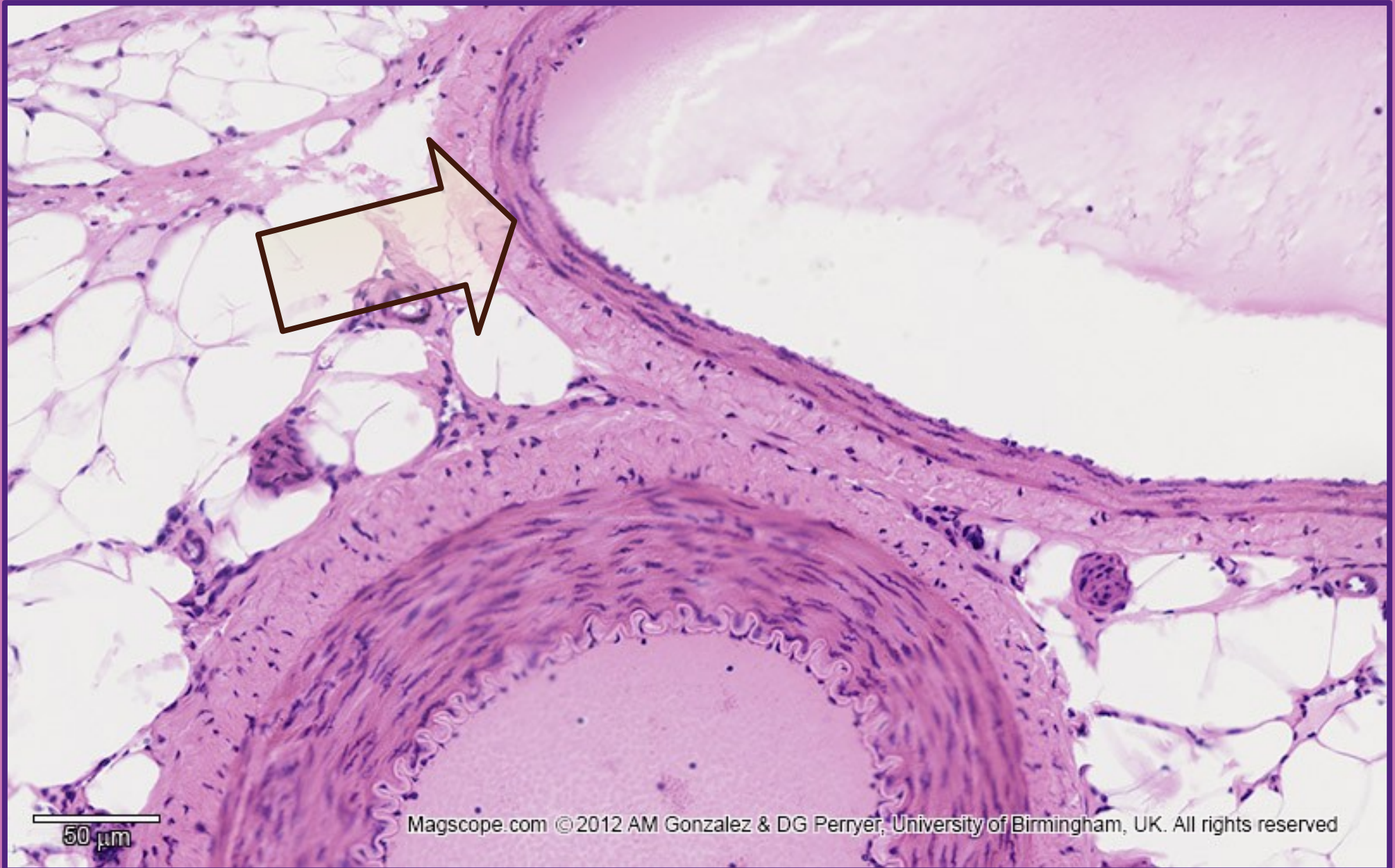
Q10: why does the cells bulge into the lumen?



Q11: Identify the indicated structure.

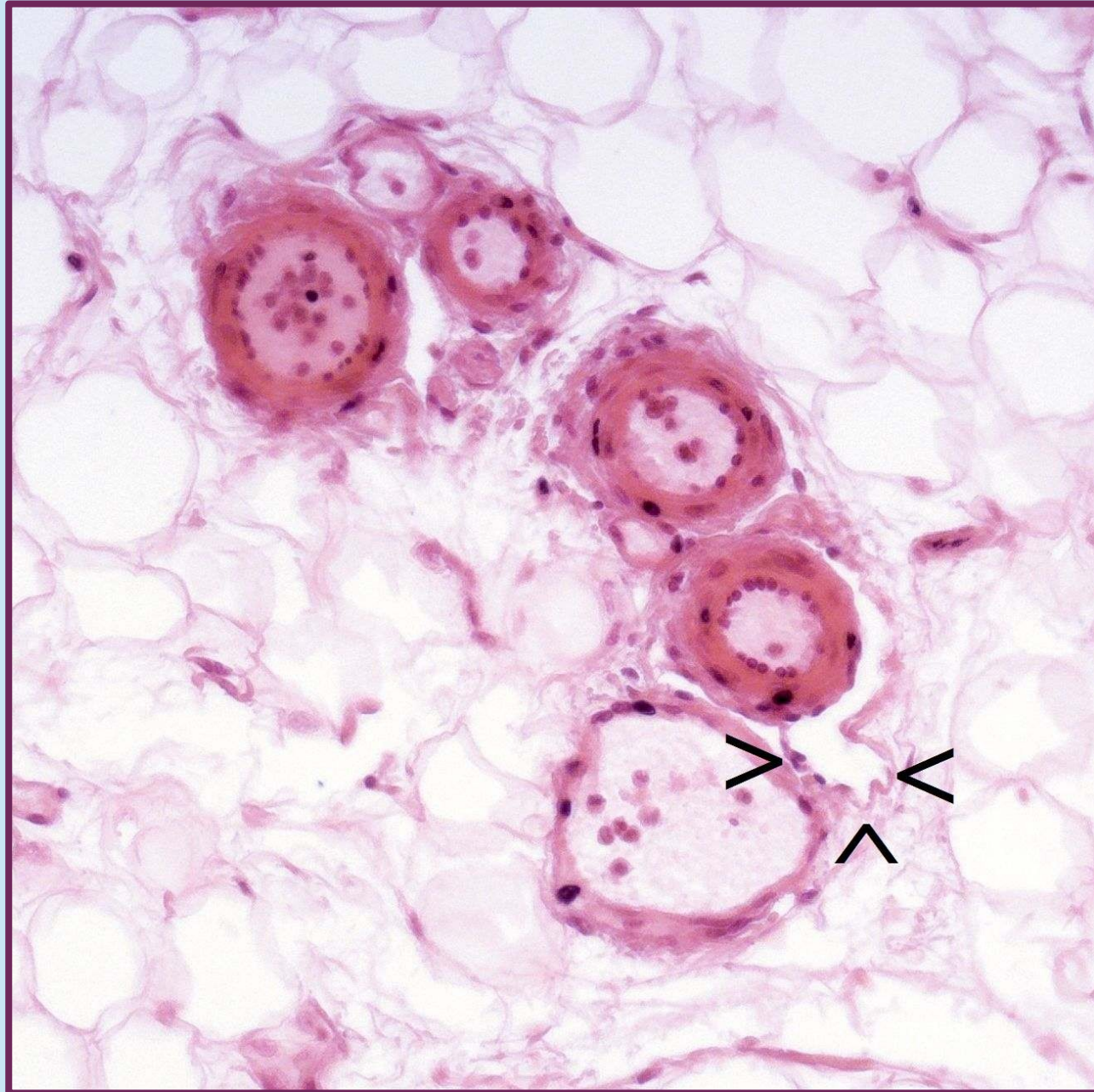


Q12: Identify the indicated structure.

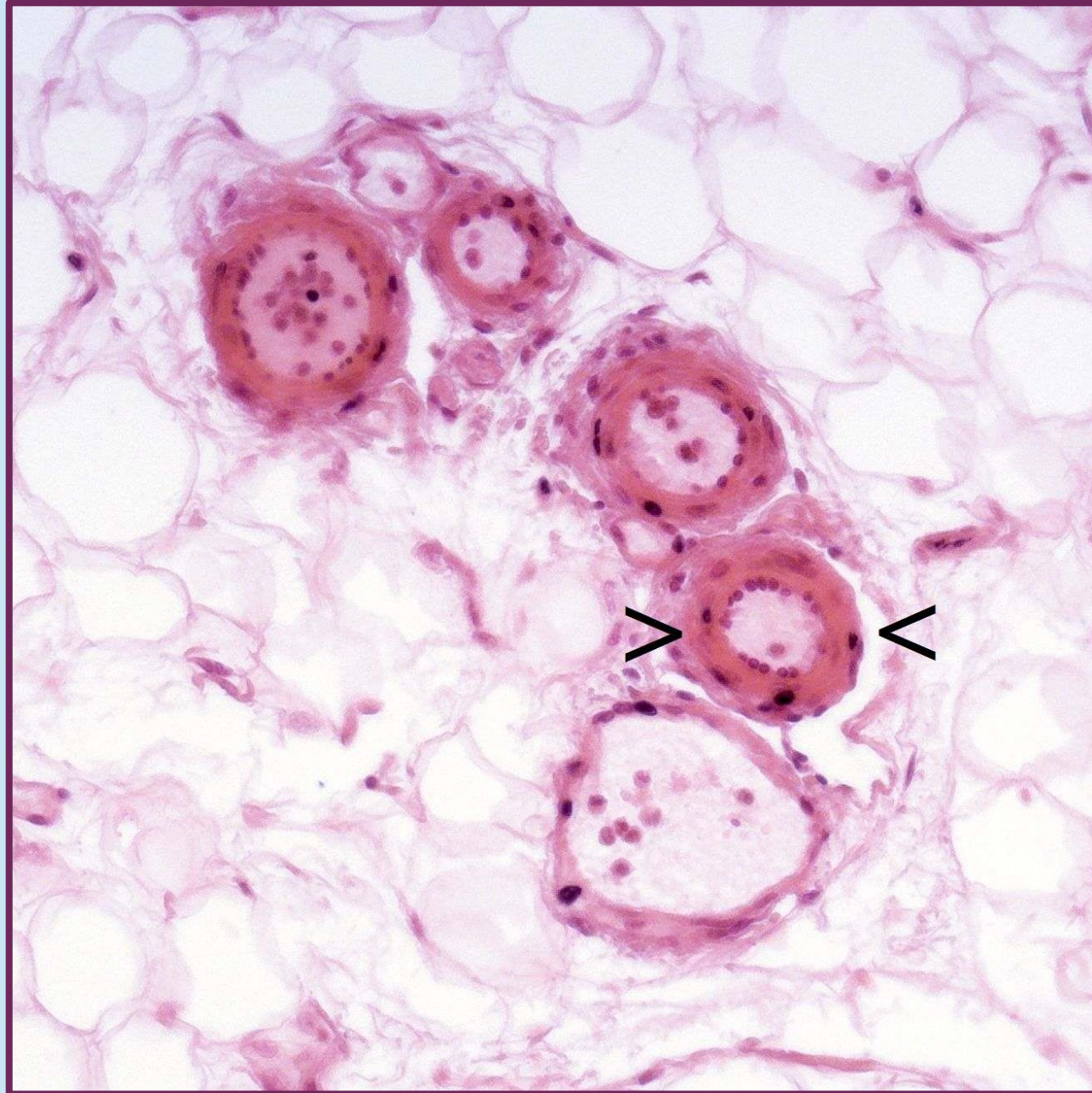


Q13: Give 3
reasons for your
previous 2
answers.

Q14: Identify the indicated structure.

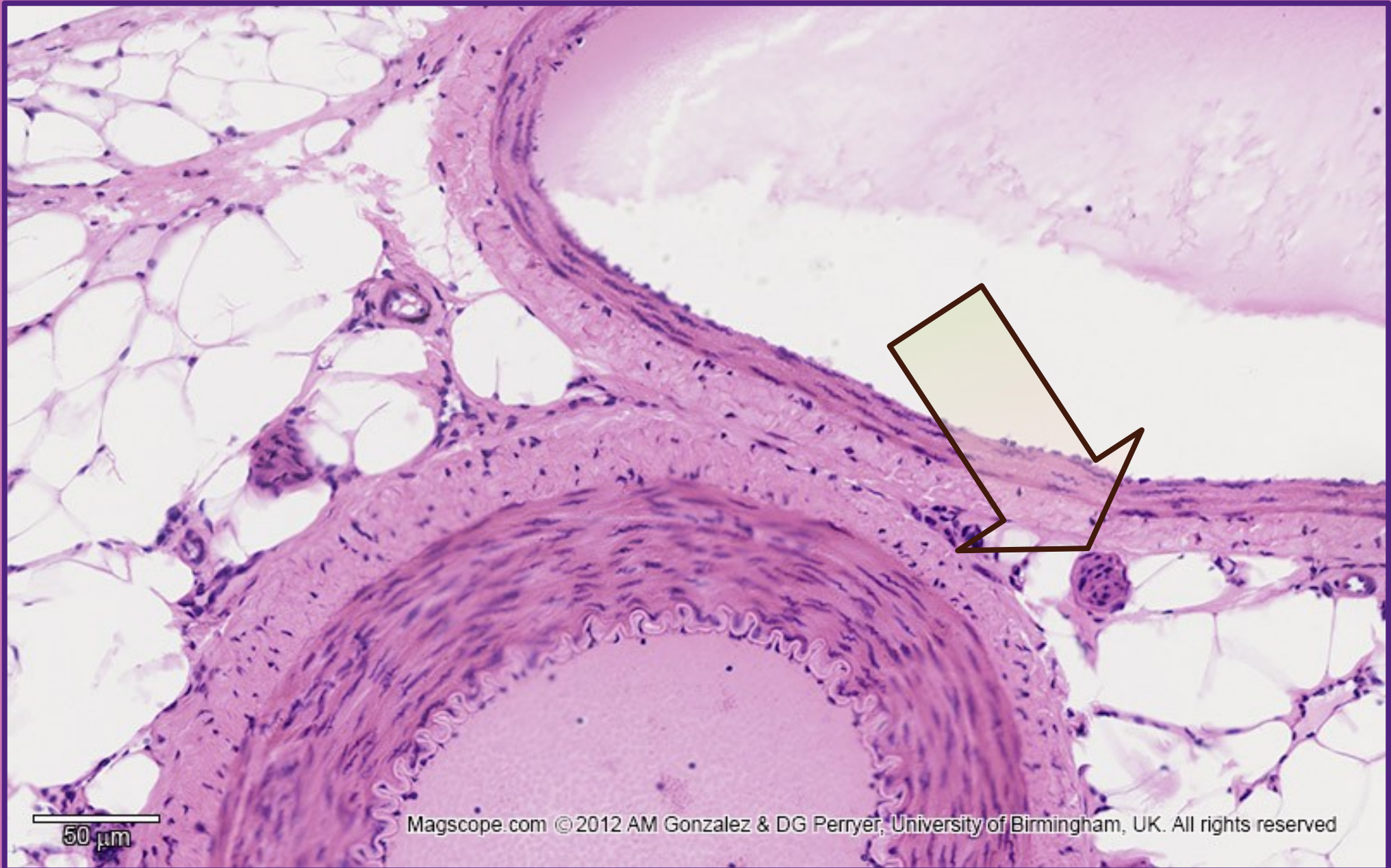


15 Identify the indicated structure



Q16: Which 4 structures are usually bundled together and embedded in loose connective tissue?

Q17: Identify the indicated structure



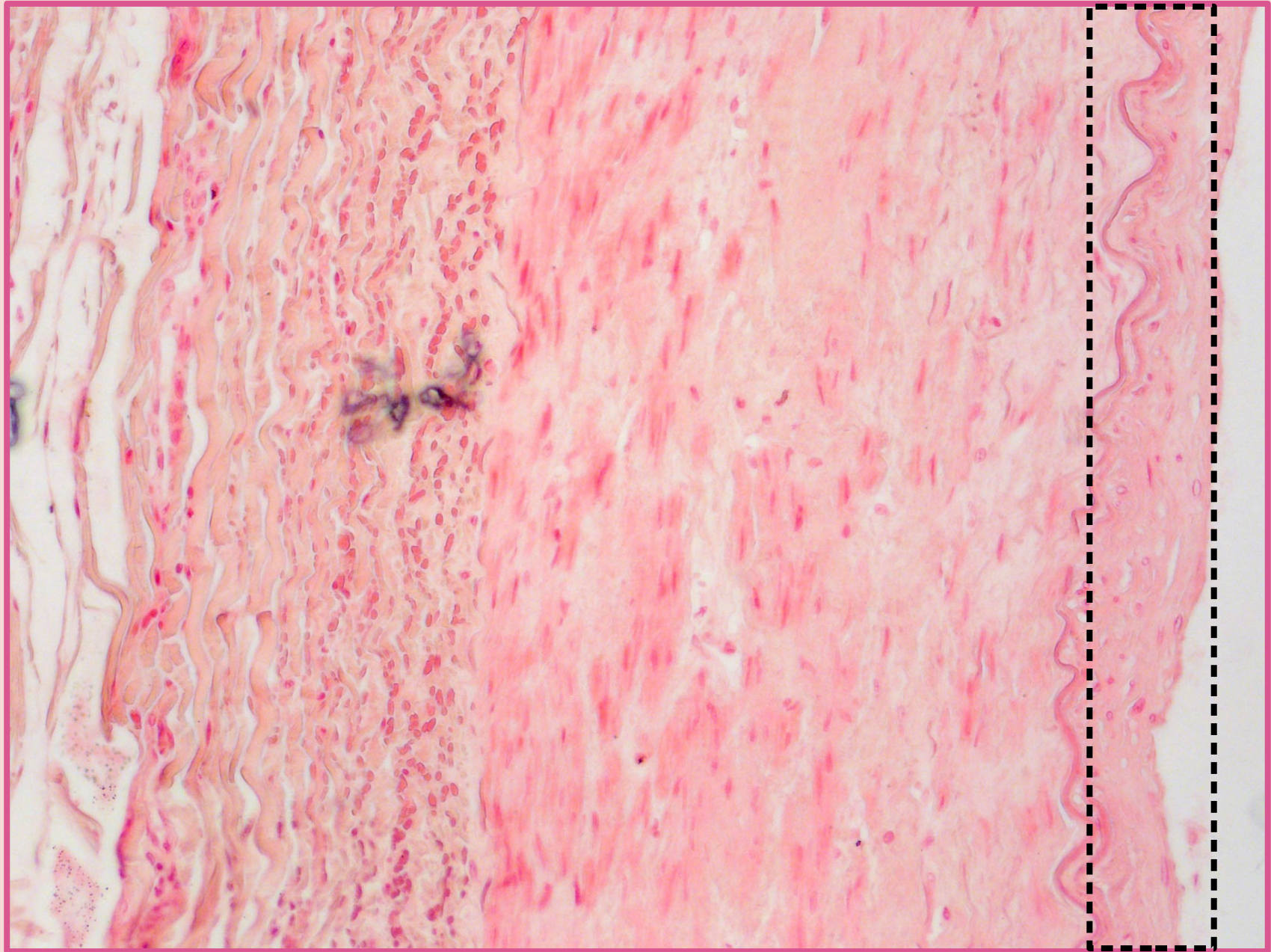
18 Name the cells with elongated nuclei



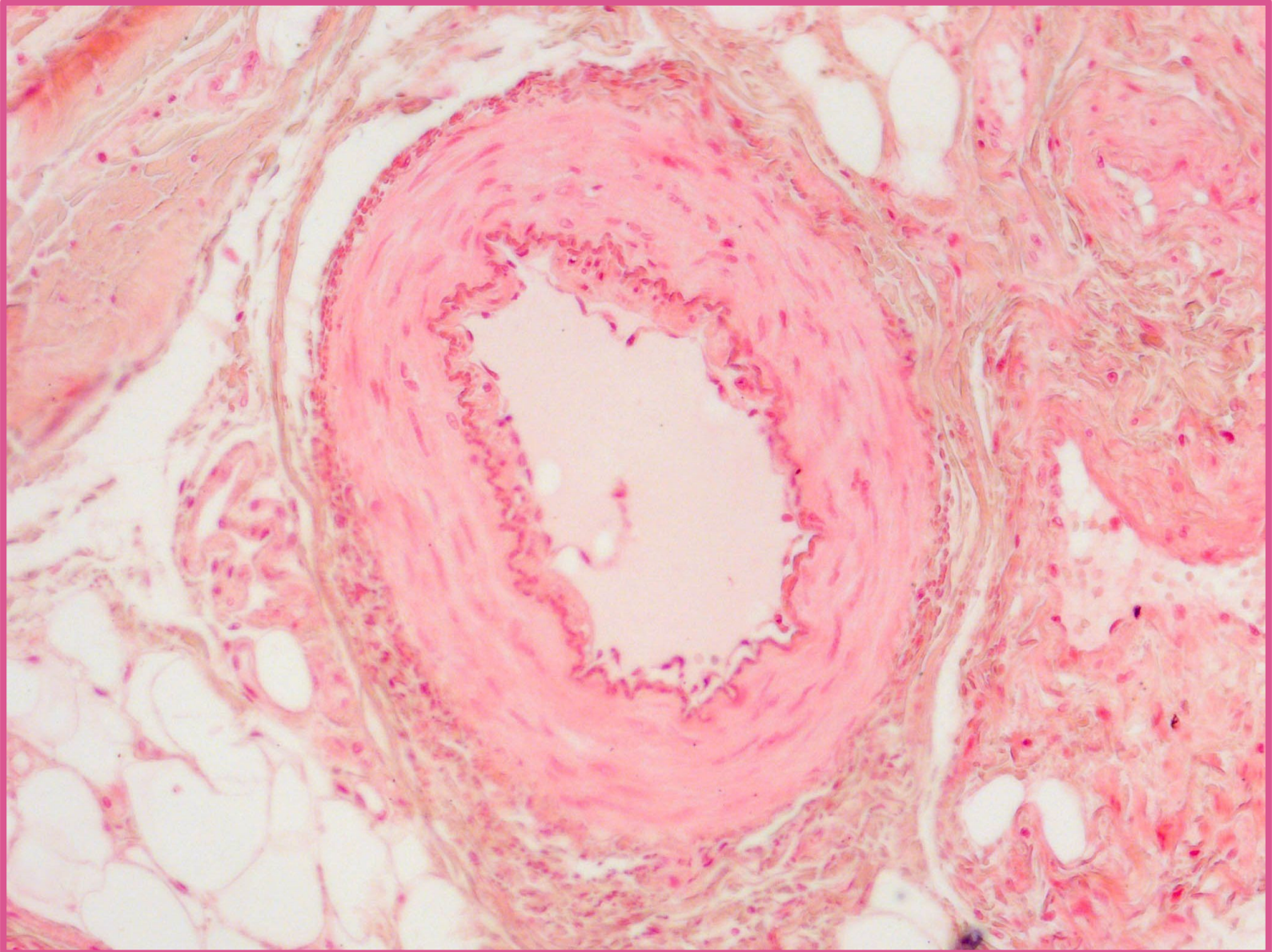
Q19: why does epithelia in the aorta and capillaries appear different?



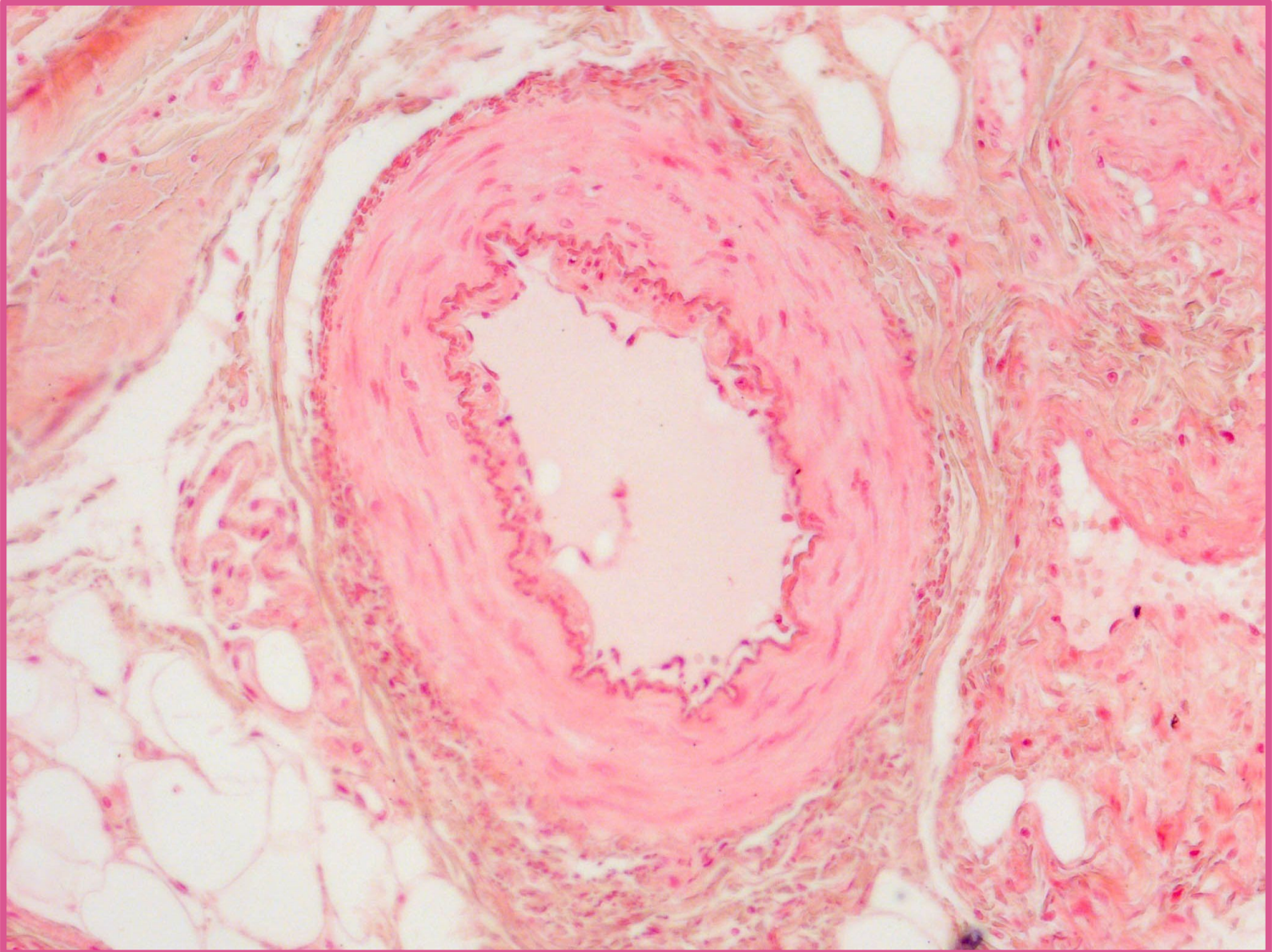
Q20: Identify the indicated layer:



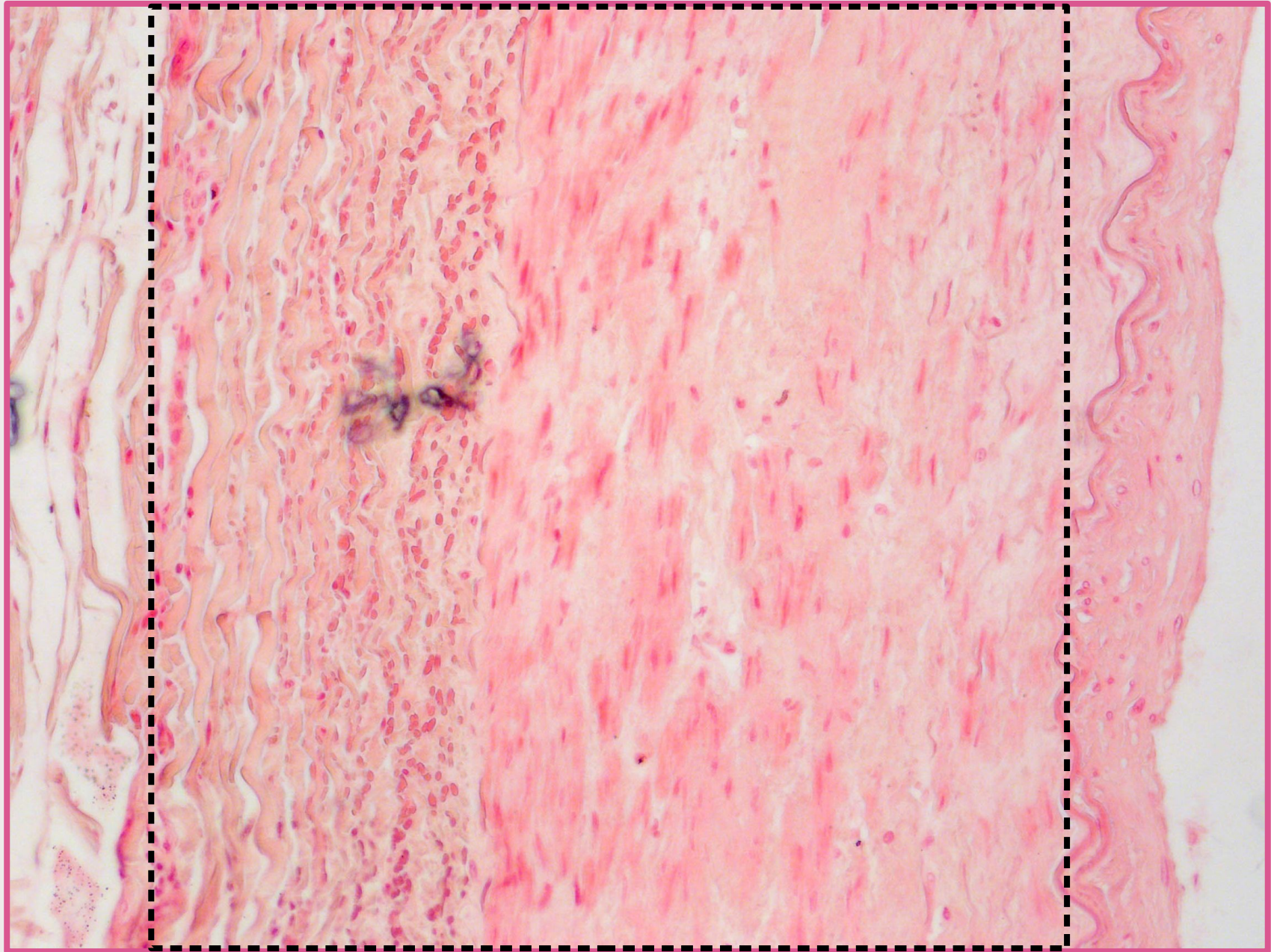
21 Artery, vein or lymphatic?



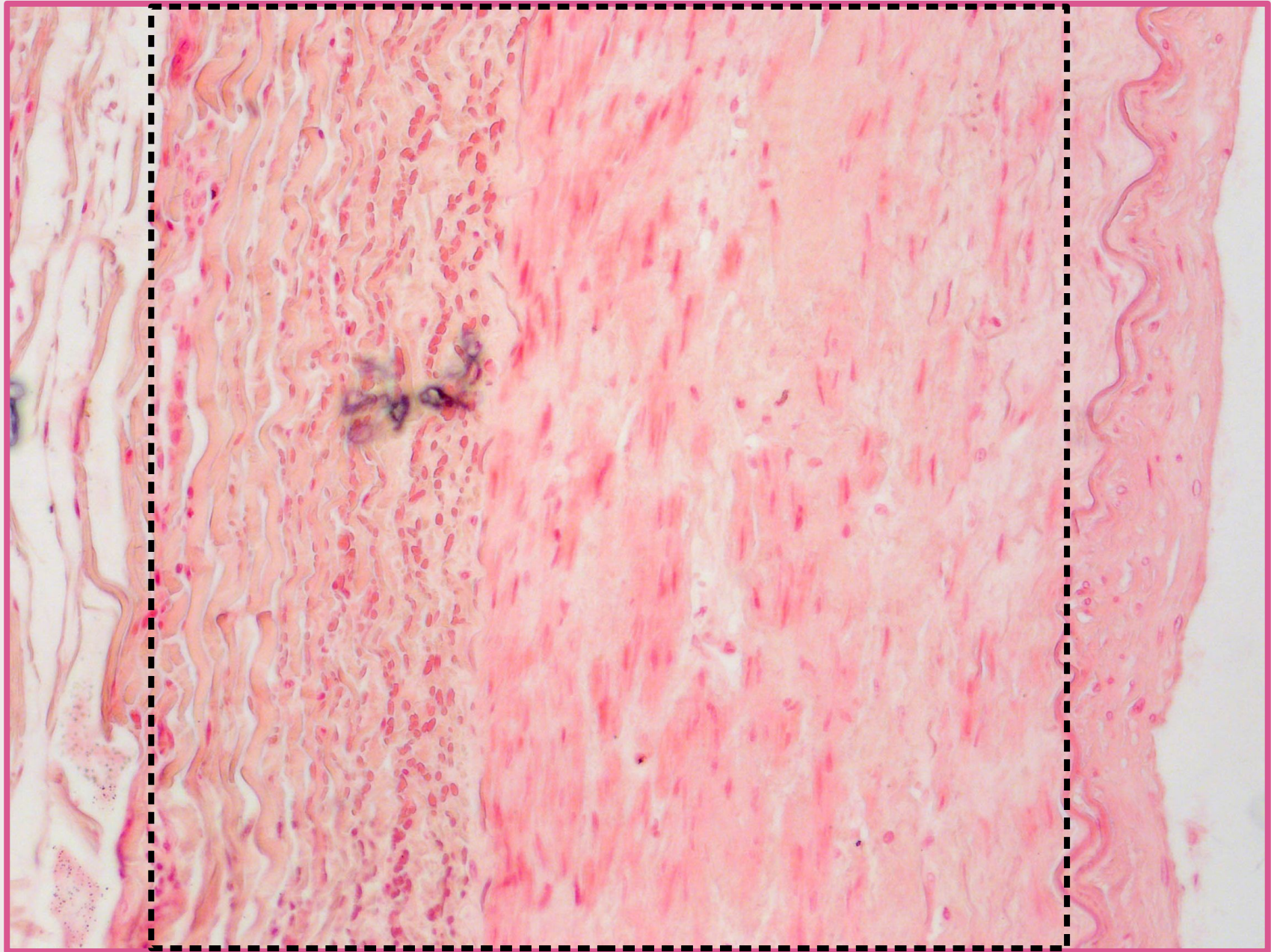
Q22: why is this not a lymph vessel?



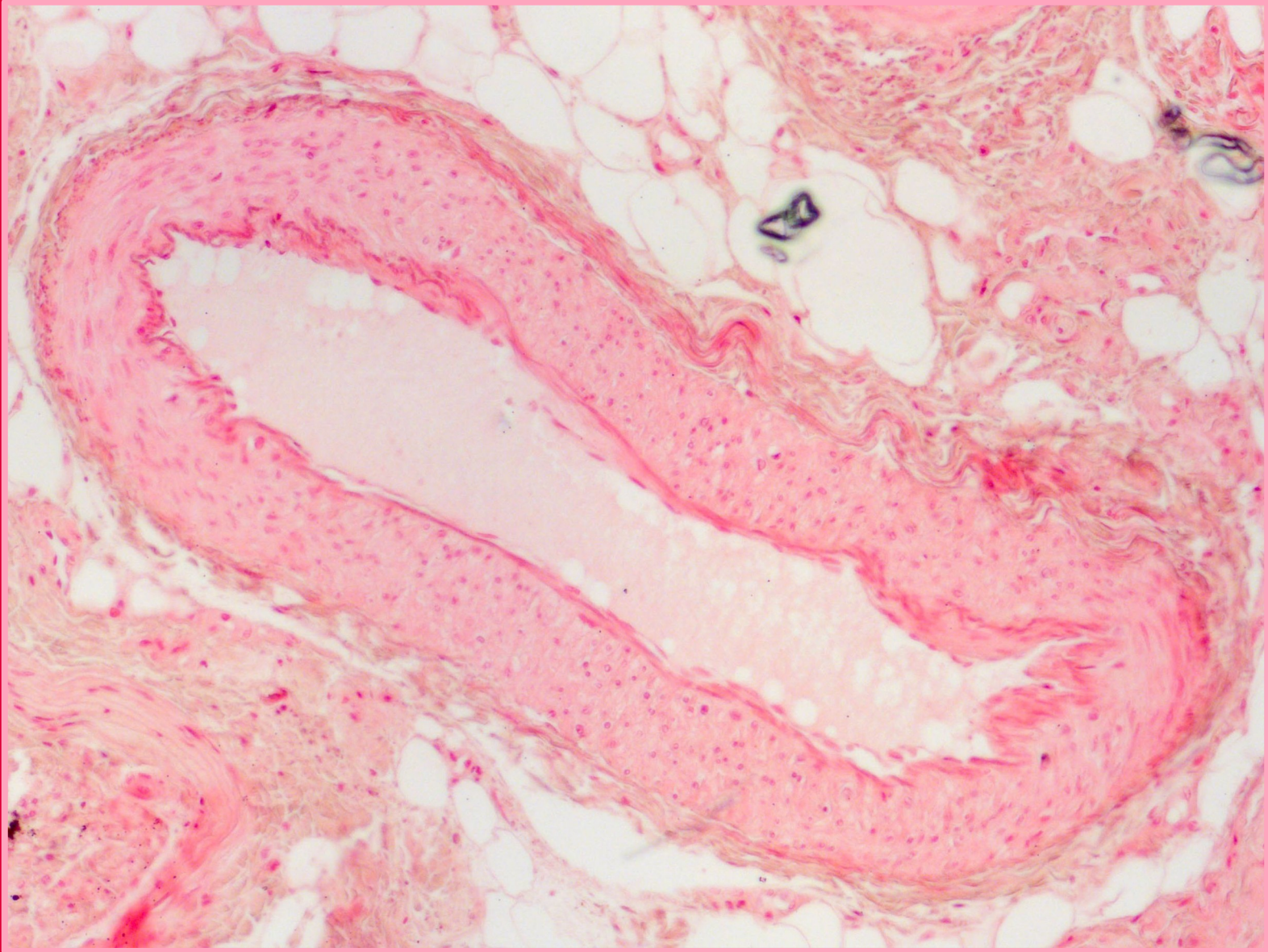
23 Identify the indicated layer:



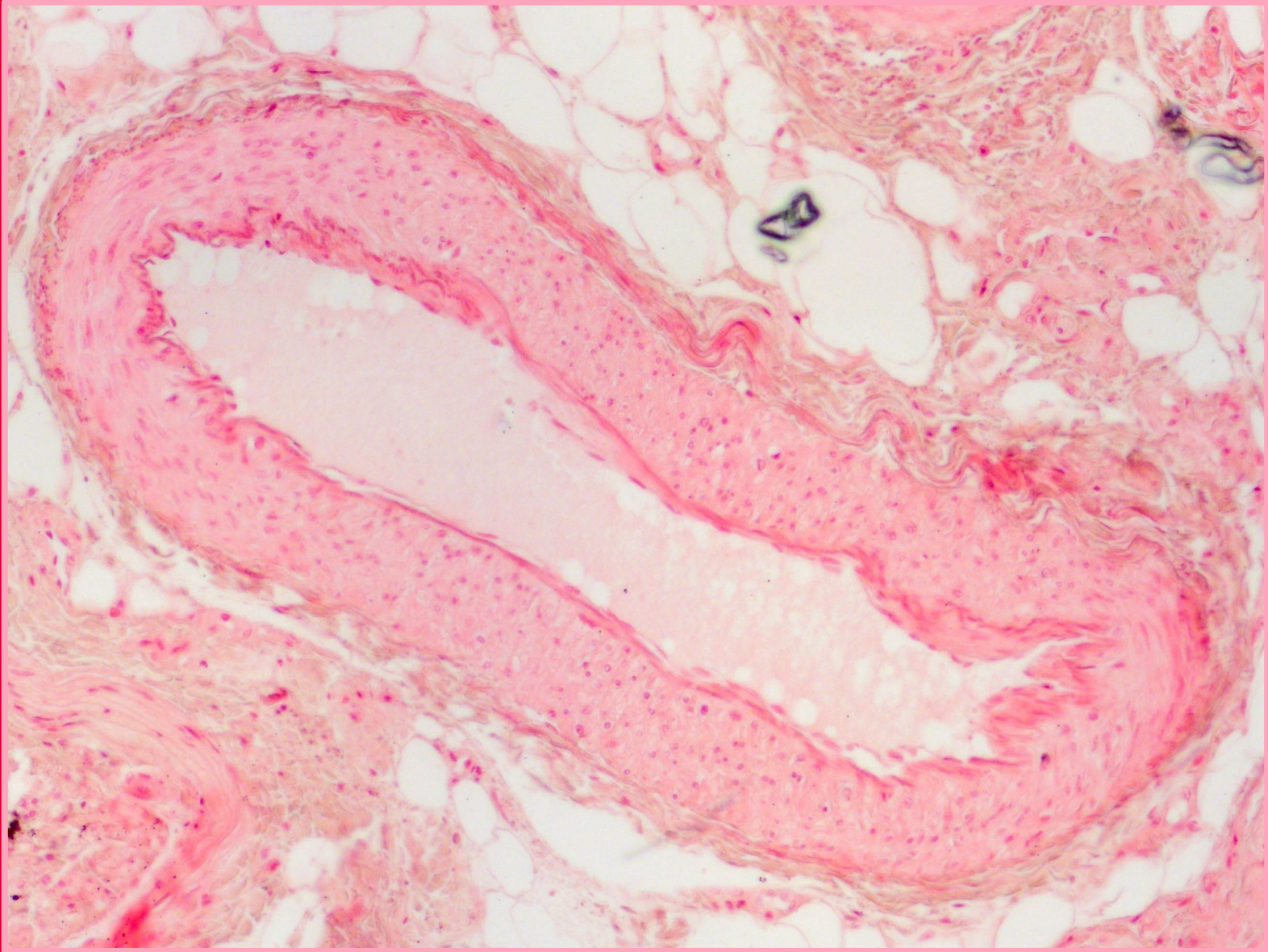
Q24: which subdivisions are seen in the indicated layer?



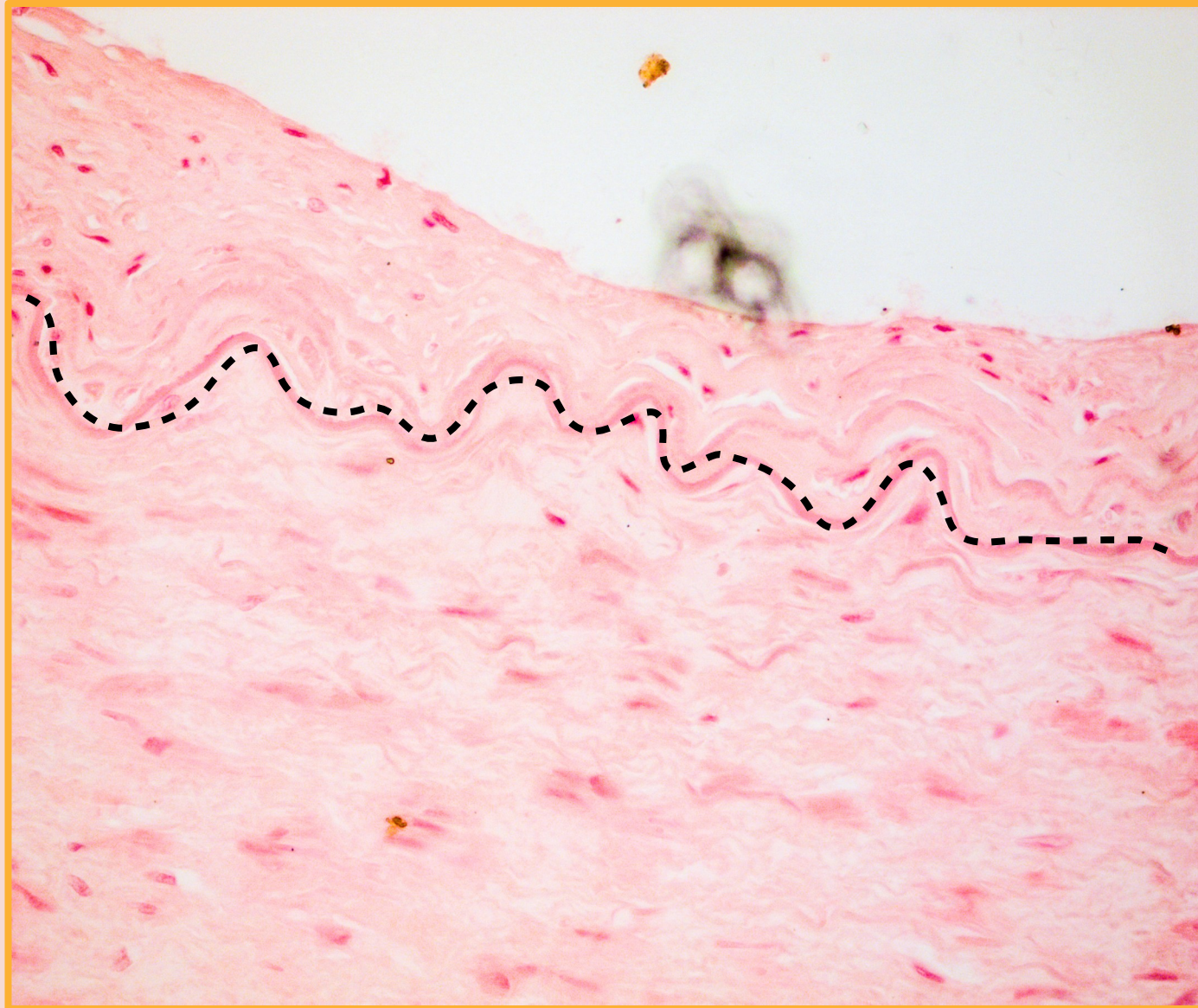
25 Artery, vein or lymphatic?



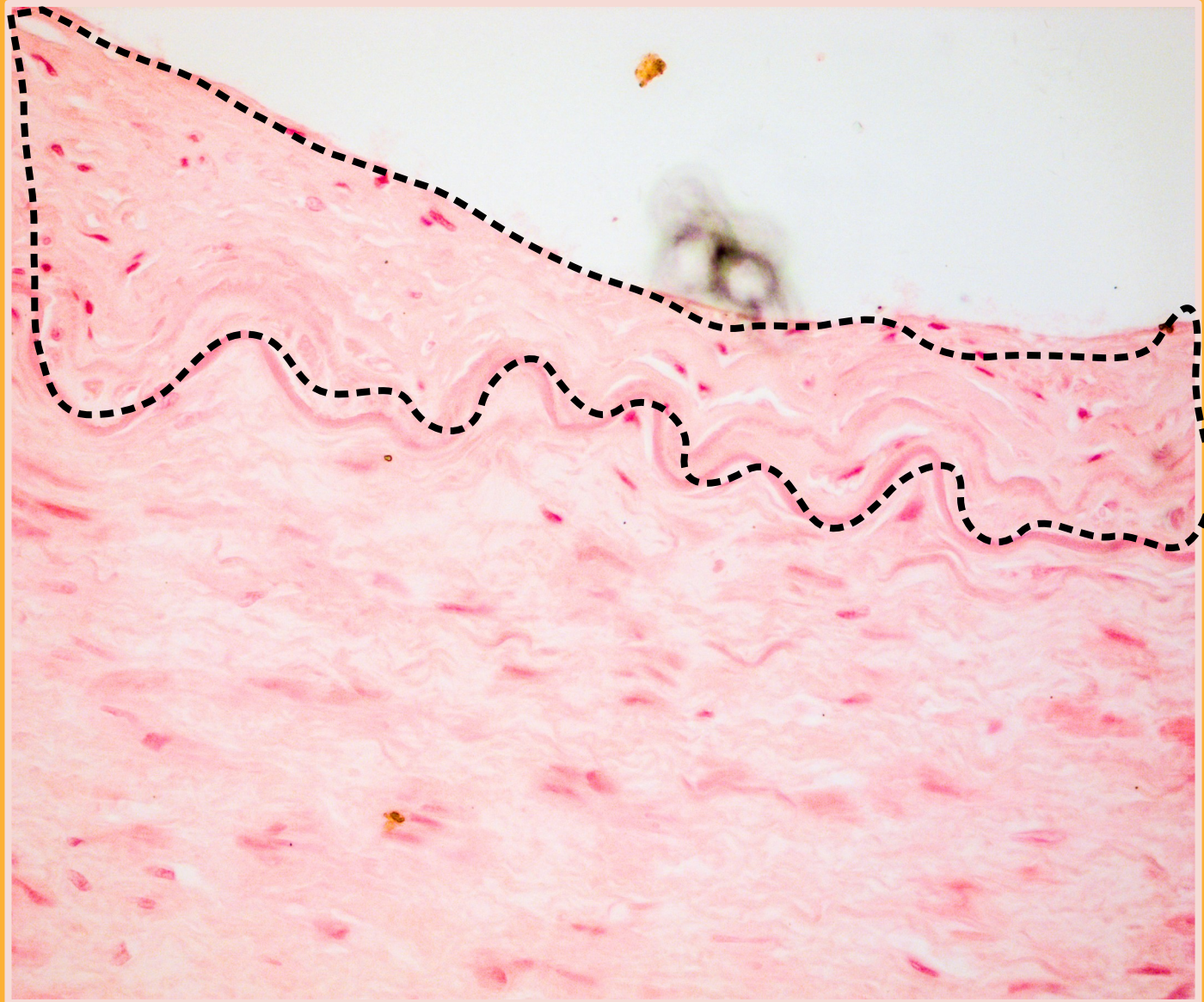
Q26: why is this likely a vein?



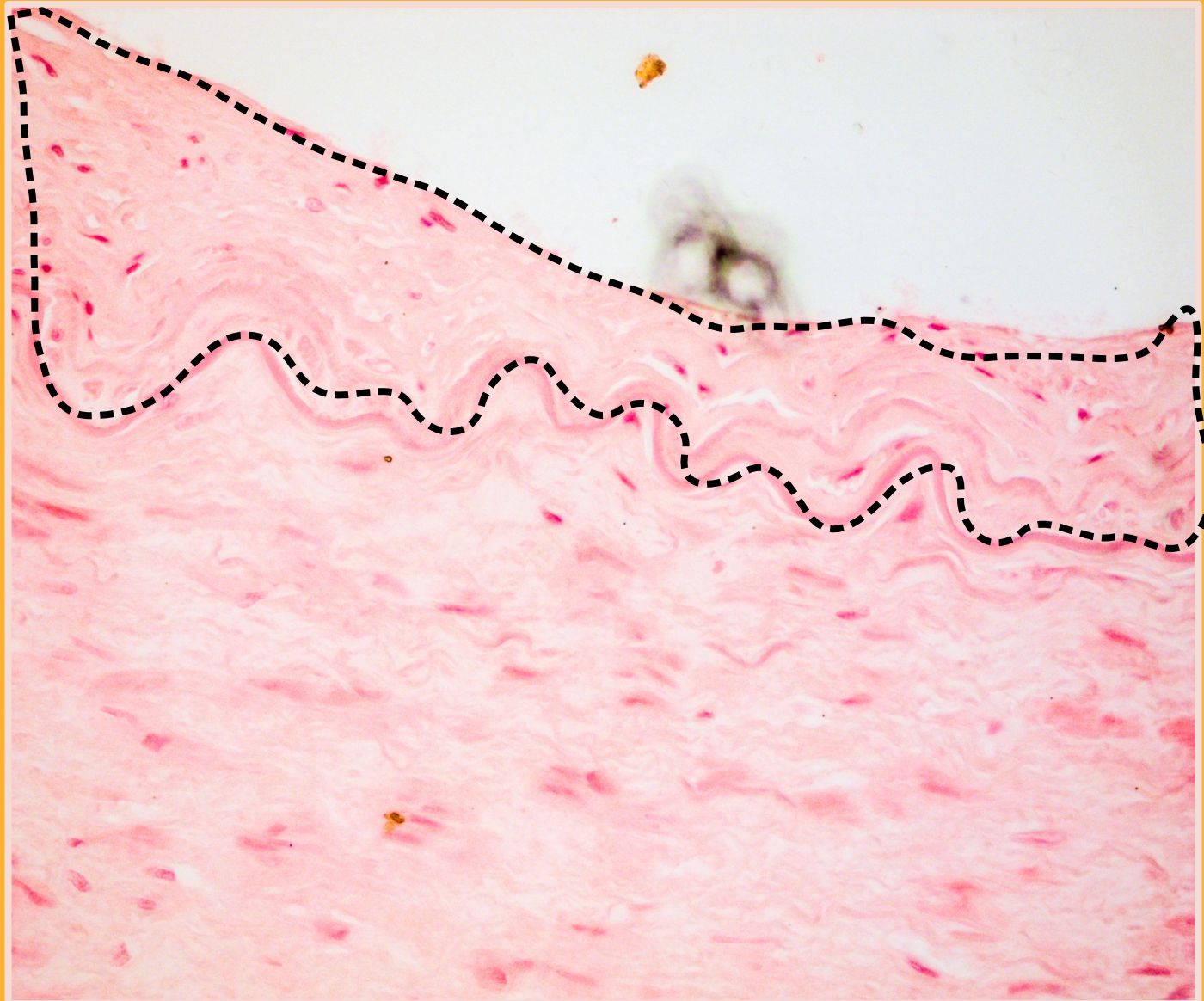
27A Identify the structure:



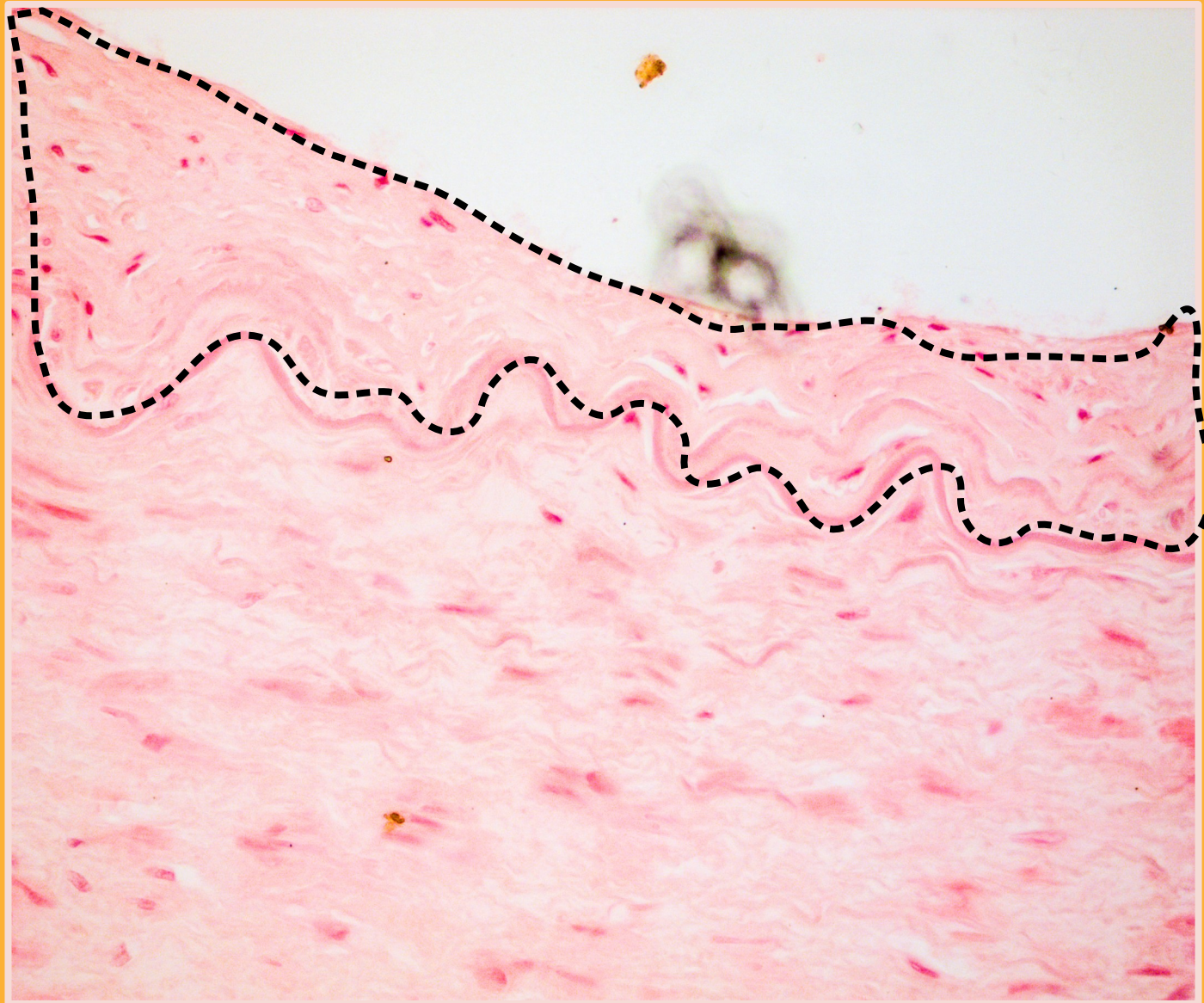
27B Identify the indicated layer:



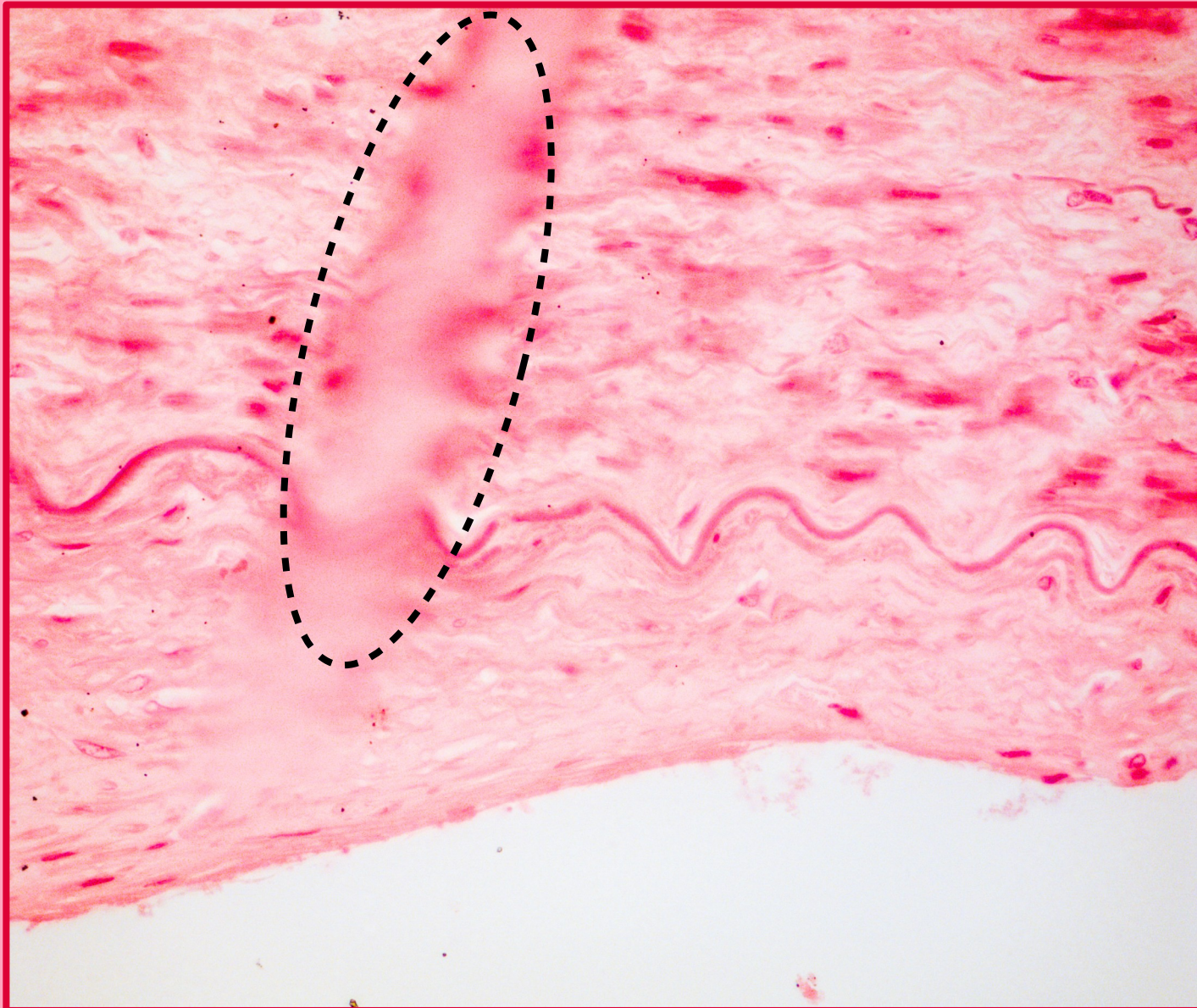
Q28: what are the 2 boundaries of the indicated layer?



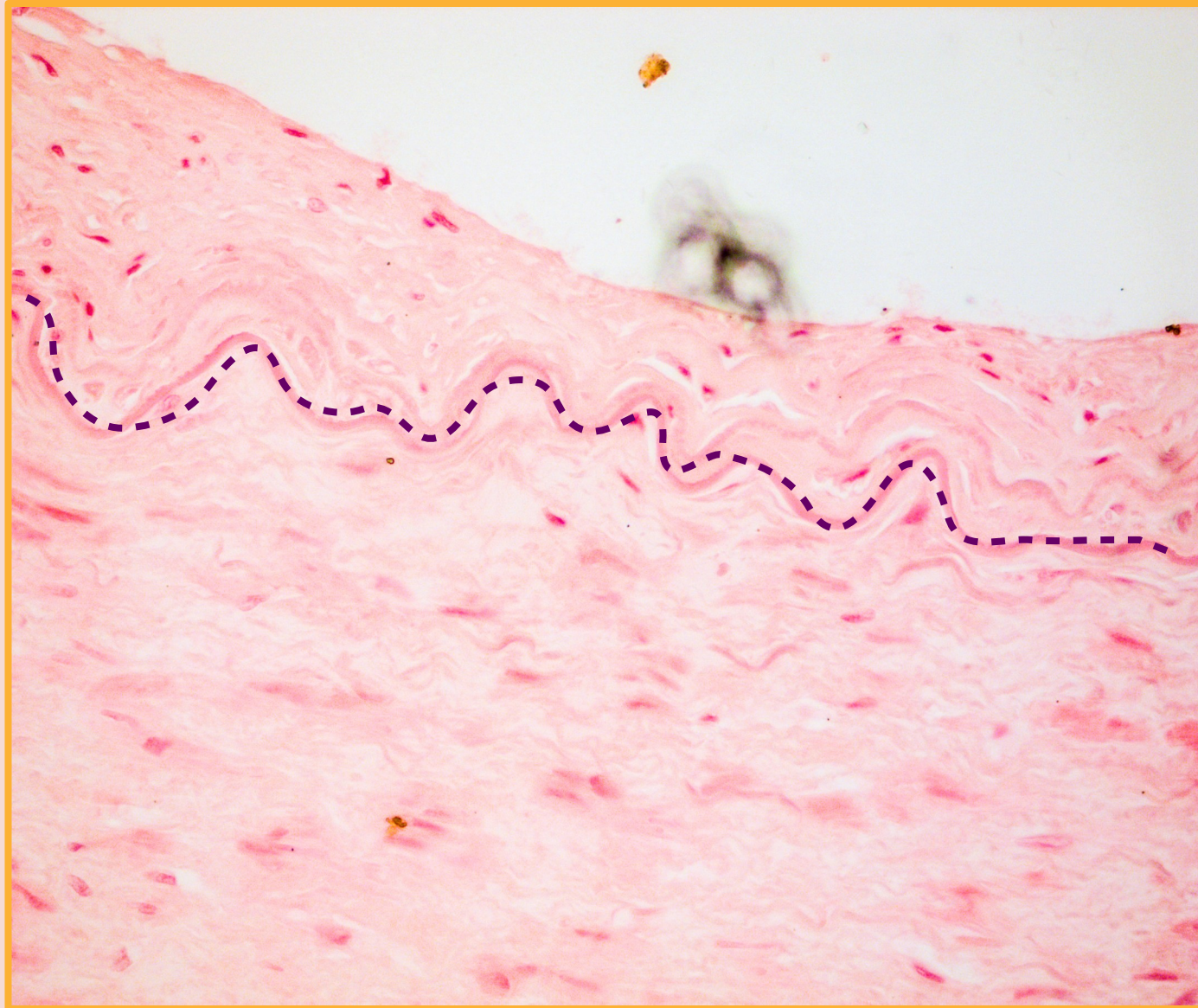
Q29: what are the content of the indicated layer?



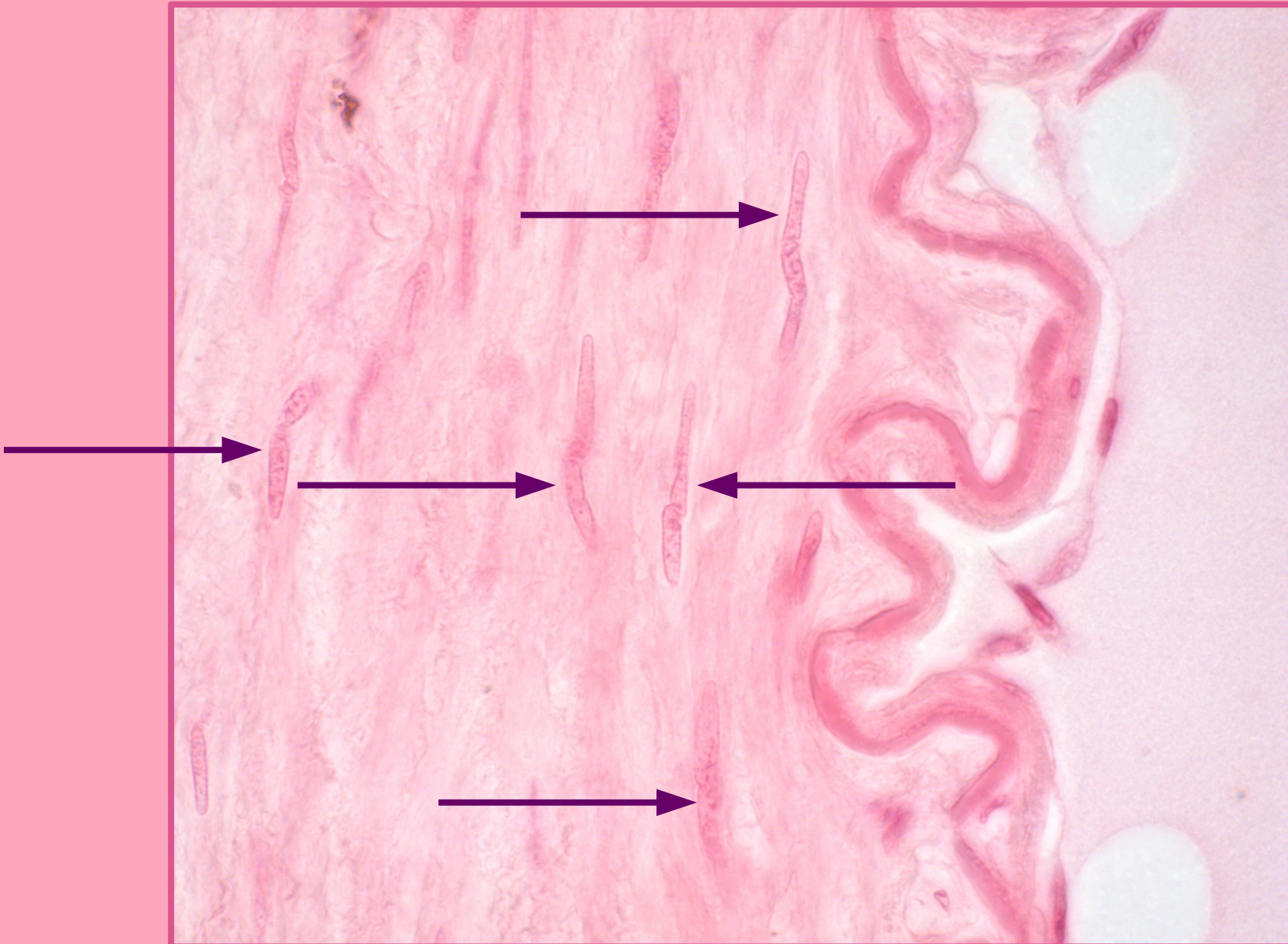
30 Identify the feature:



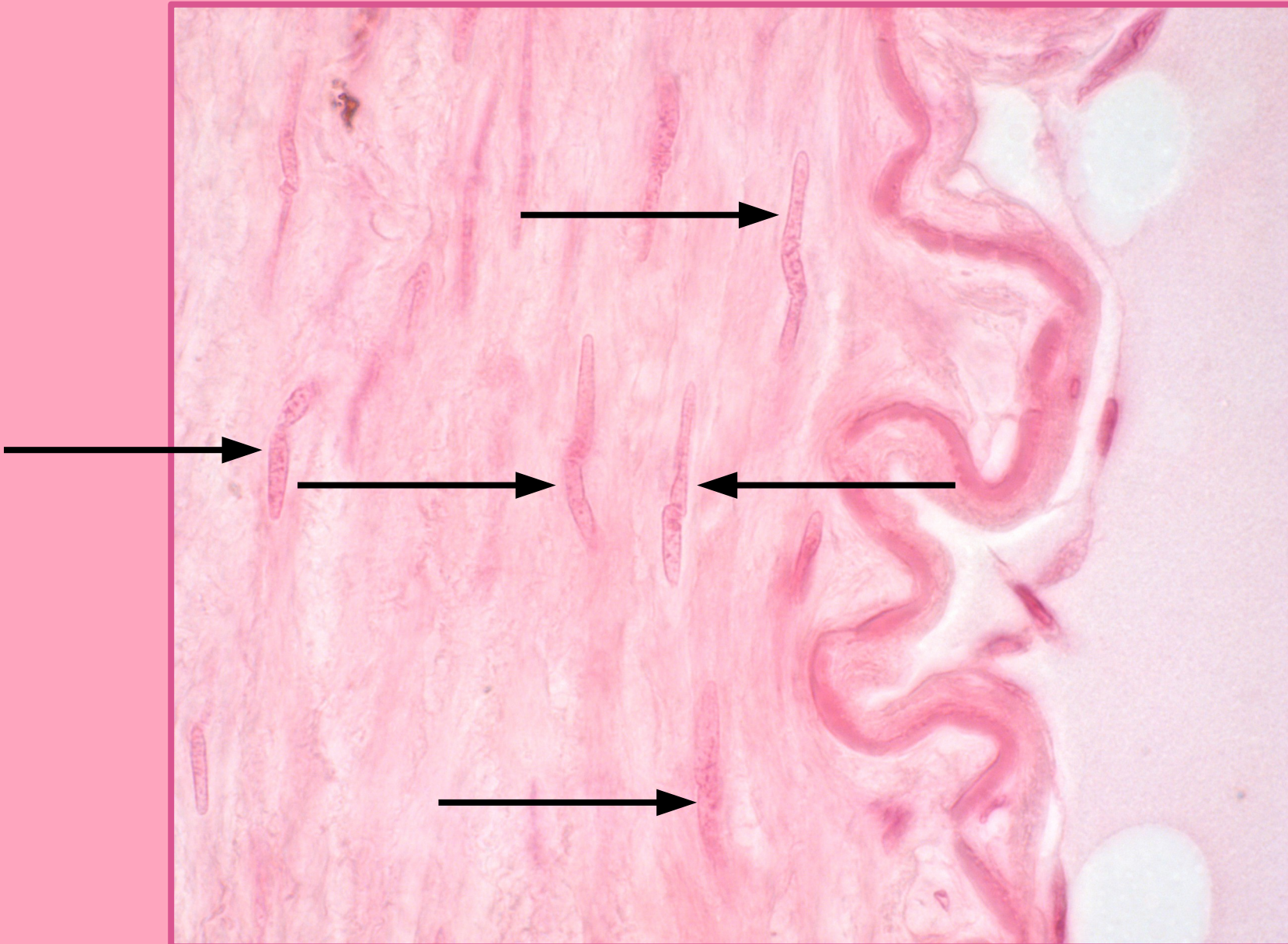
Q31: This is the border of...



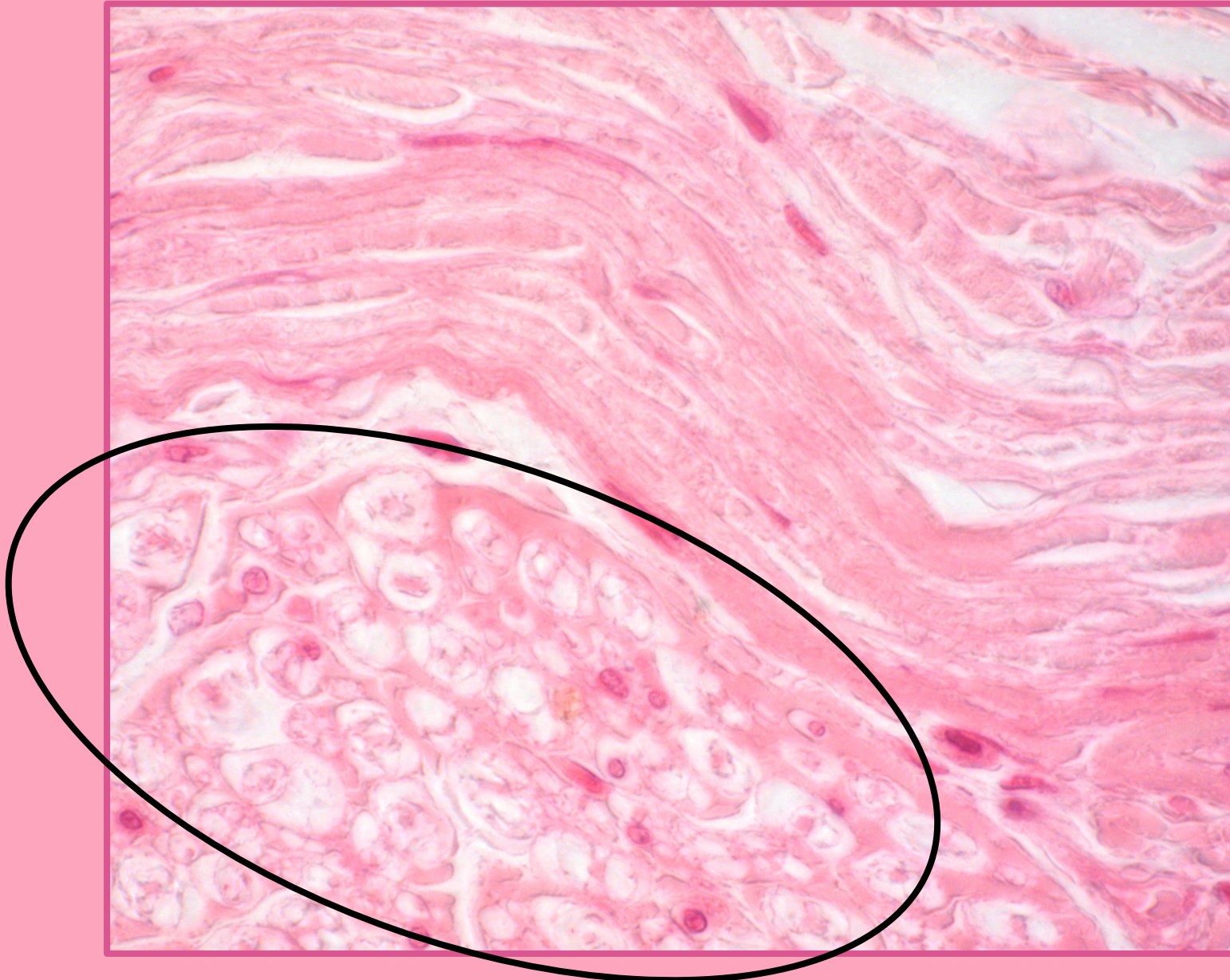
Q32: Name the function of the indicated cells.



33 Identify the cells:



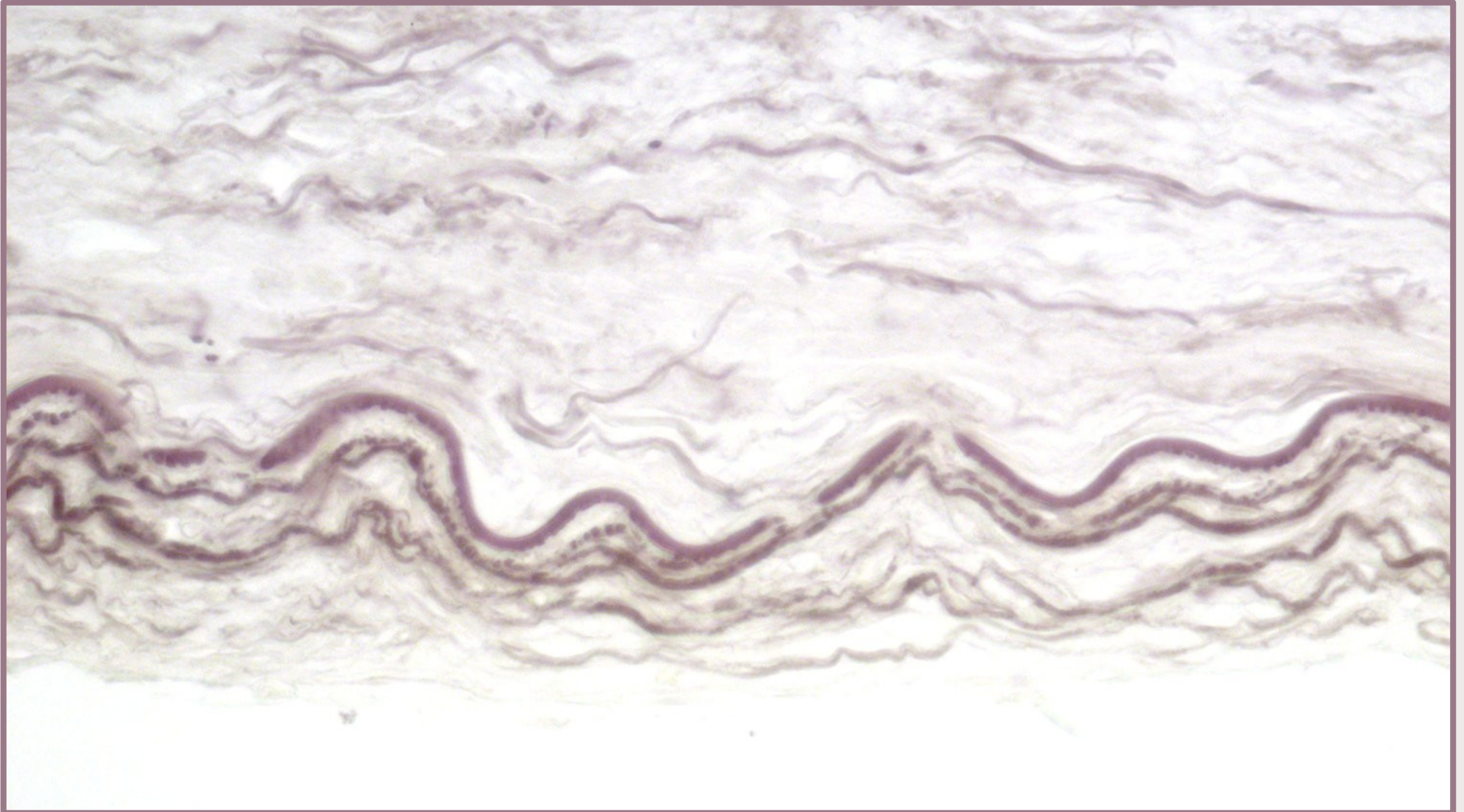
34 Identify the structure:



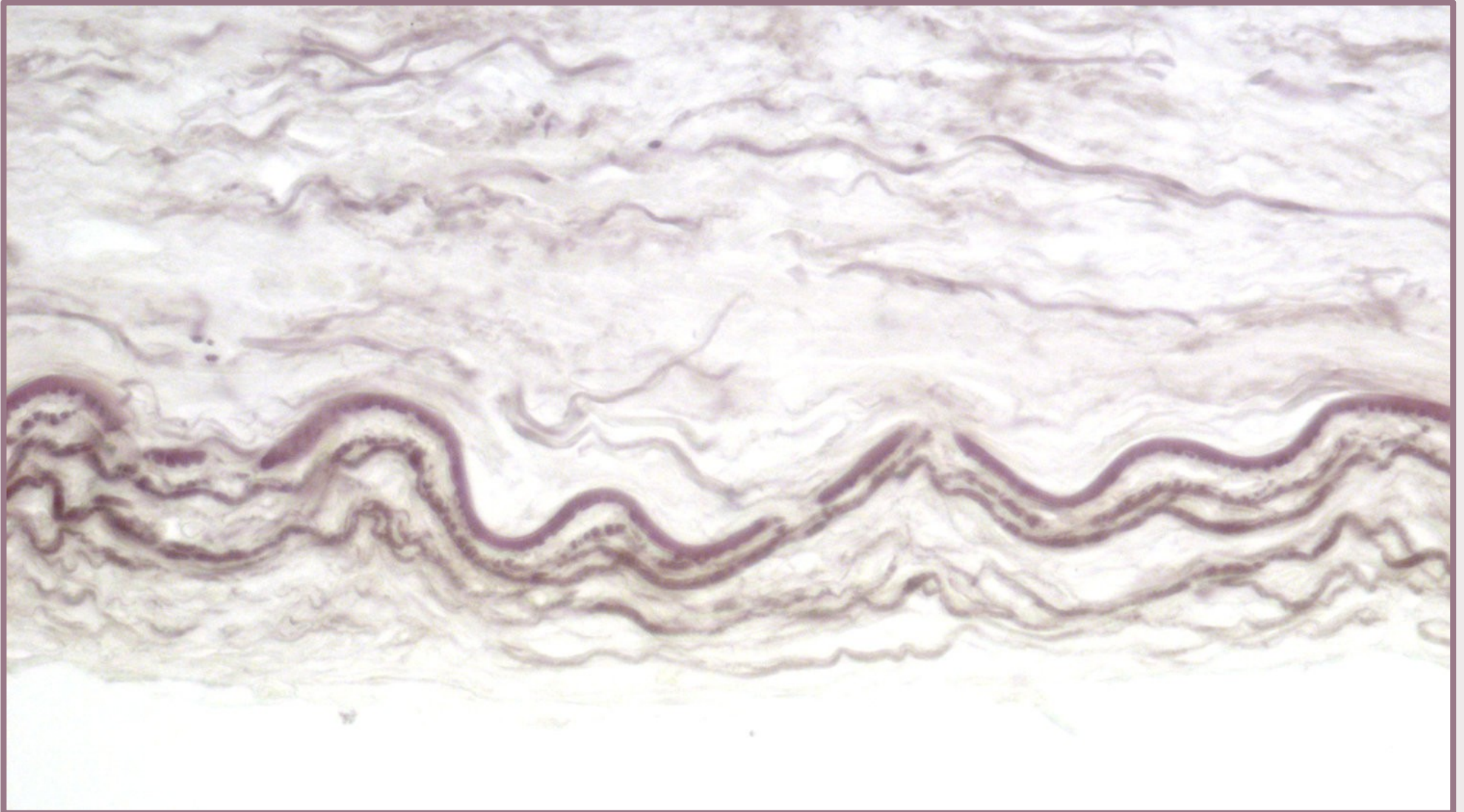
Q35: Identify the structure:



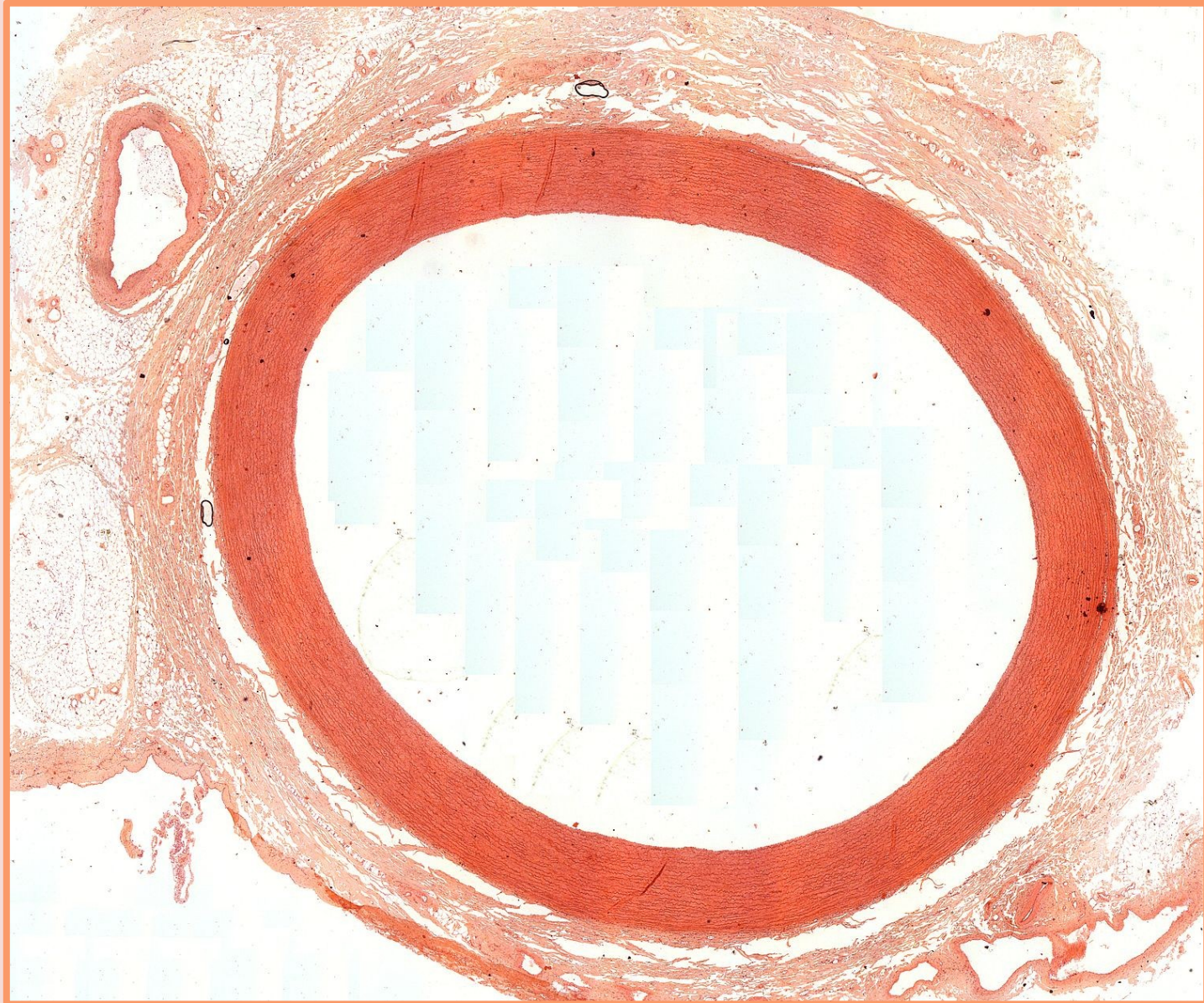
Q36: Elastic artery - true / false



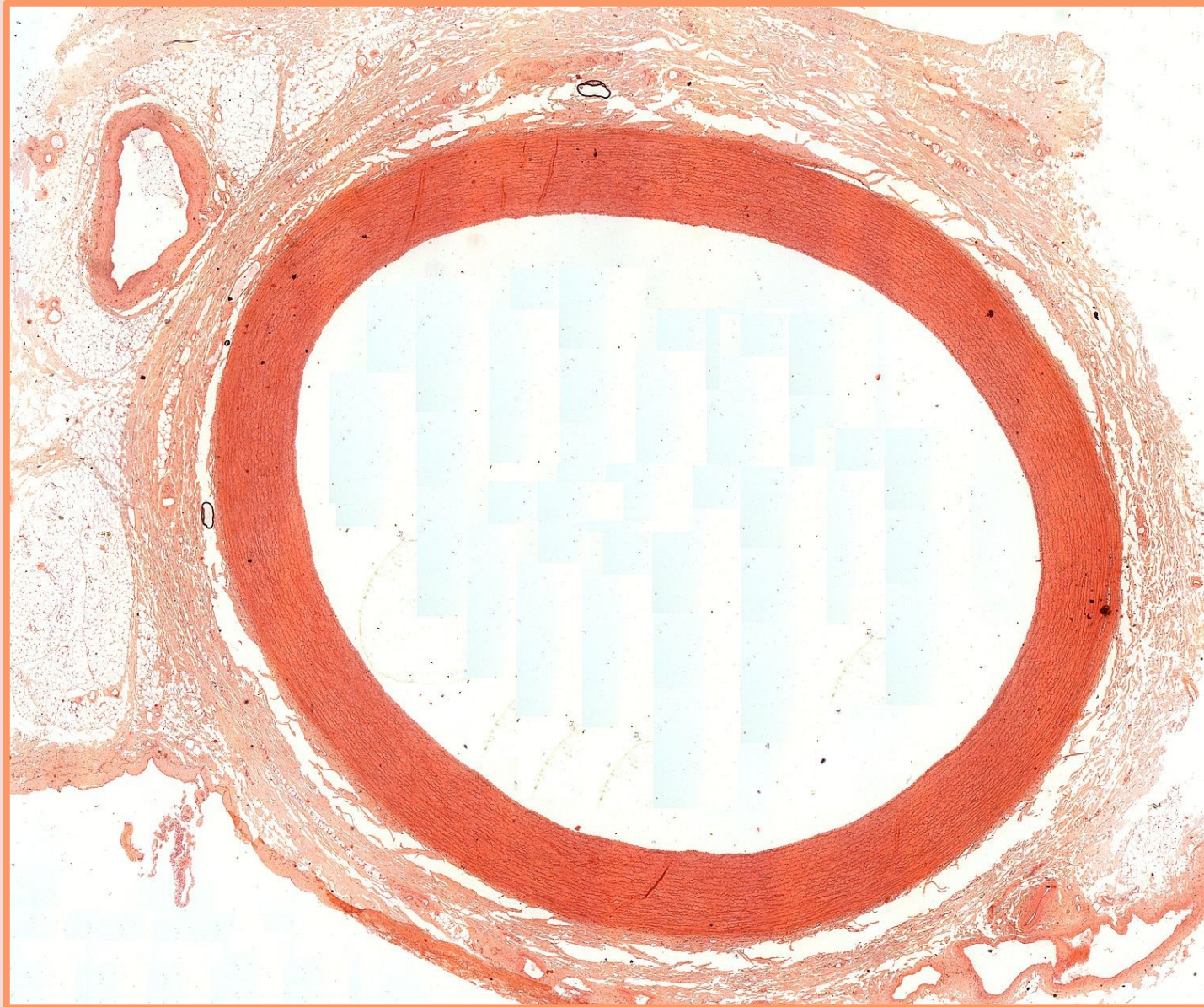
Q37: Explain your previous answer.



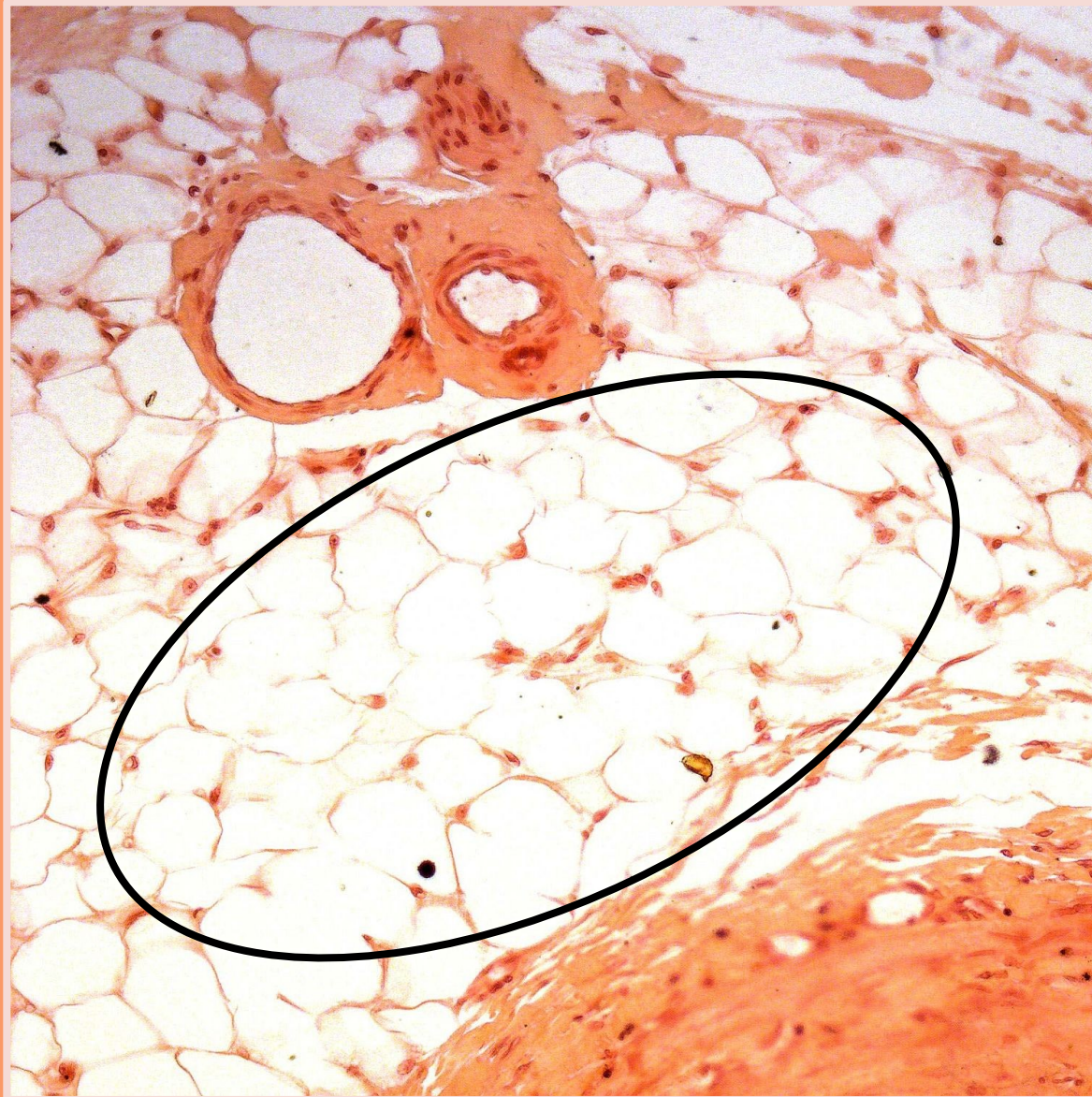
Q38: what connects to this structure?



39 Identify the structure:



40 Identify the tissue:



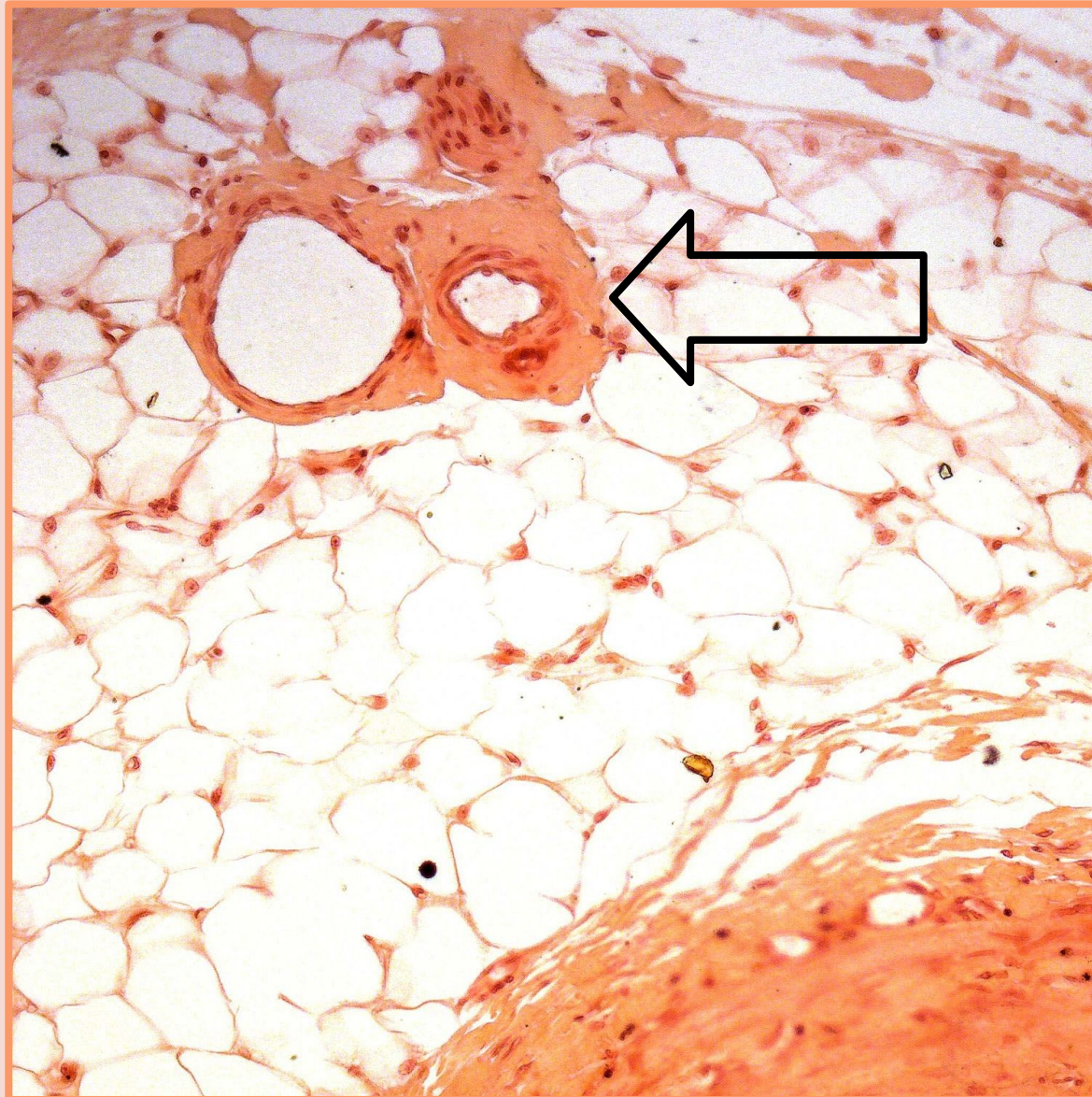
41 Identify the indicated feature:



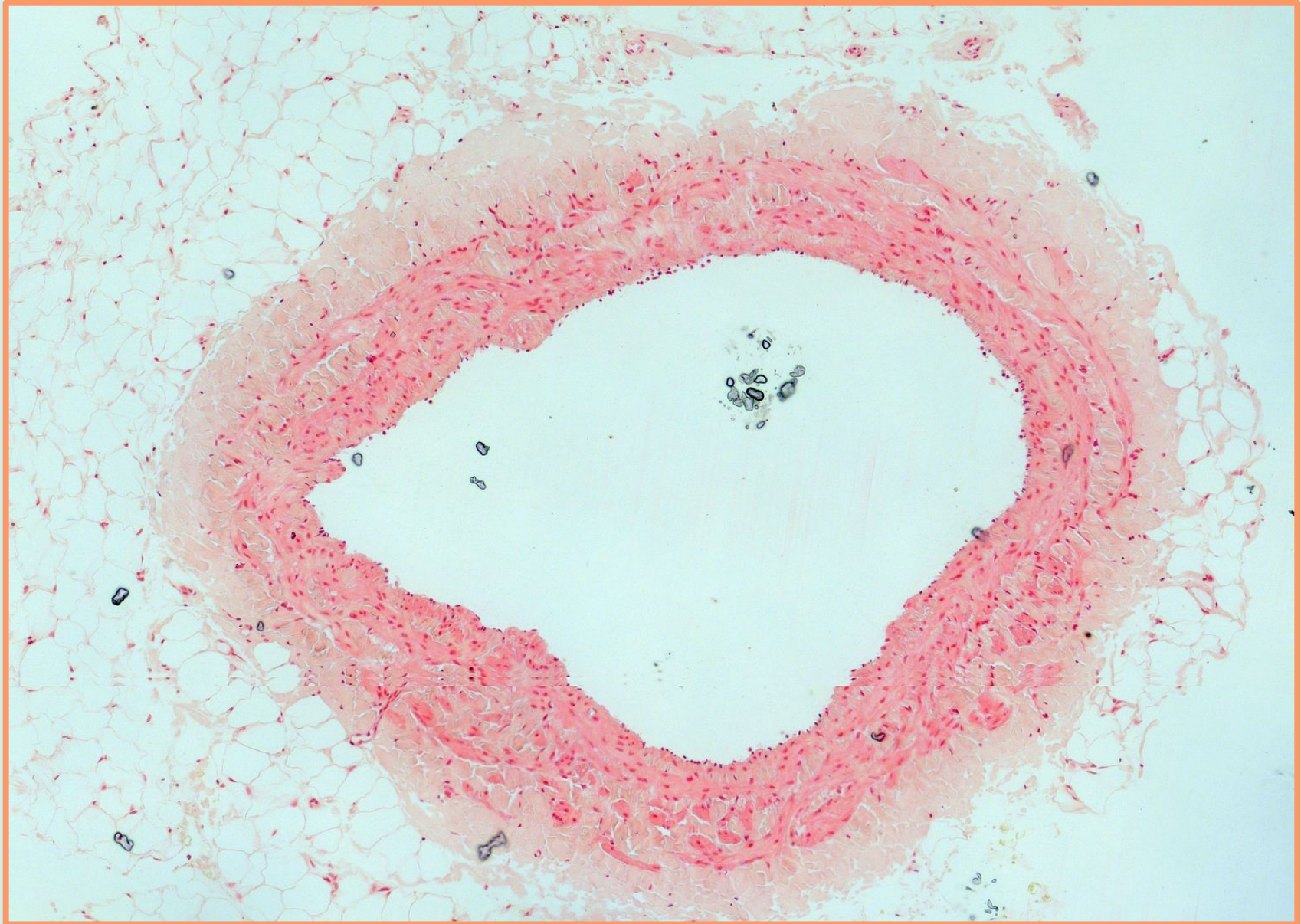
Q42: Identify the indicated structure:



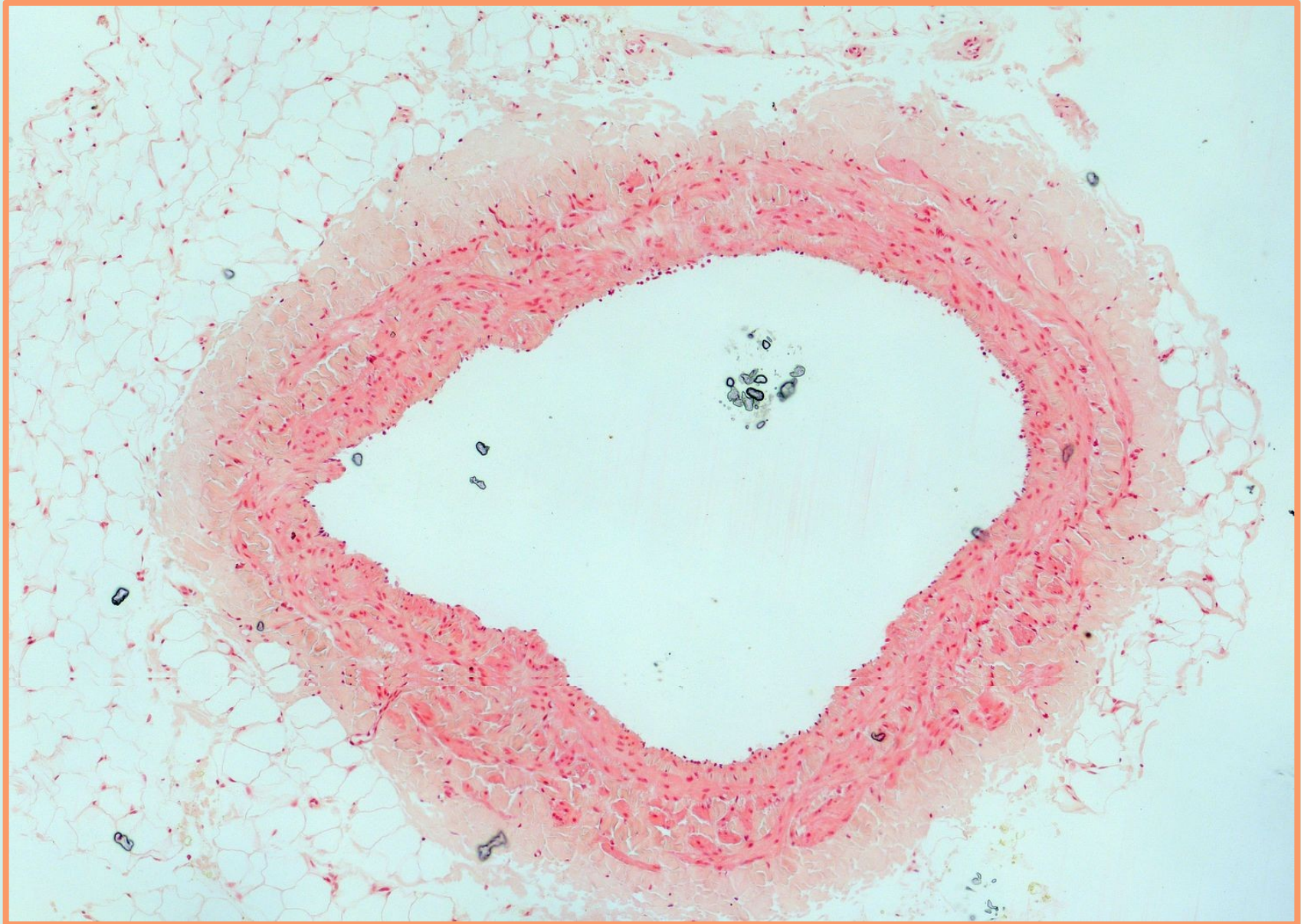
Q43: Artery, vein or lymphatic?



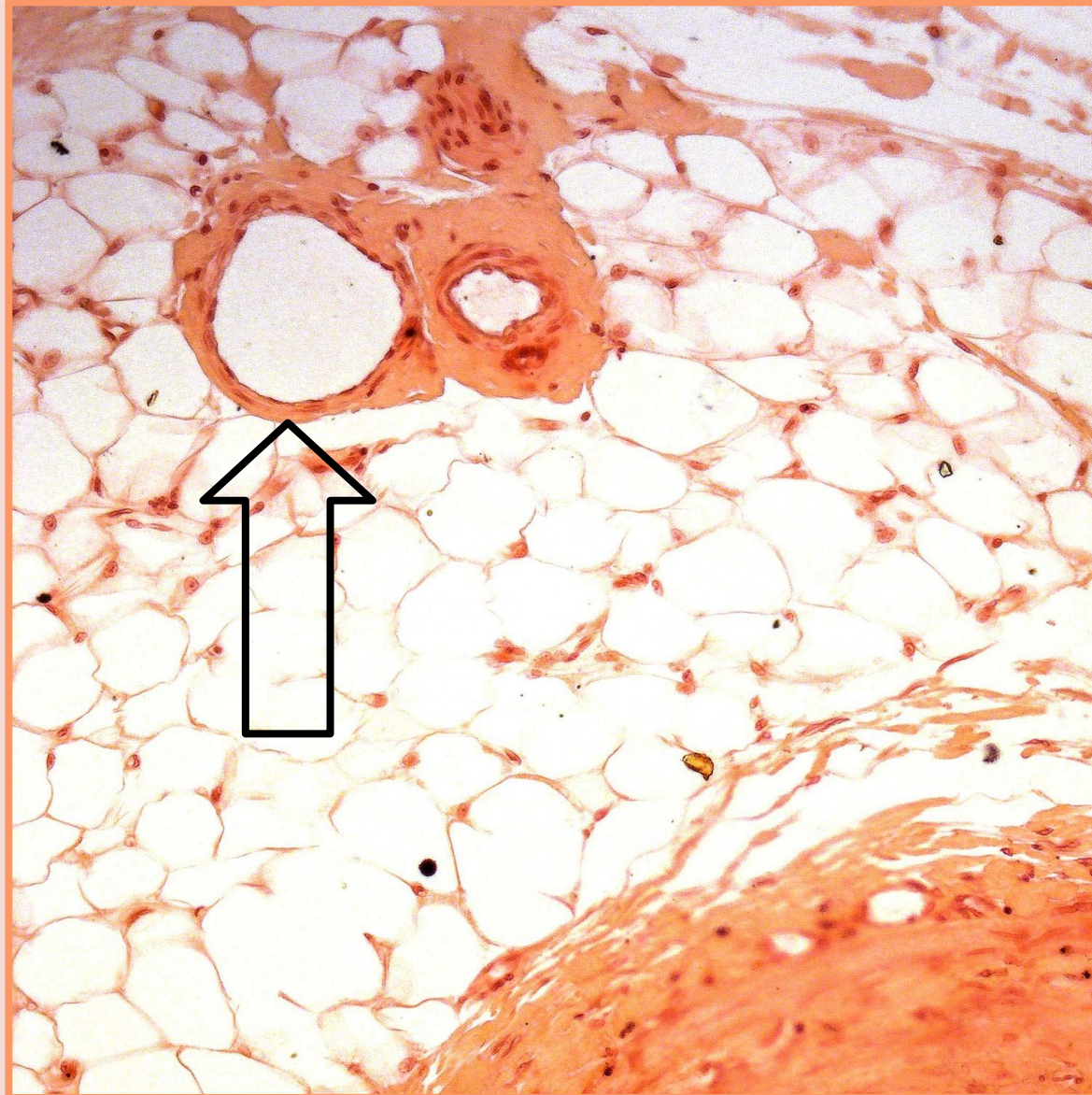
45 Identify the structure:



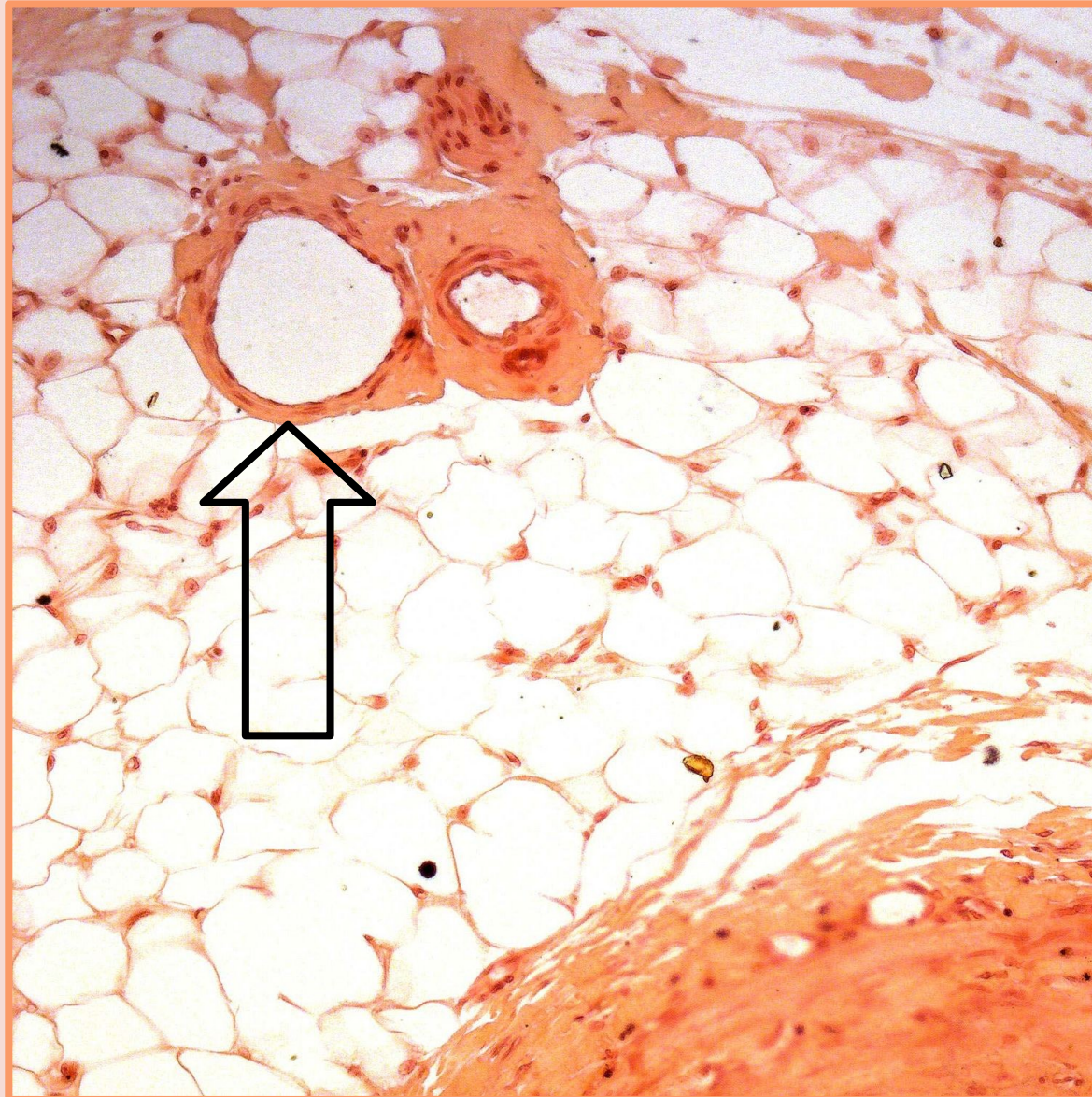
q46: what moves the content of this vessel?



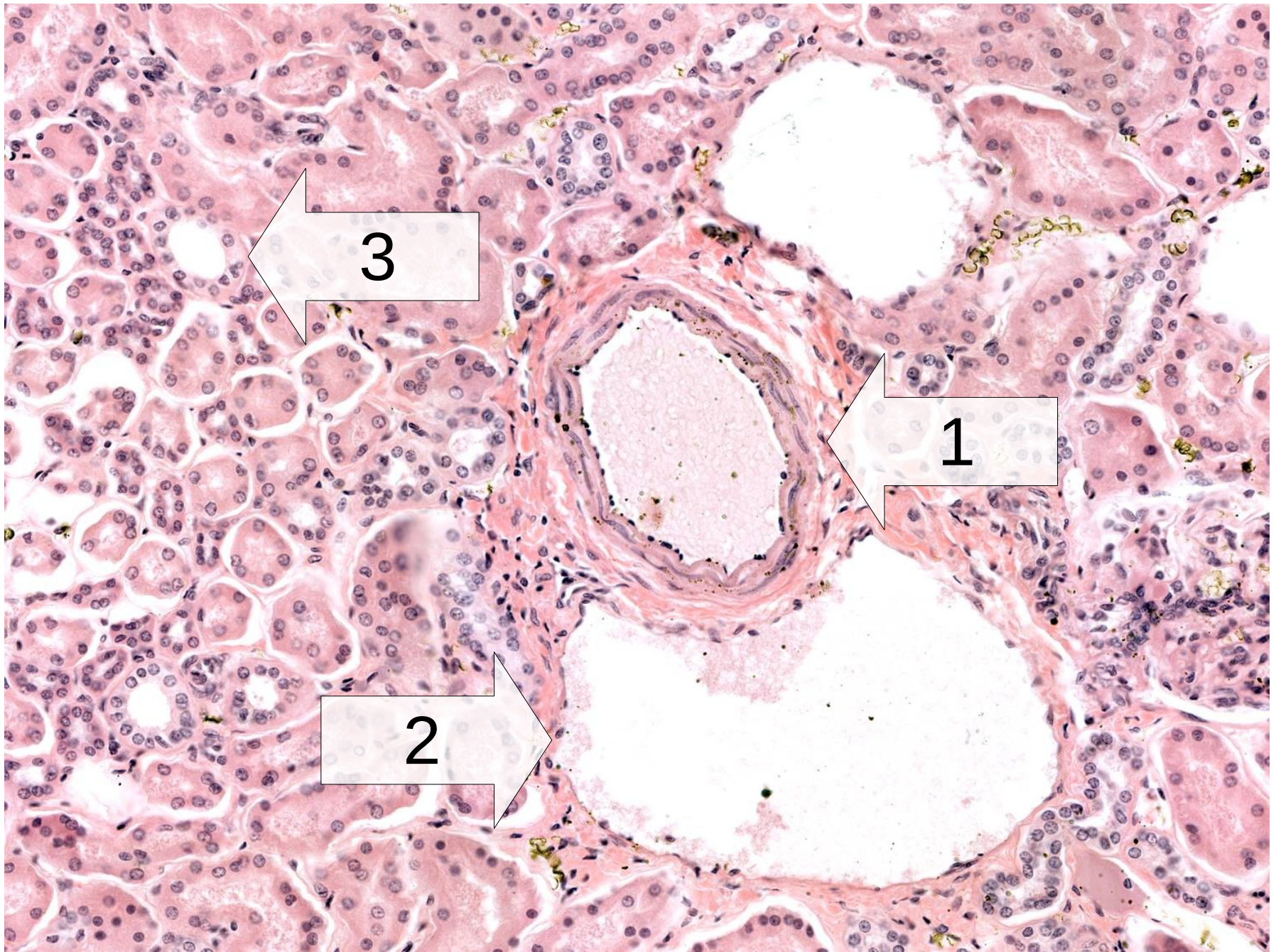
47 Artery, vein or lymphatic?



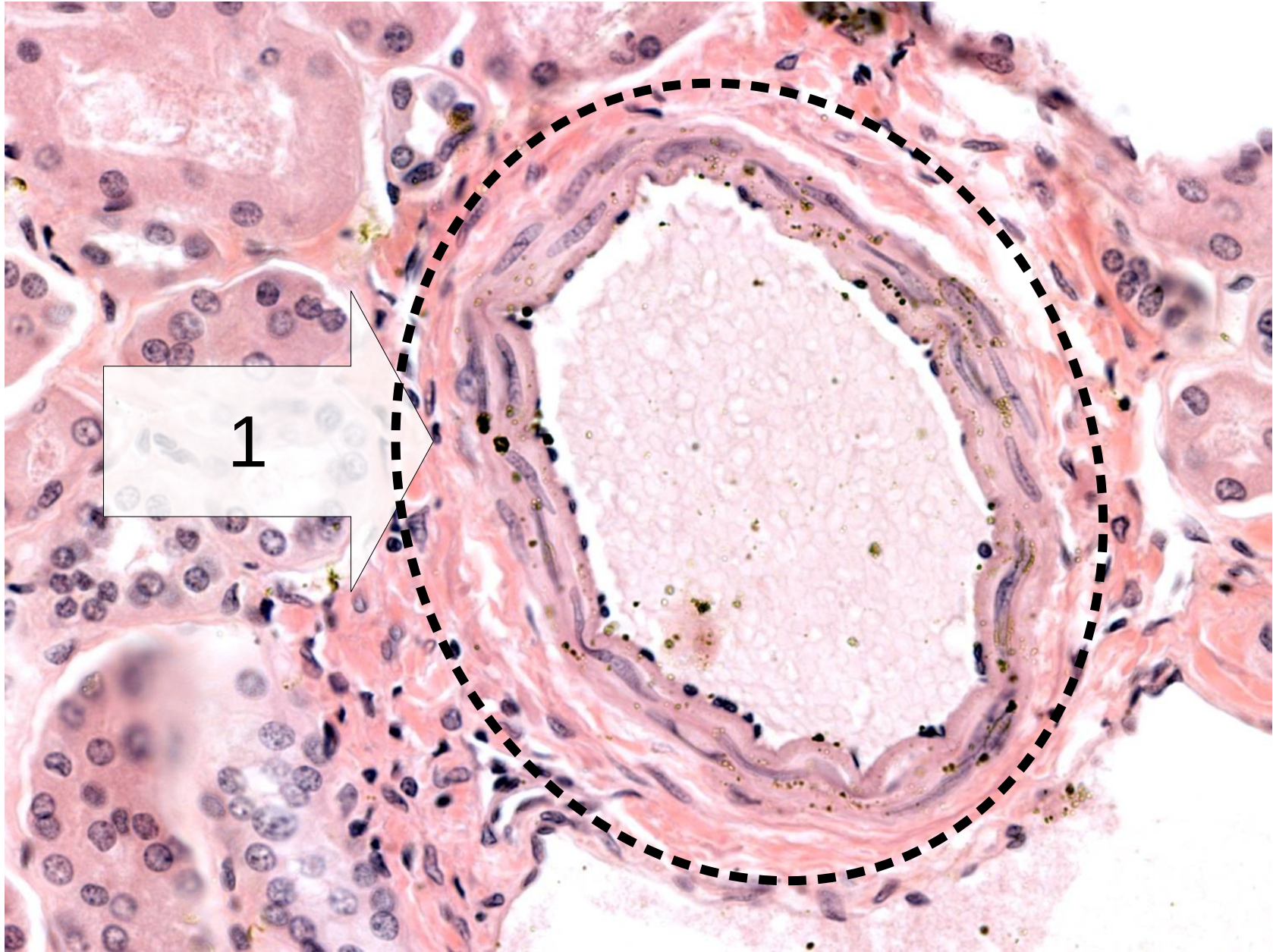
Q48: what moves the content of this vessel?



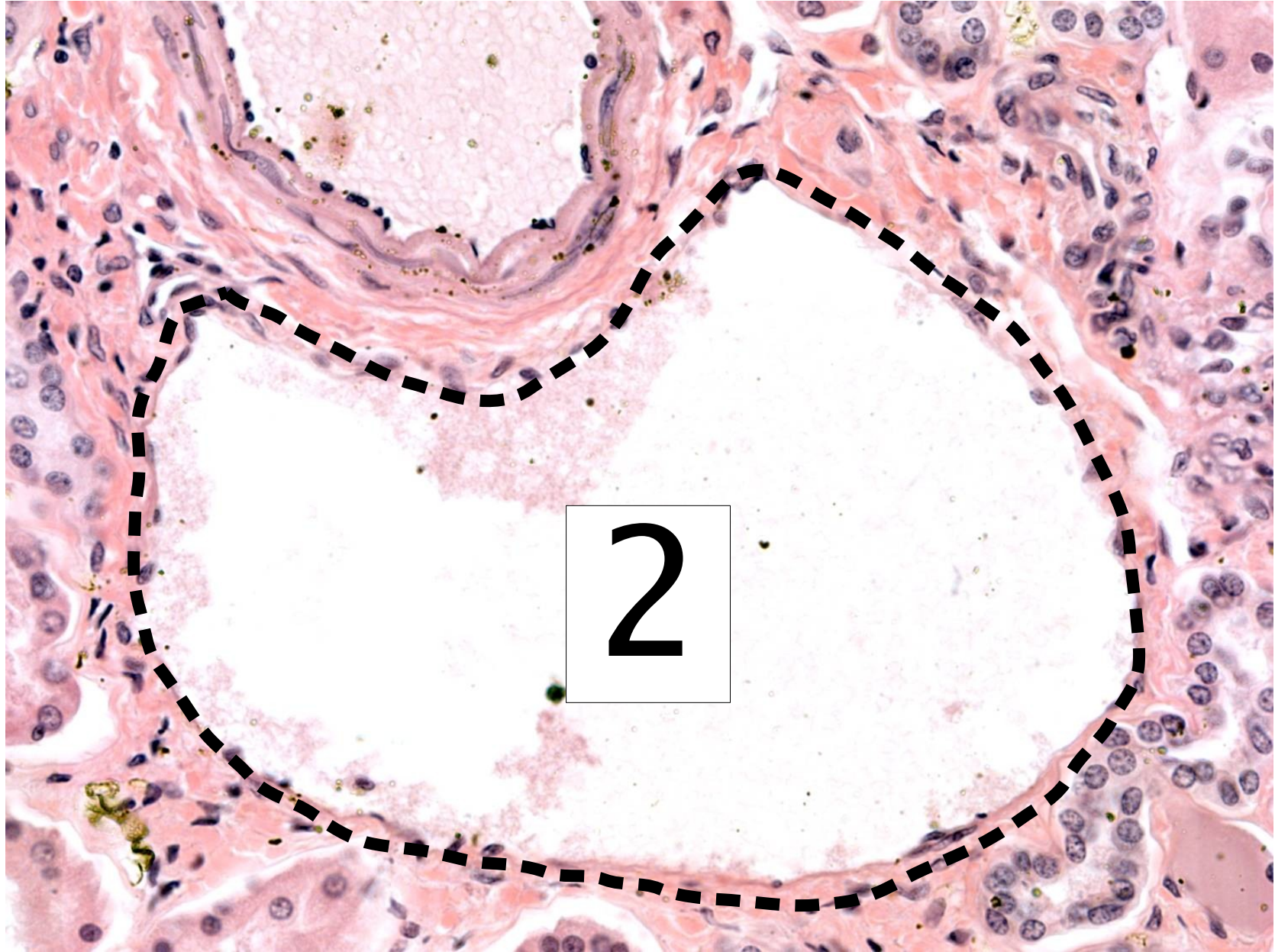
Q49: Identify the 3 indicated structures



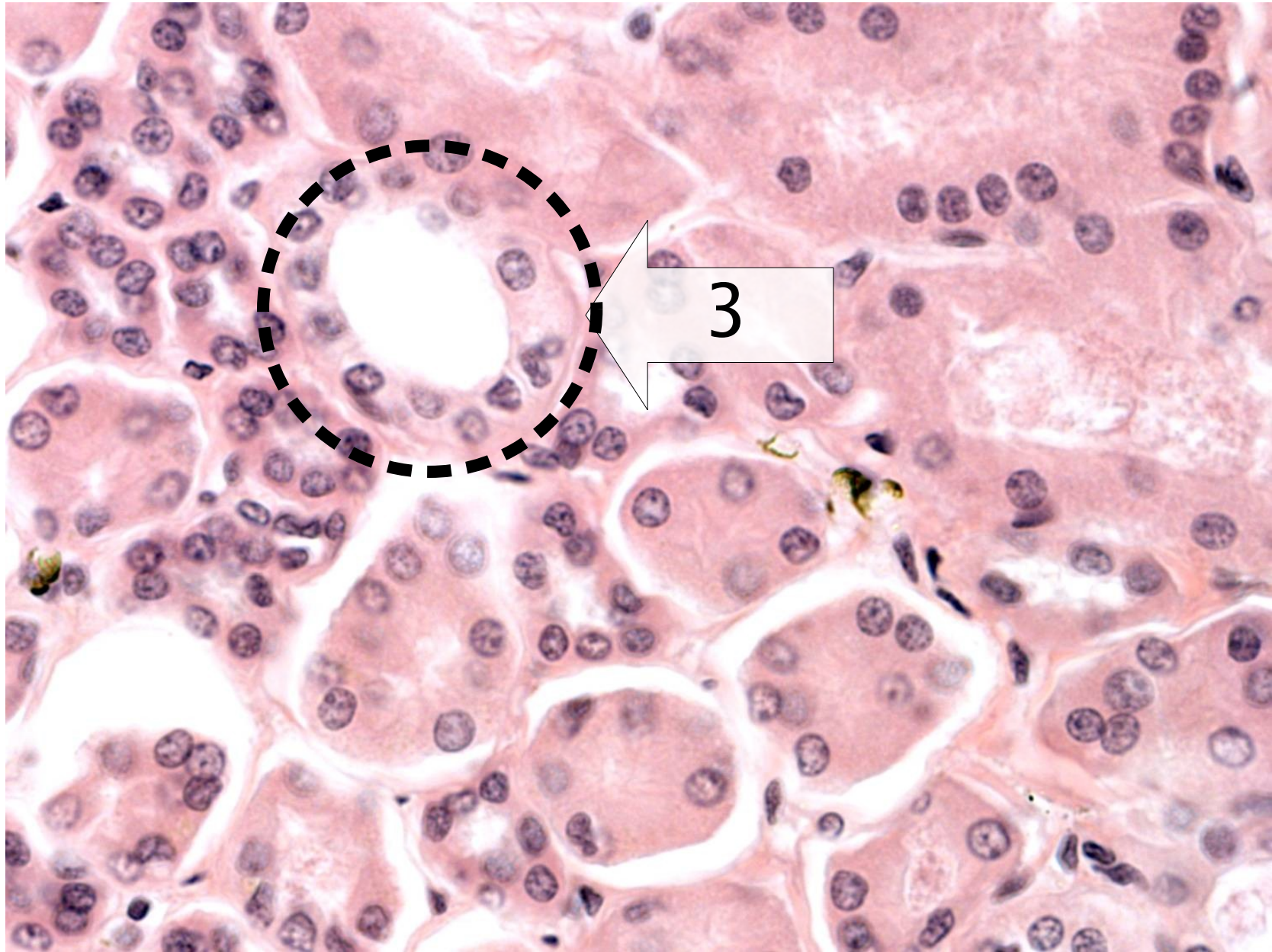
Q49.1 Identify the structure



Q49.2 Identify the structure



Q49.3 Identify the structure



Grade your answers



Nailed it!

You are
confident about
your answer.



Not sure...

You do not know or
are uncertain.



Community of Truth

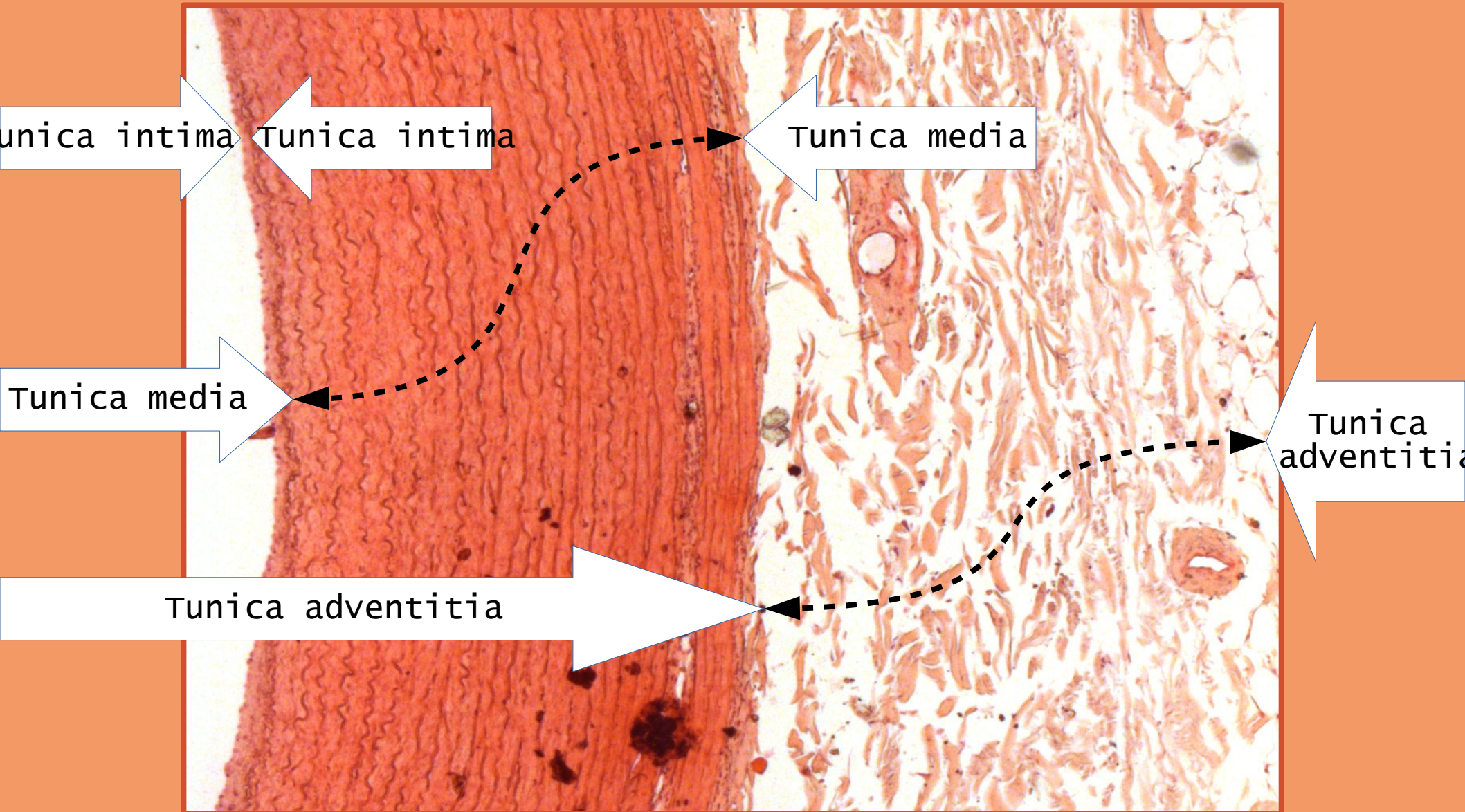
What is my answer?

What is the correct answer?

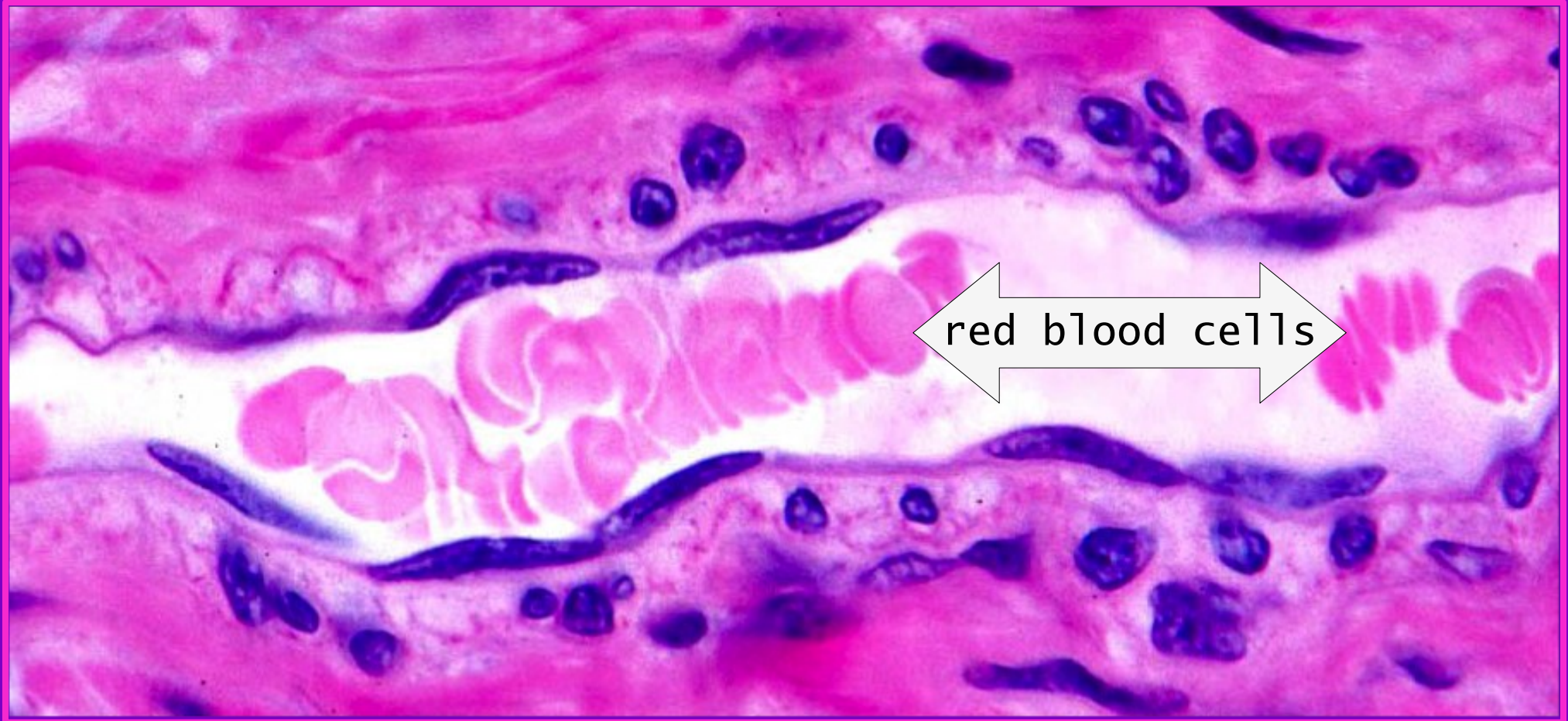
I am am wrong, what was my error?

THUS: Find the truth

Q01: Aorta / Elastic artery

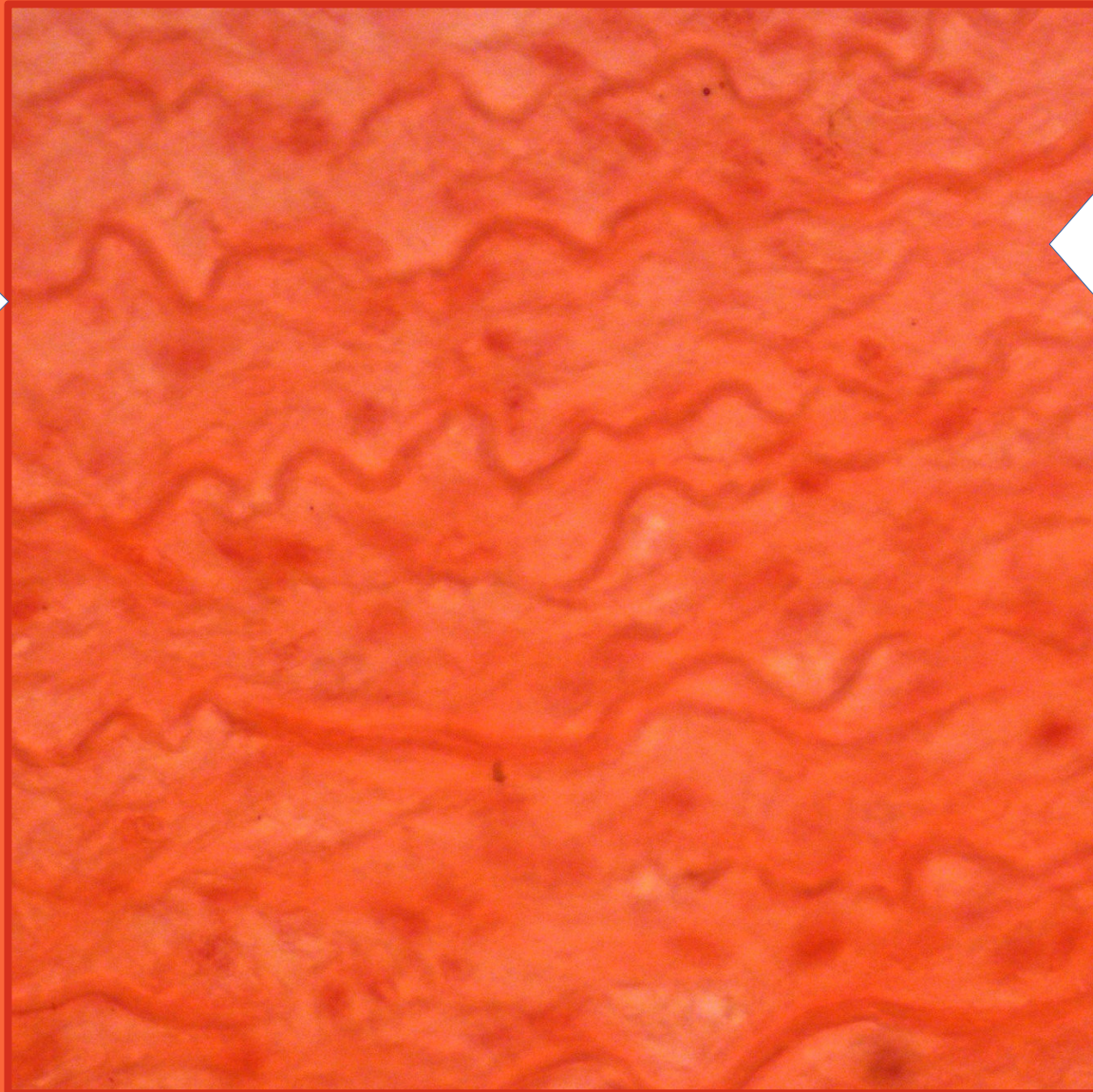


Q02 & 03: Endothelium



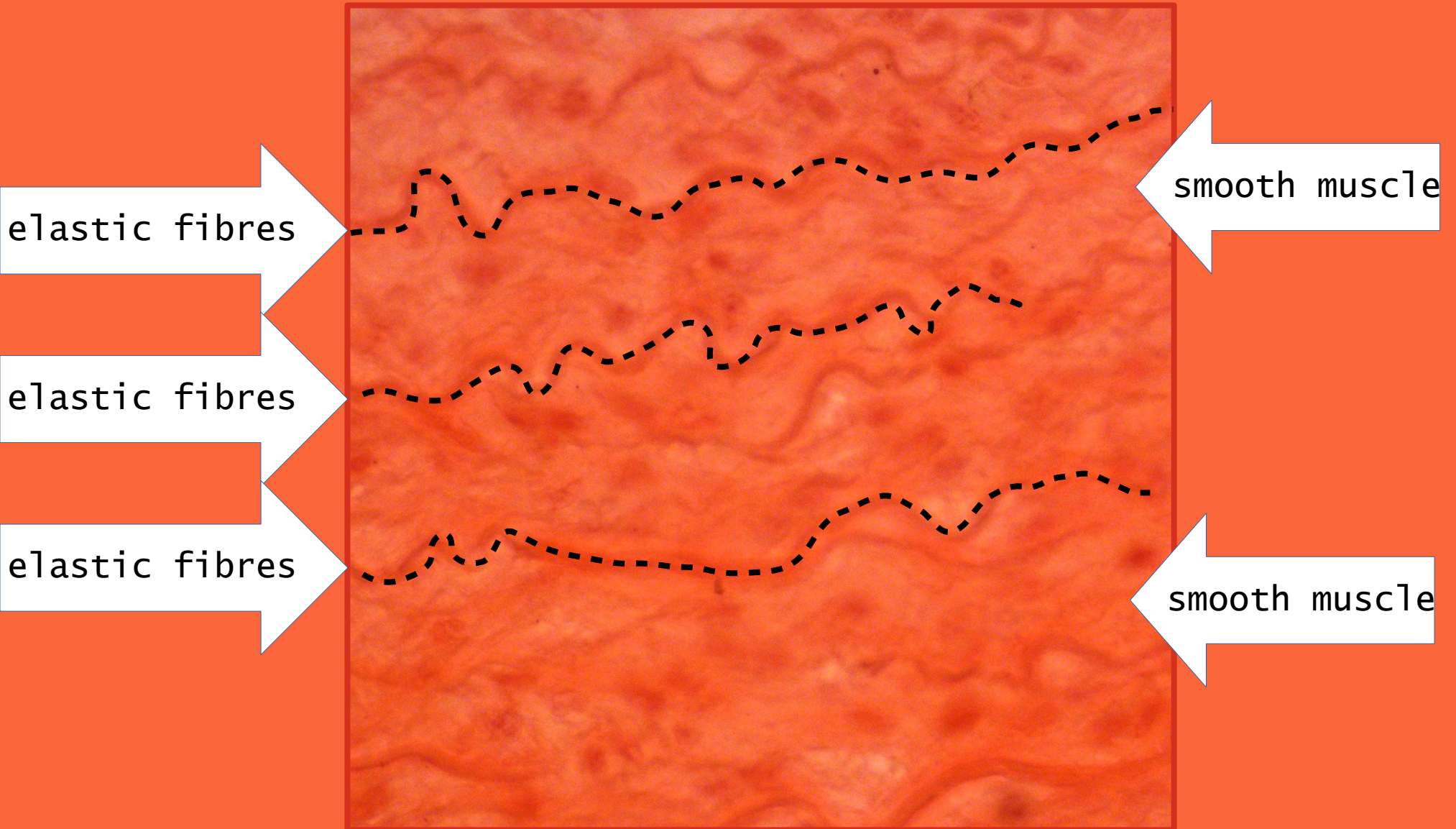
04A Name the 2 tissues present

elastic fibres

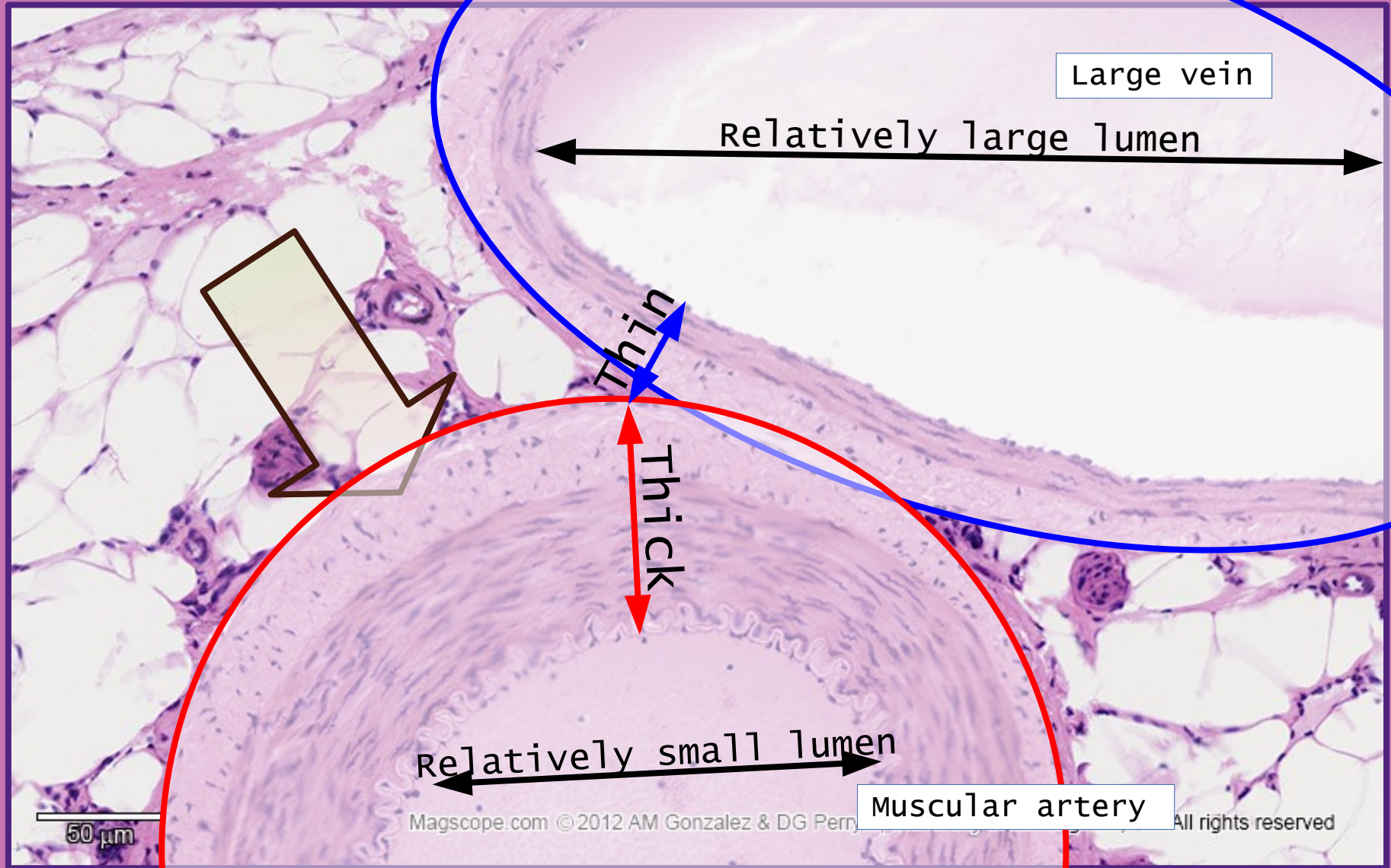


smooth muscle

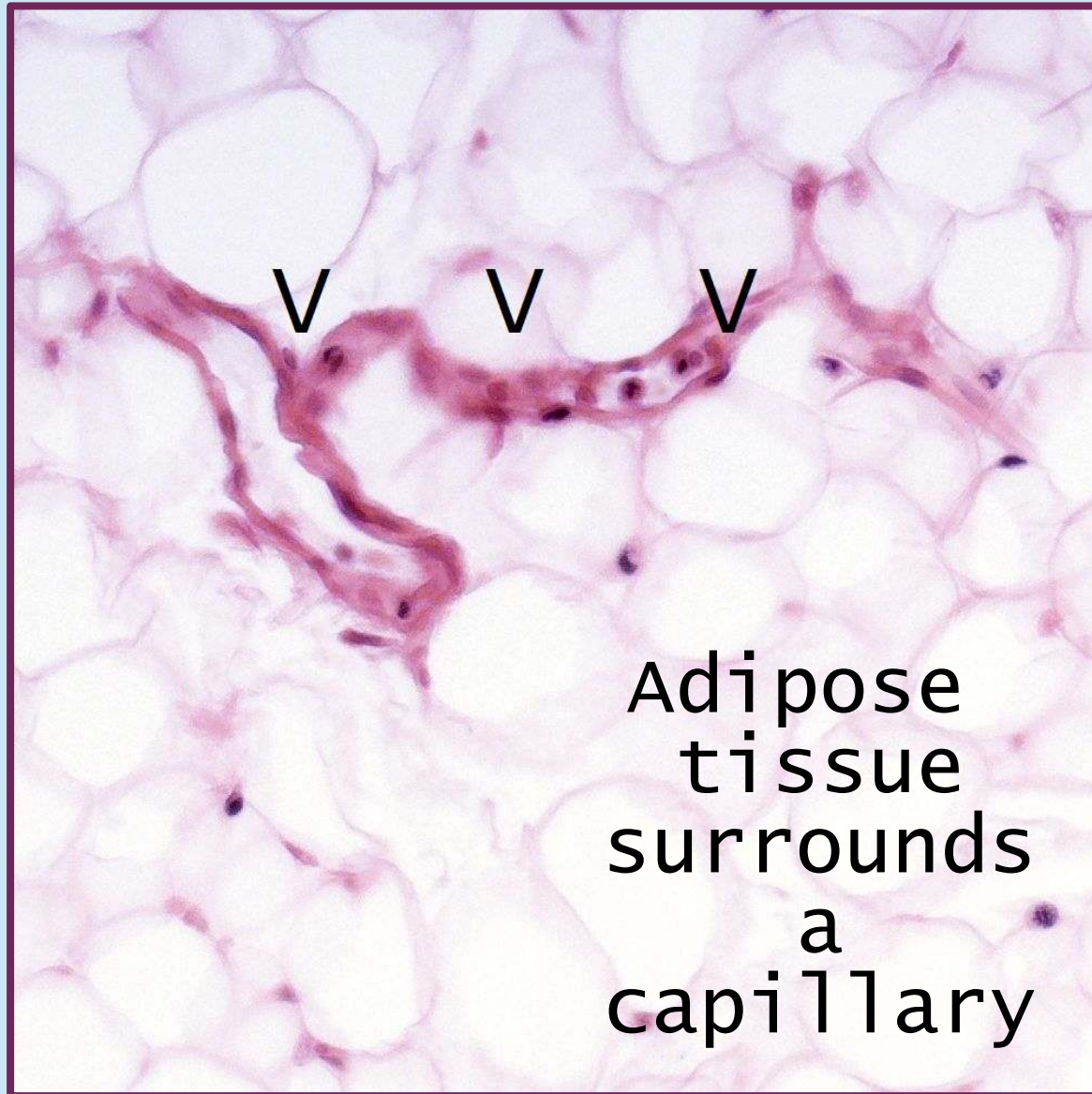
04B: More+thicker elastic lamina



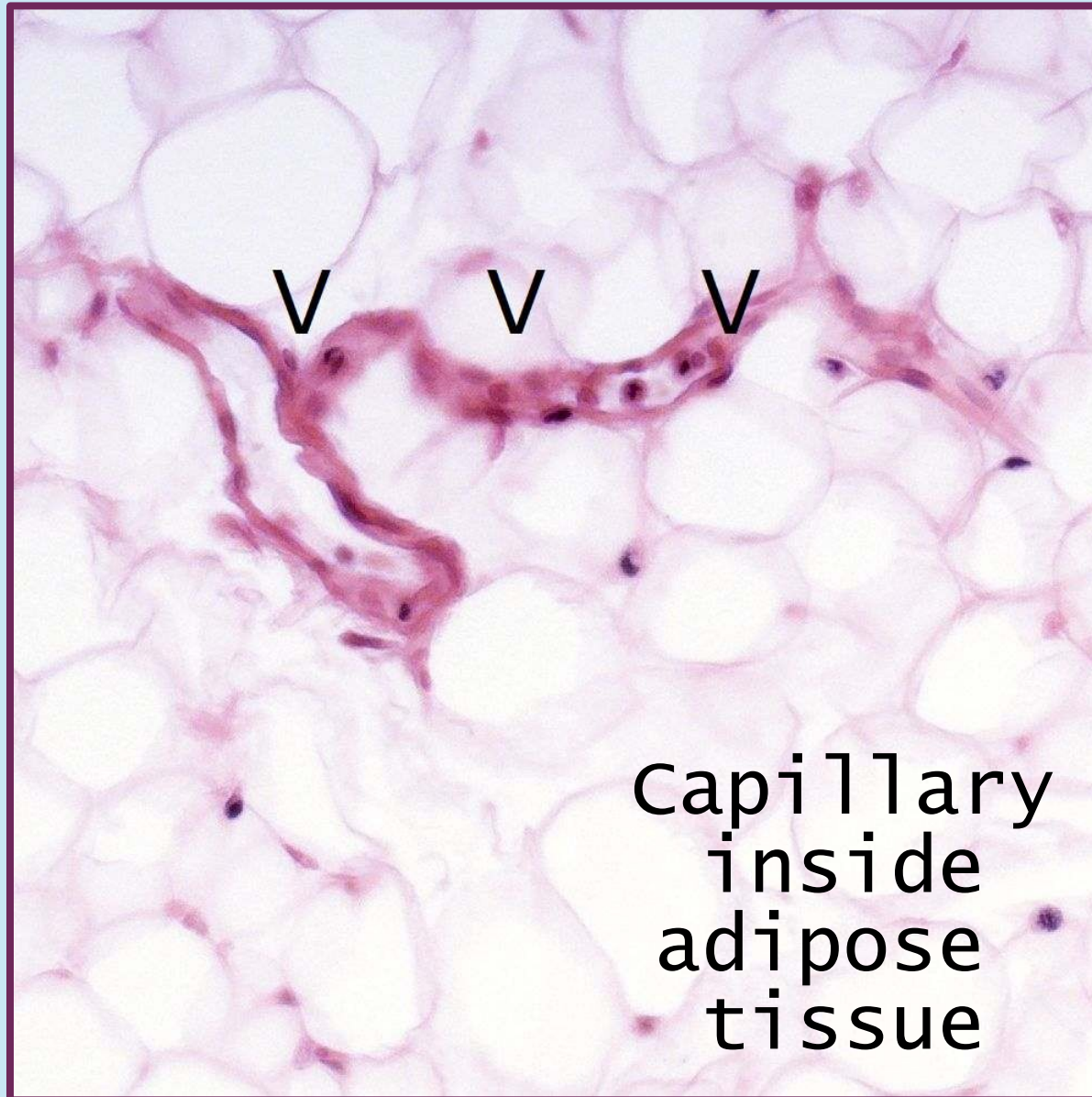
Q05/06: Identify the indicated structure



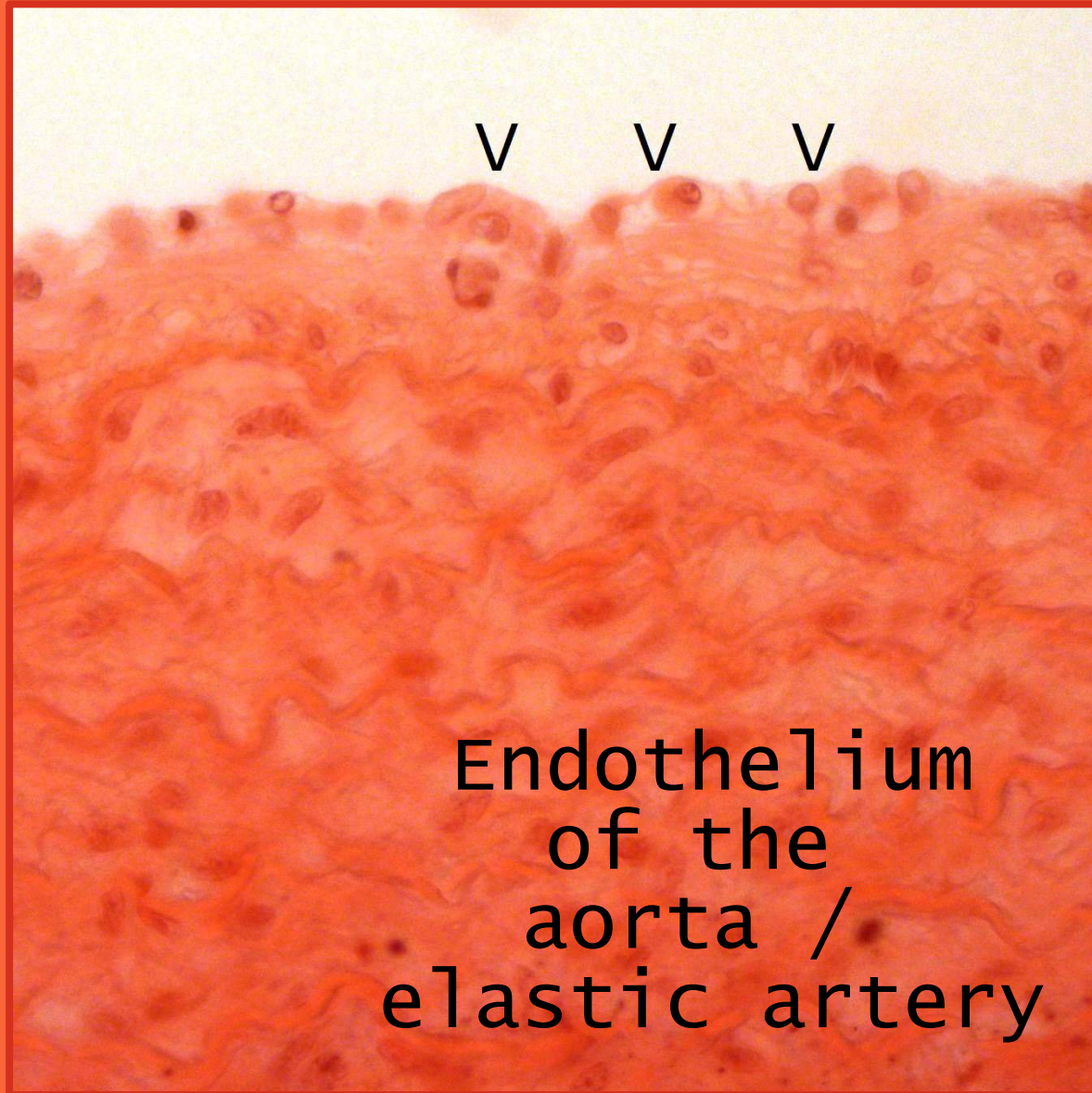
Q07 & 08: Identify the tissue surrounding the indicated structure



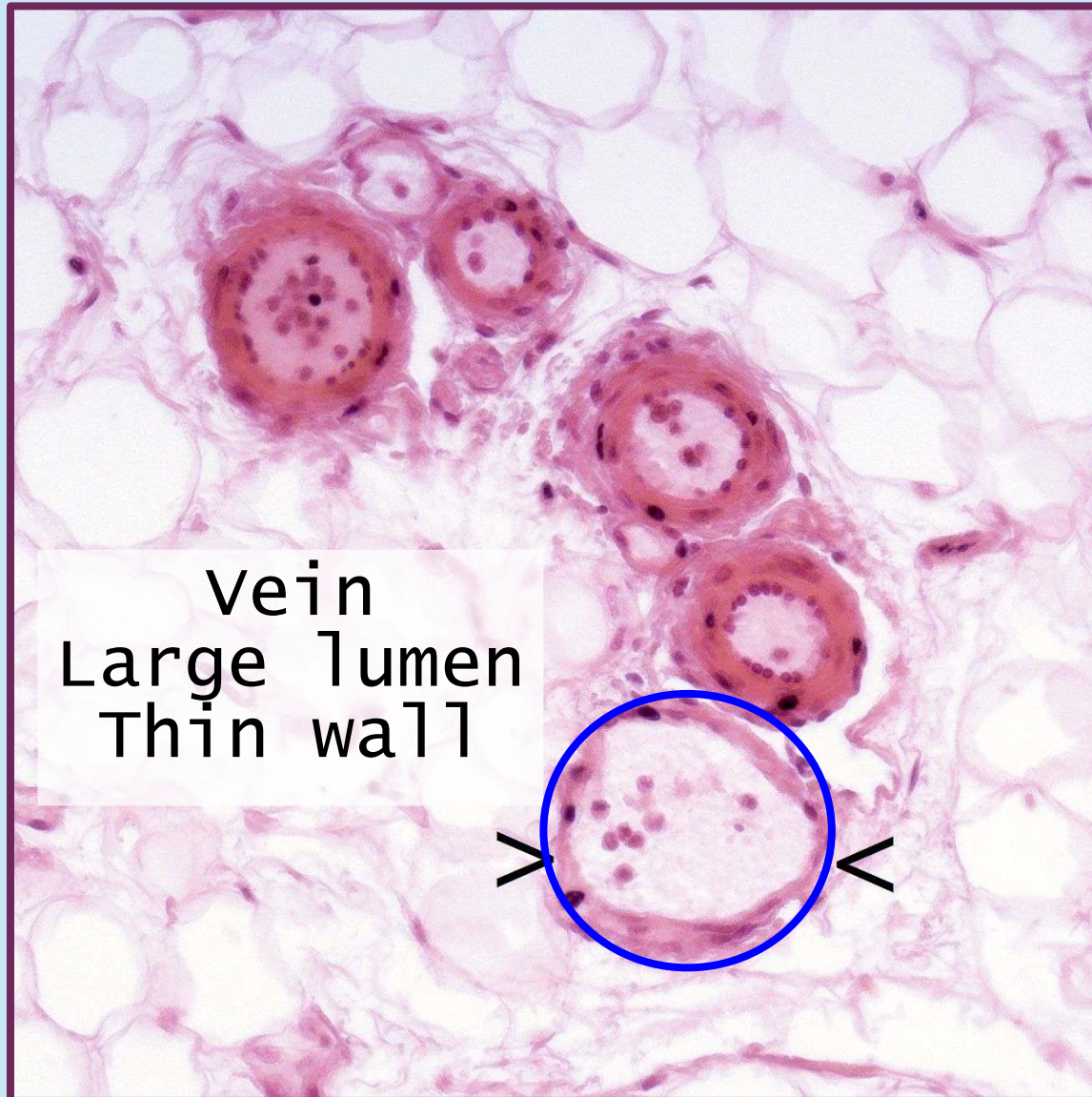
Q07/08: Identify the indicated structure



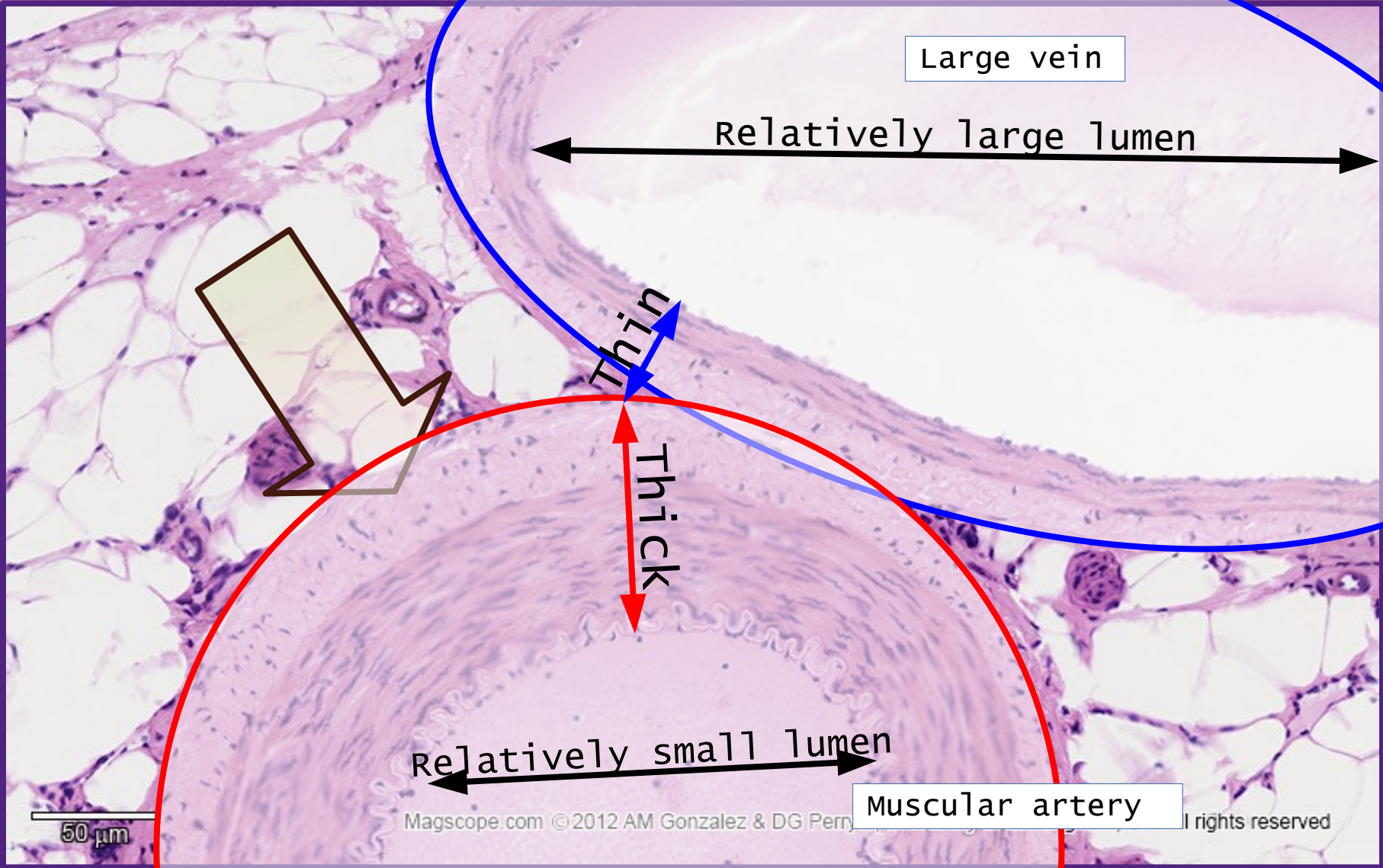
q09/10: High pressure



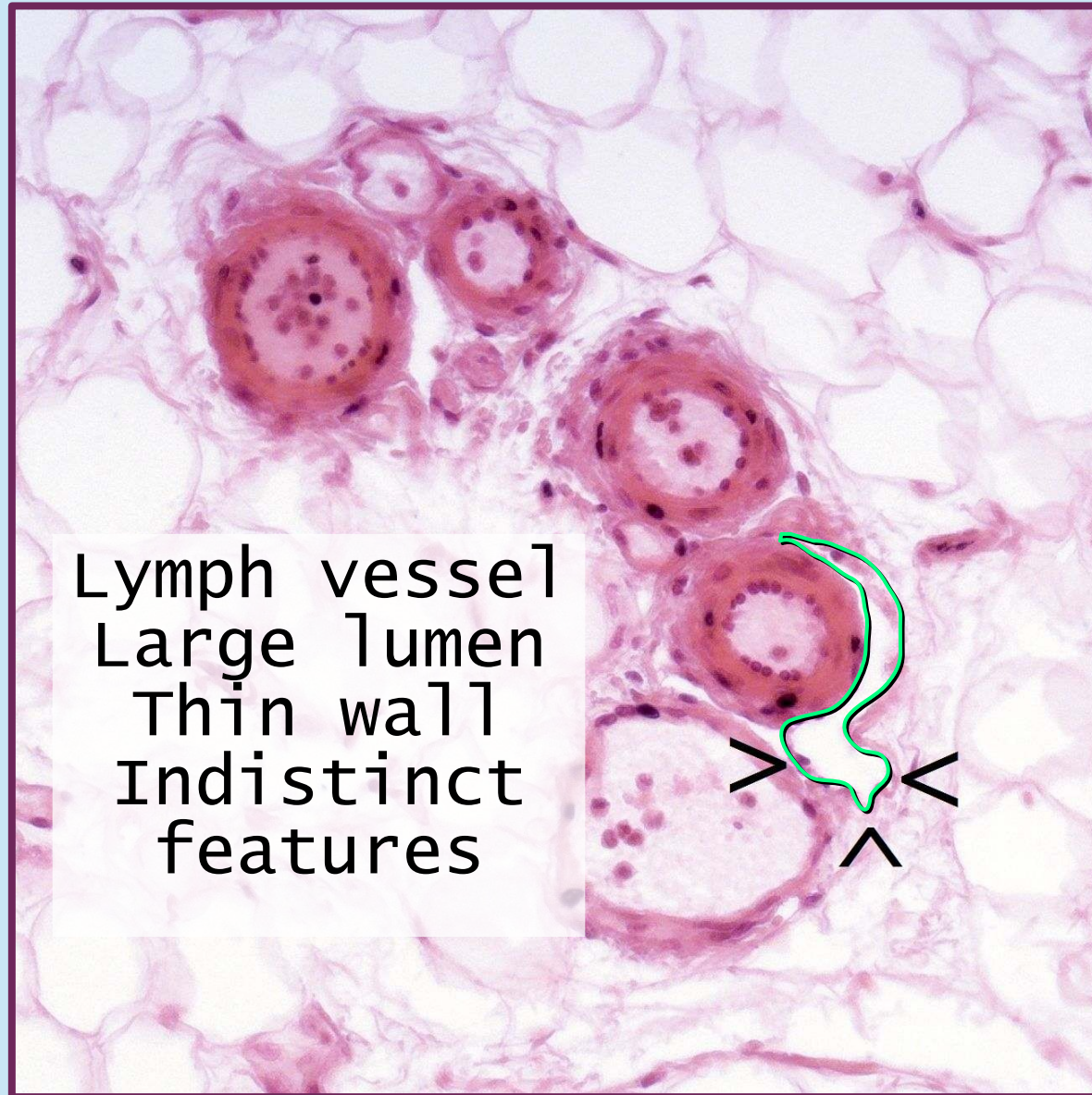
Q11: Identify the indicated structure



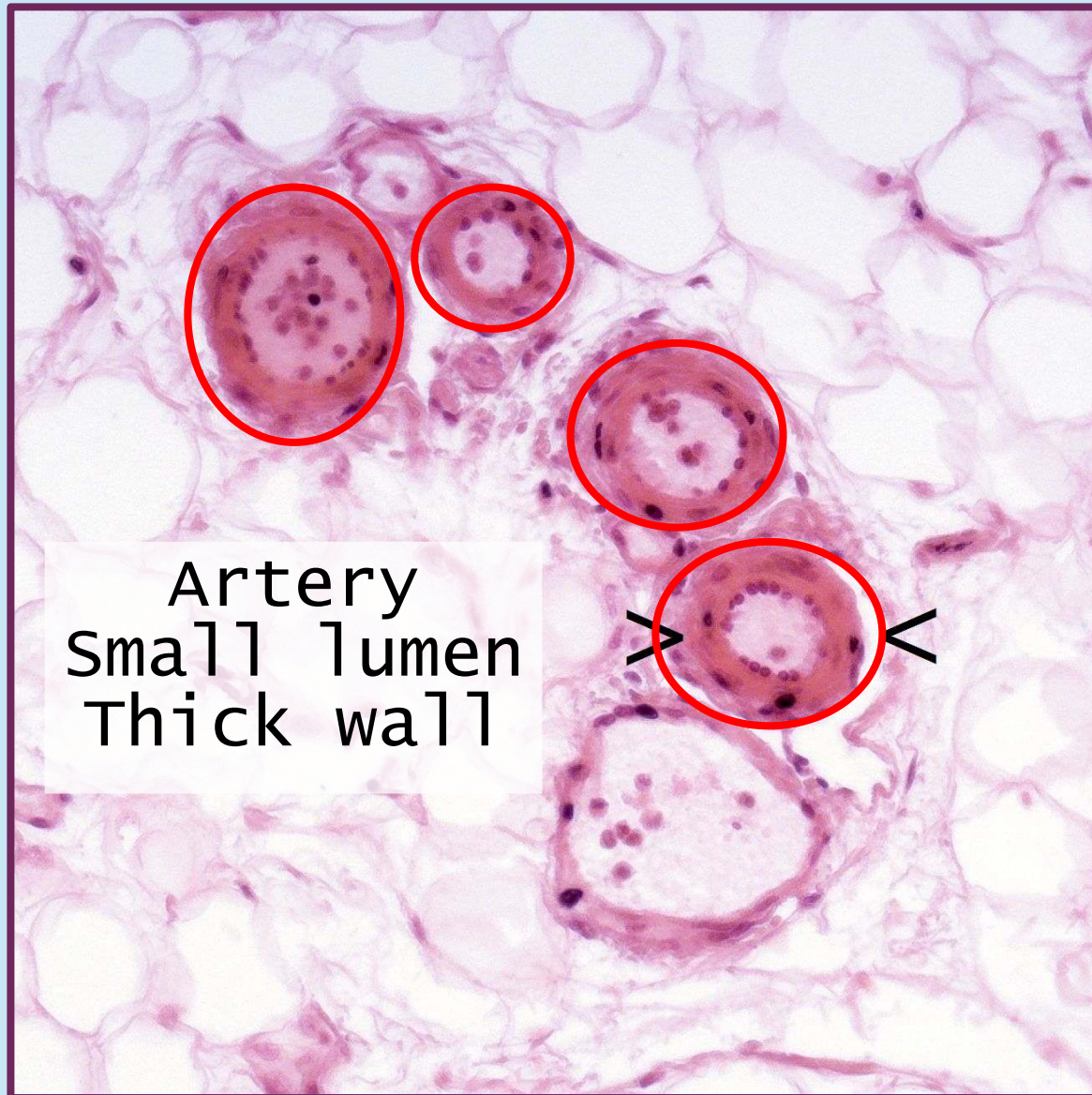
Q12 & 13: Identify the indicated structure



Q14: Identify the indicated structure



15 Identify the indicated structure



Q16: which 4 structures are usually bundled together and embedded in loose connective tissue?

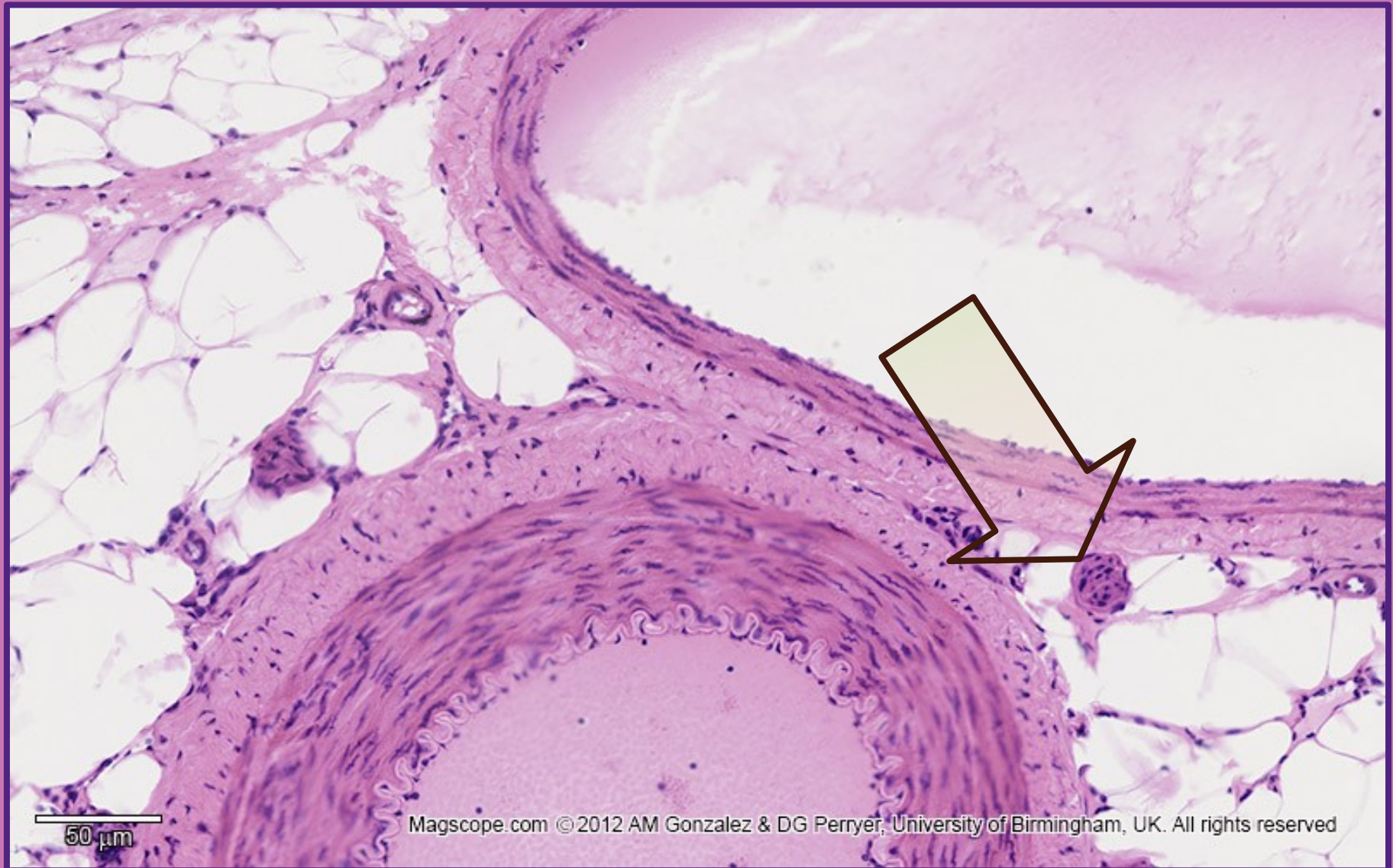
Artery

Vein

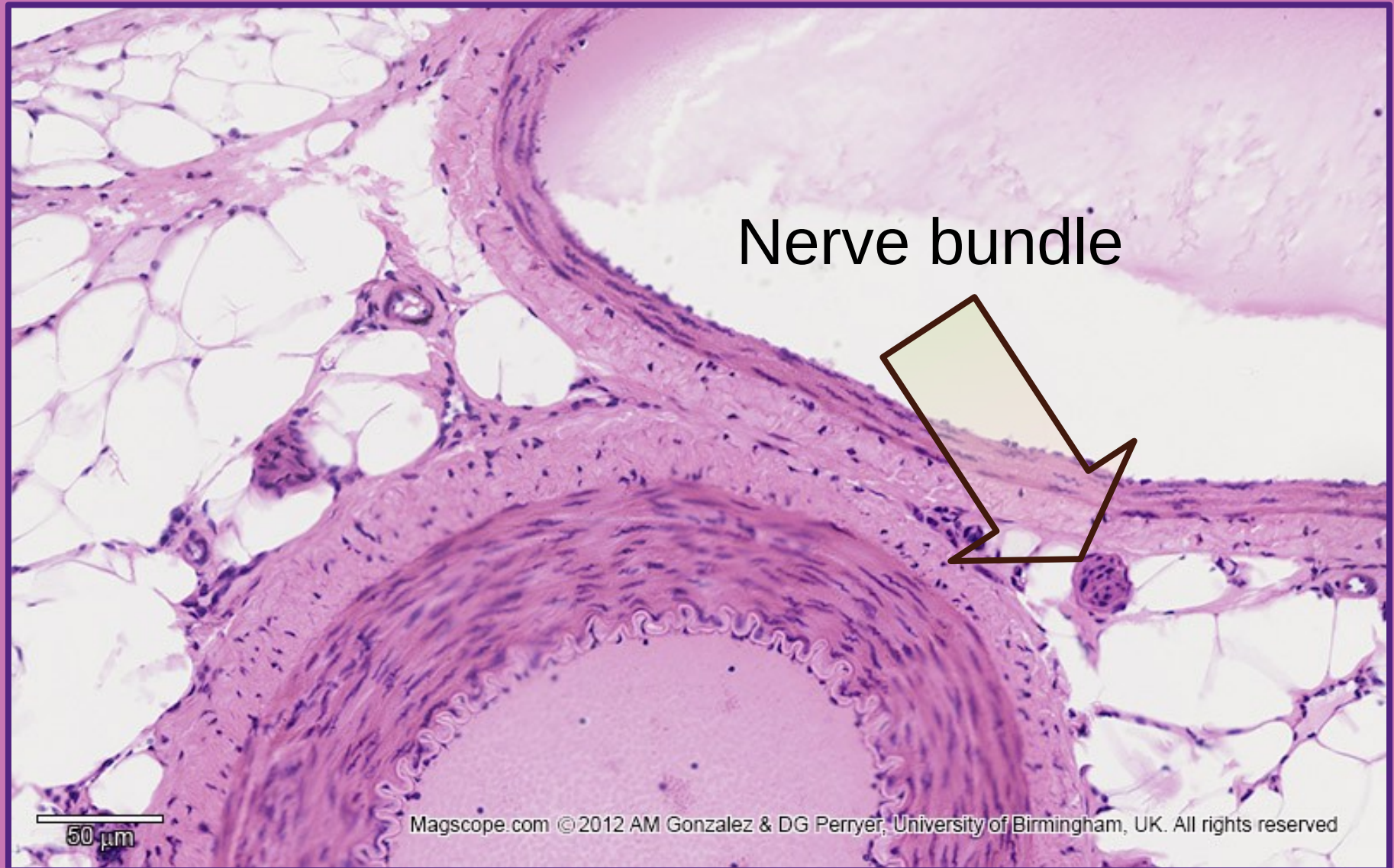
Nerve

Lymph vessel

Q17: Identify the indicated structure



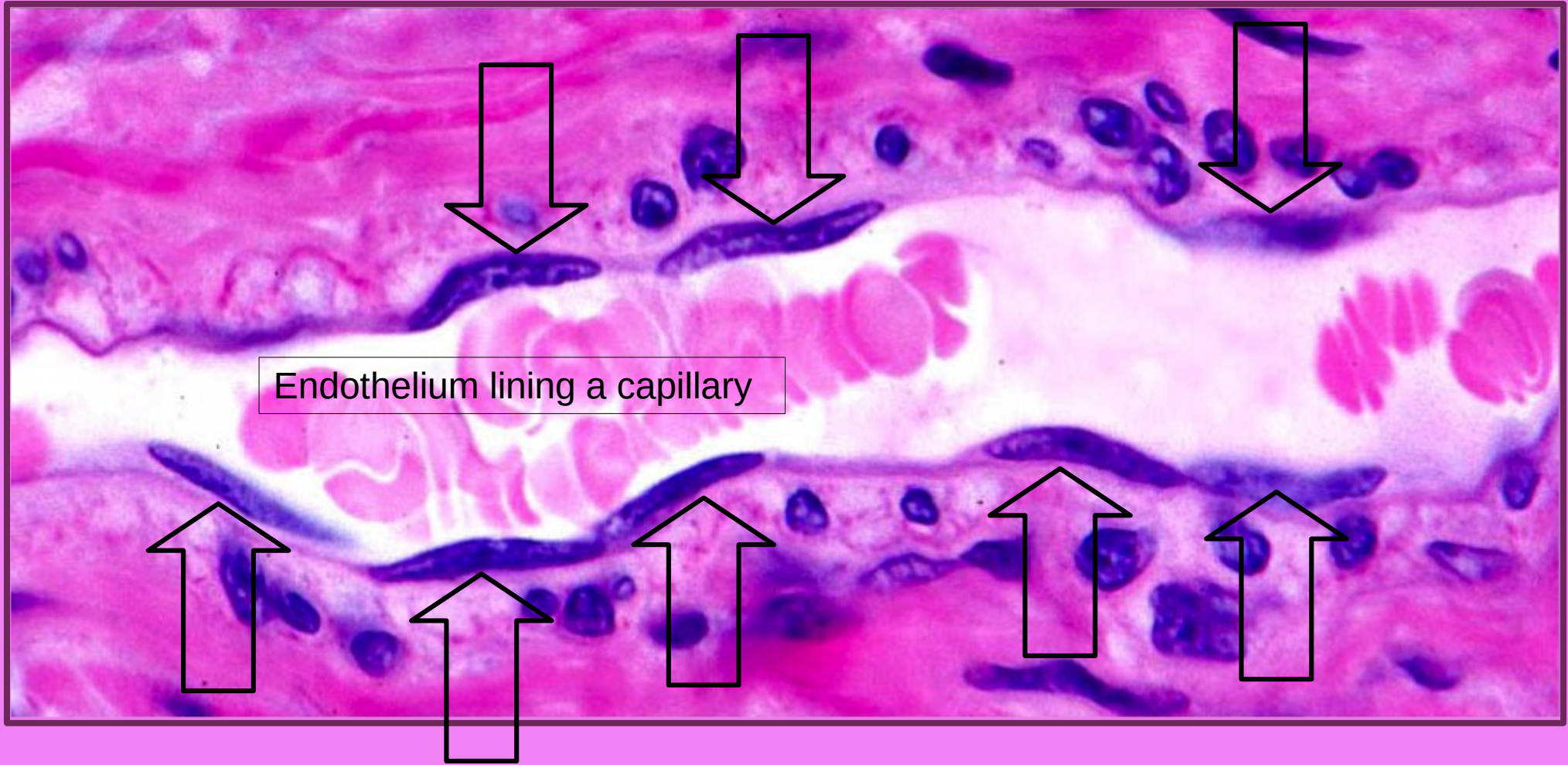
Q16/17: A+V+L+N



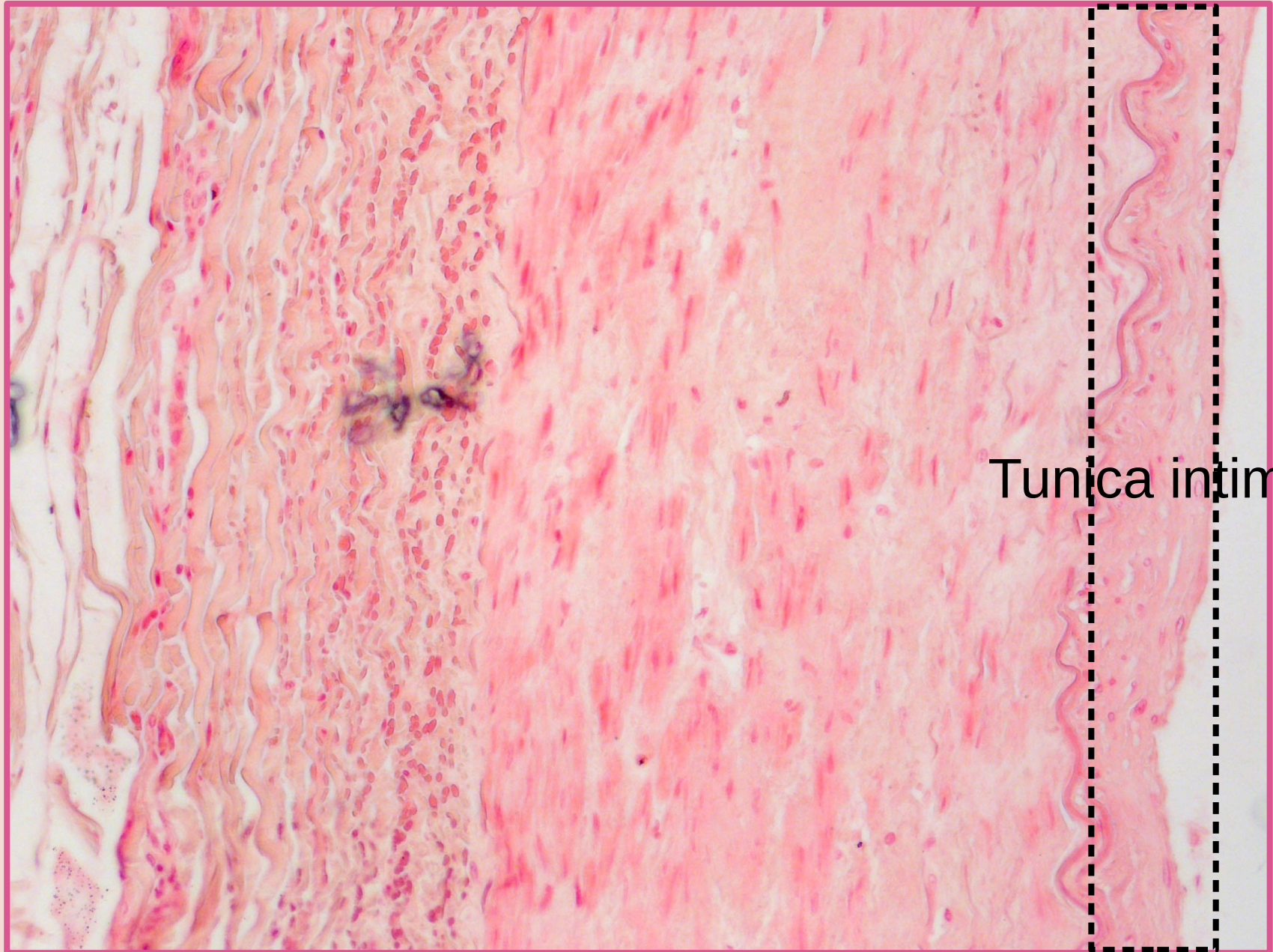
Q19: why does epithelia in the aorta and capillaries appear different?



Q18/19: High & Low pressure: bulging vs elongated nuclei

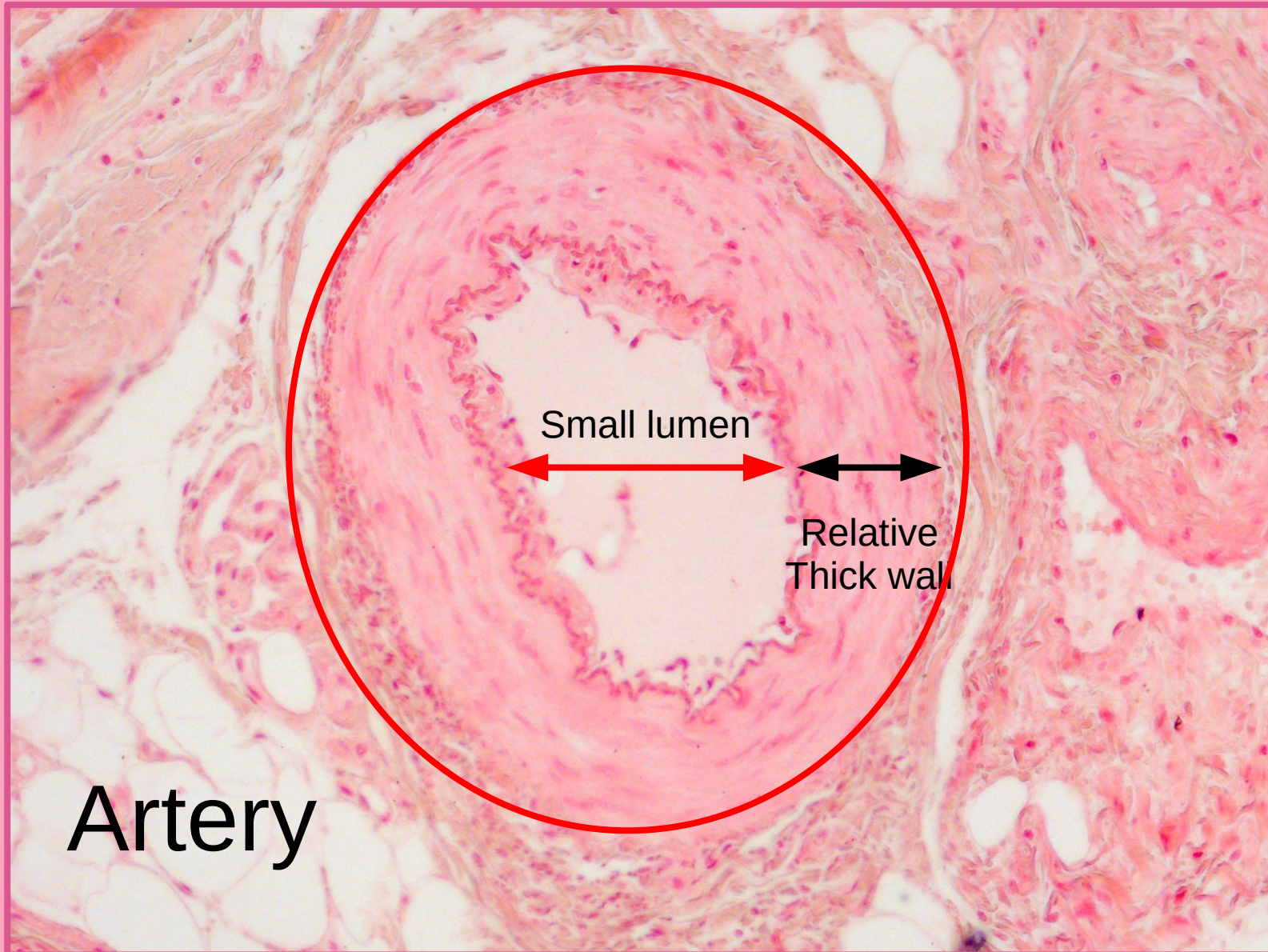


q20: Identify the layer:

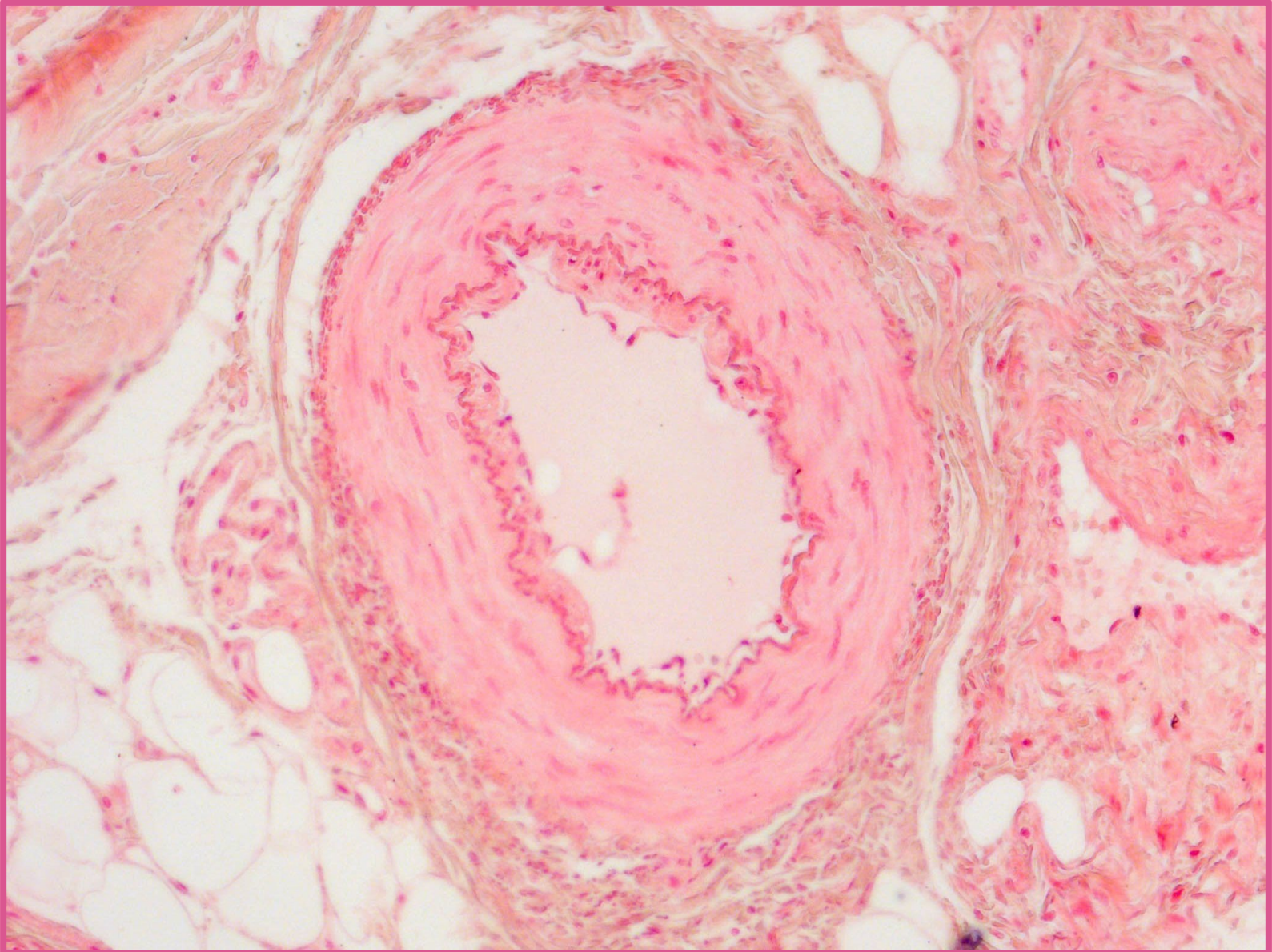


Tunica intima

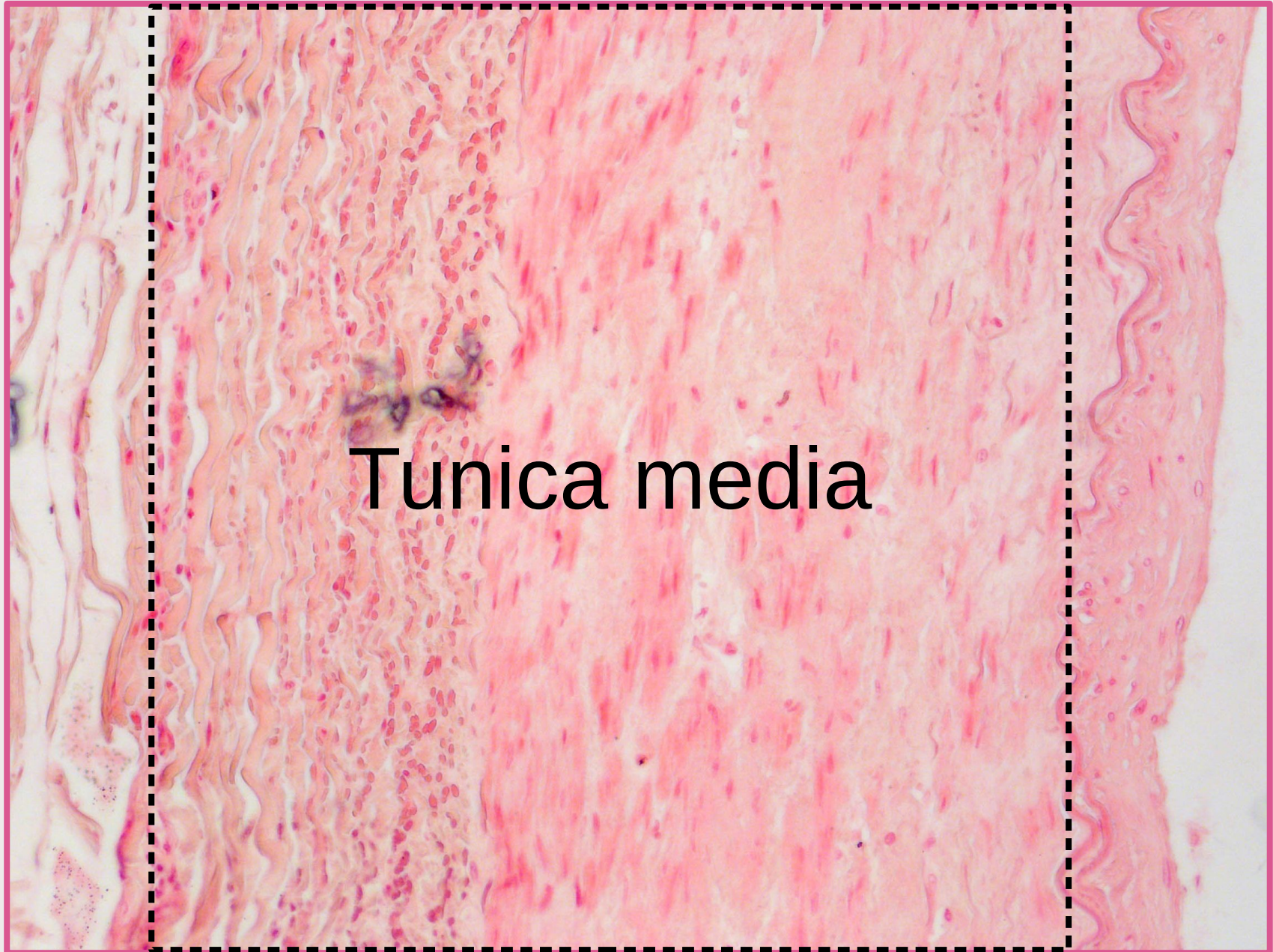
Q21: Artery, vein or lymphatic?



Q22: why is this not a lymph vessel?

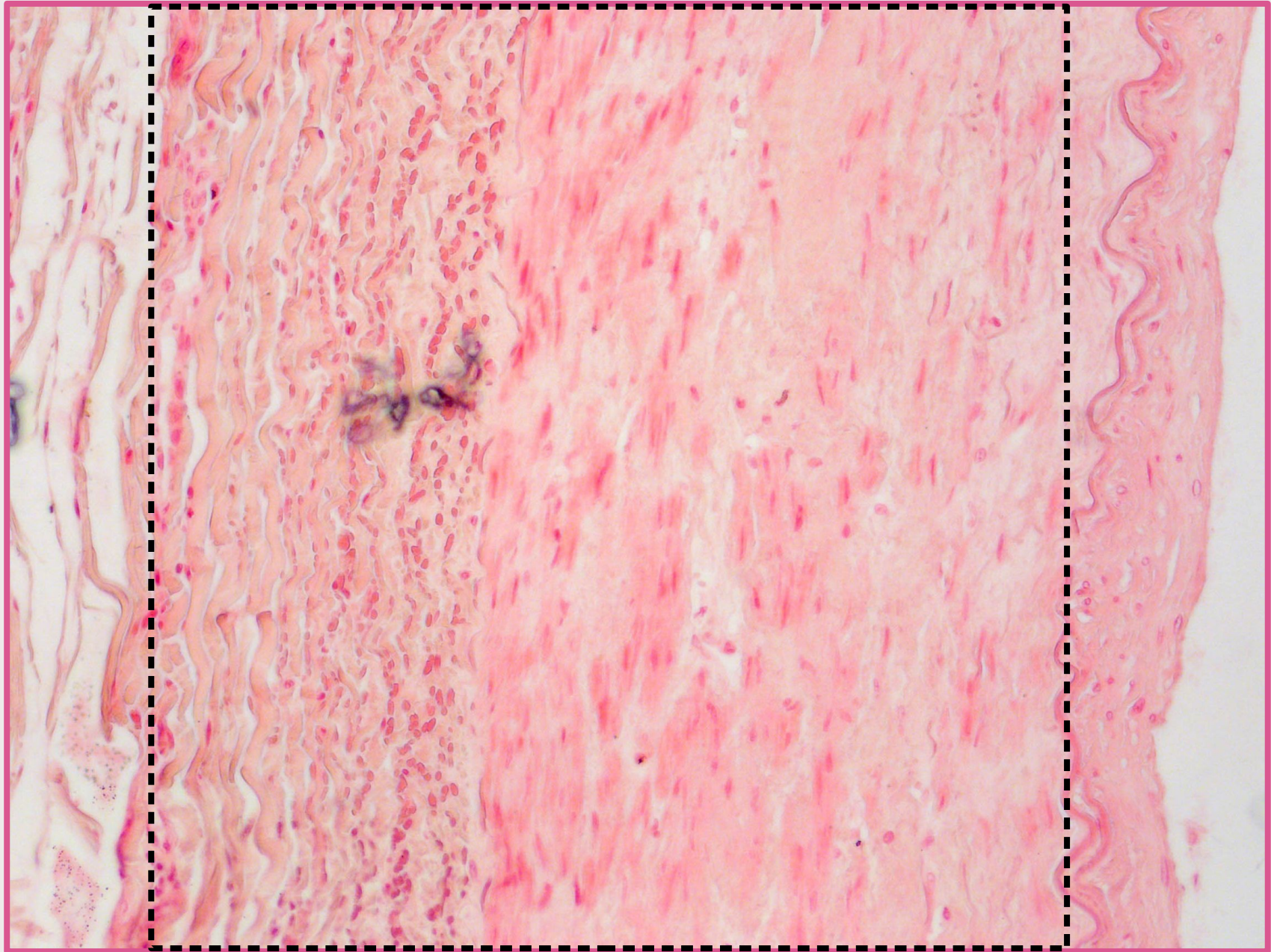


q23: subdivisions:



Tunica media

Q24: which subdivisions are seen in the indicated layer?



Adventitia

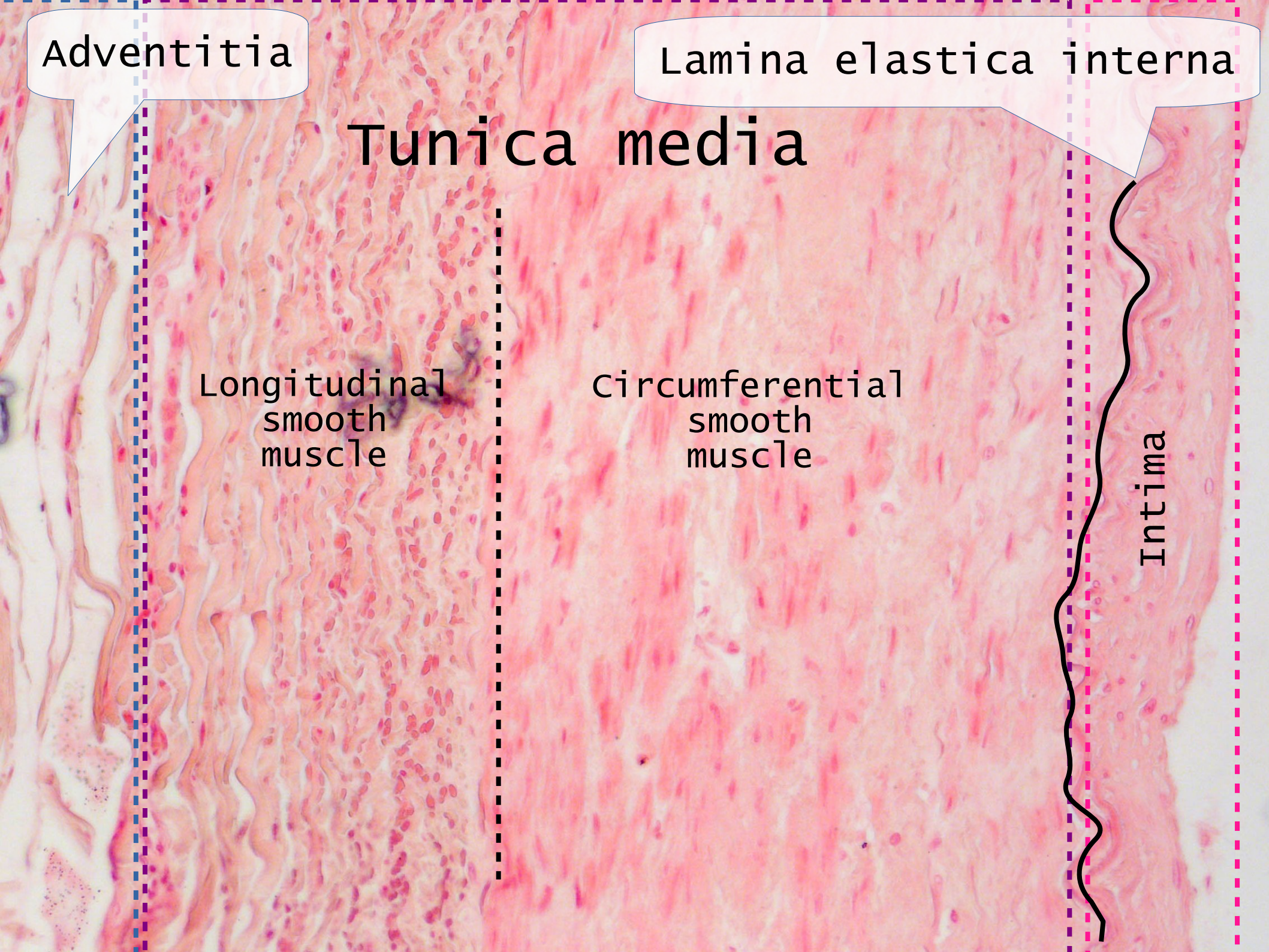
Lamina elastica interna

Tunica media

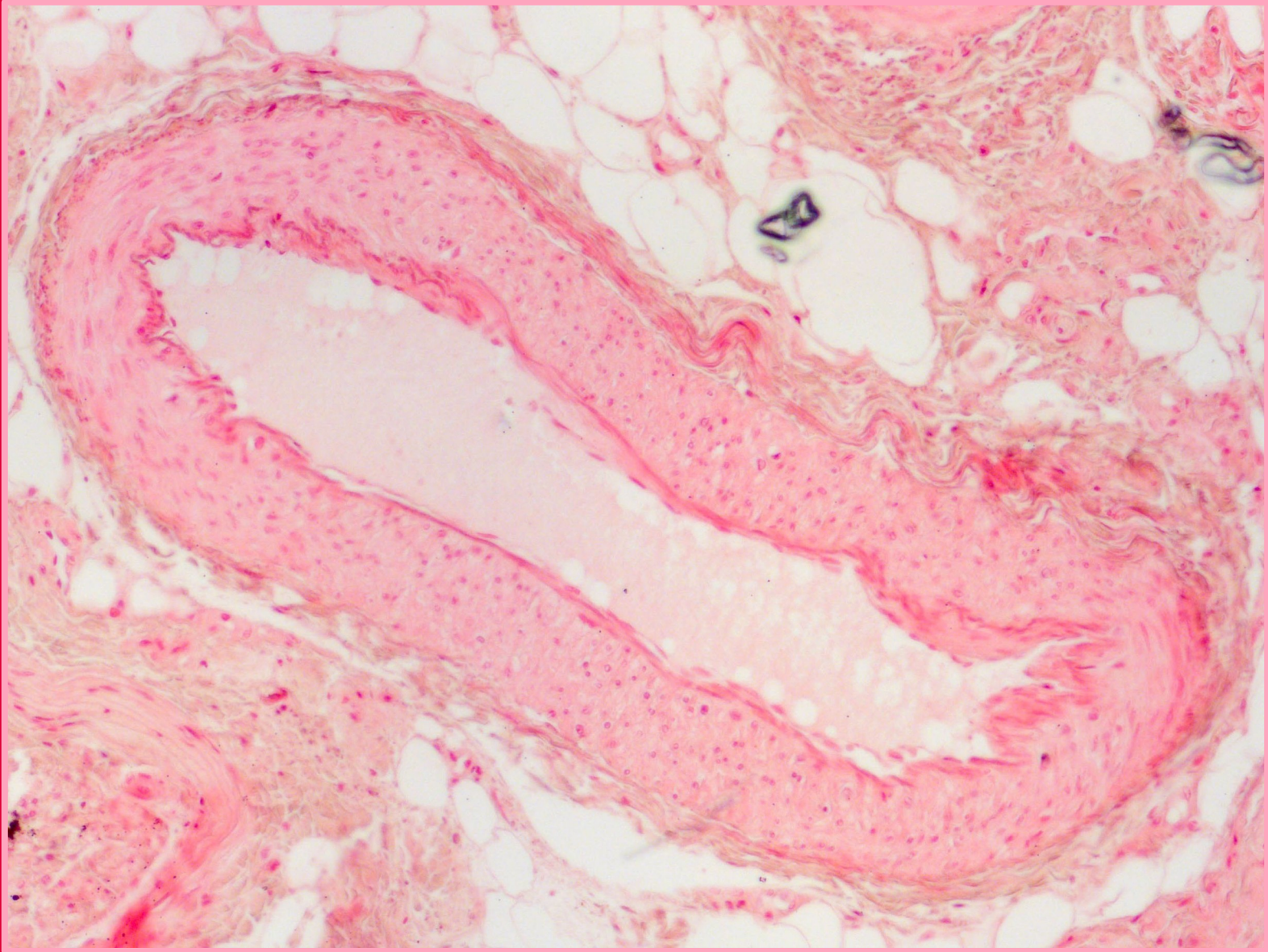
Longitudinal
smooth
muscle

Circumferential
smooth
muscle

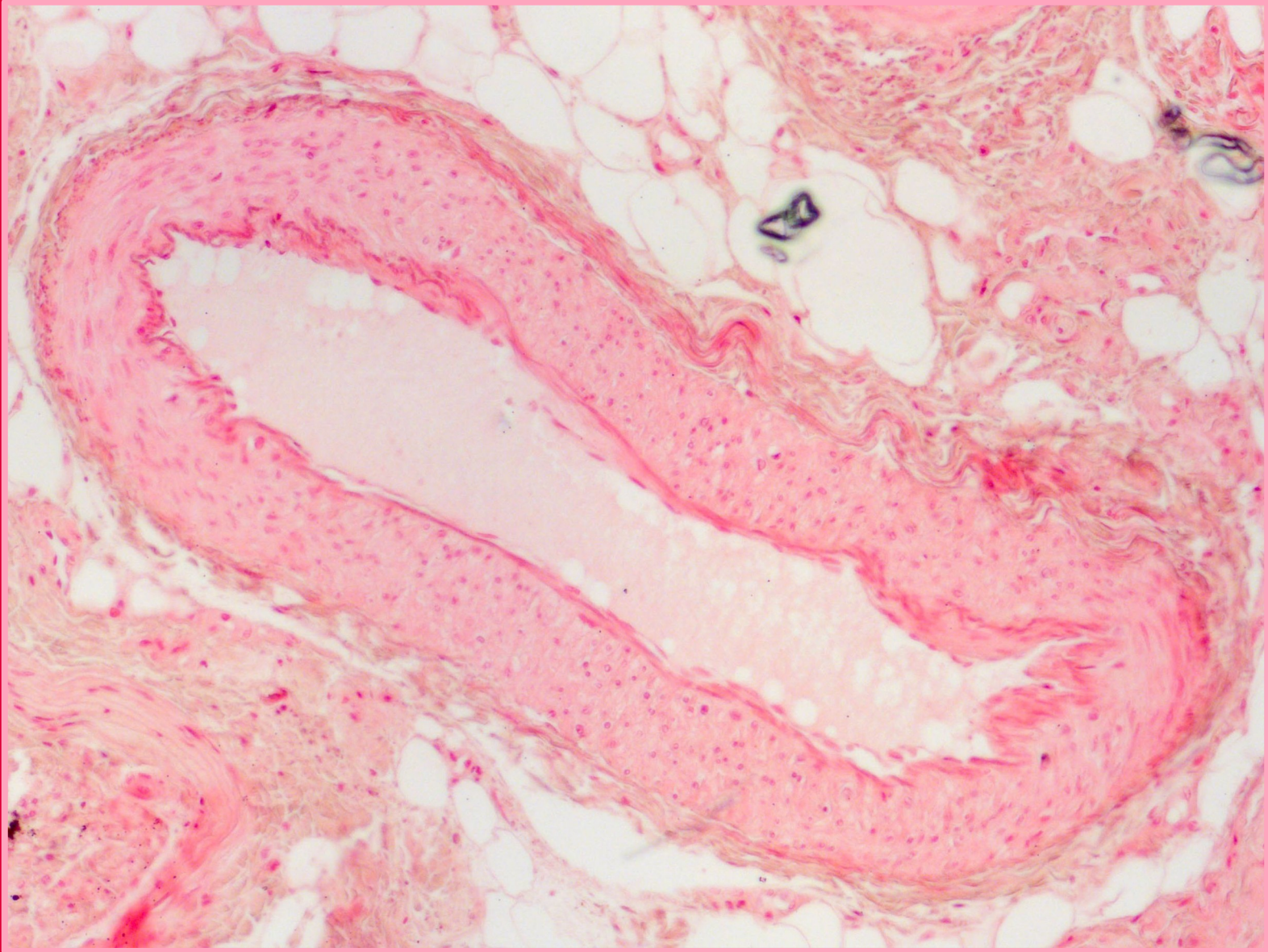
Intima



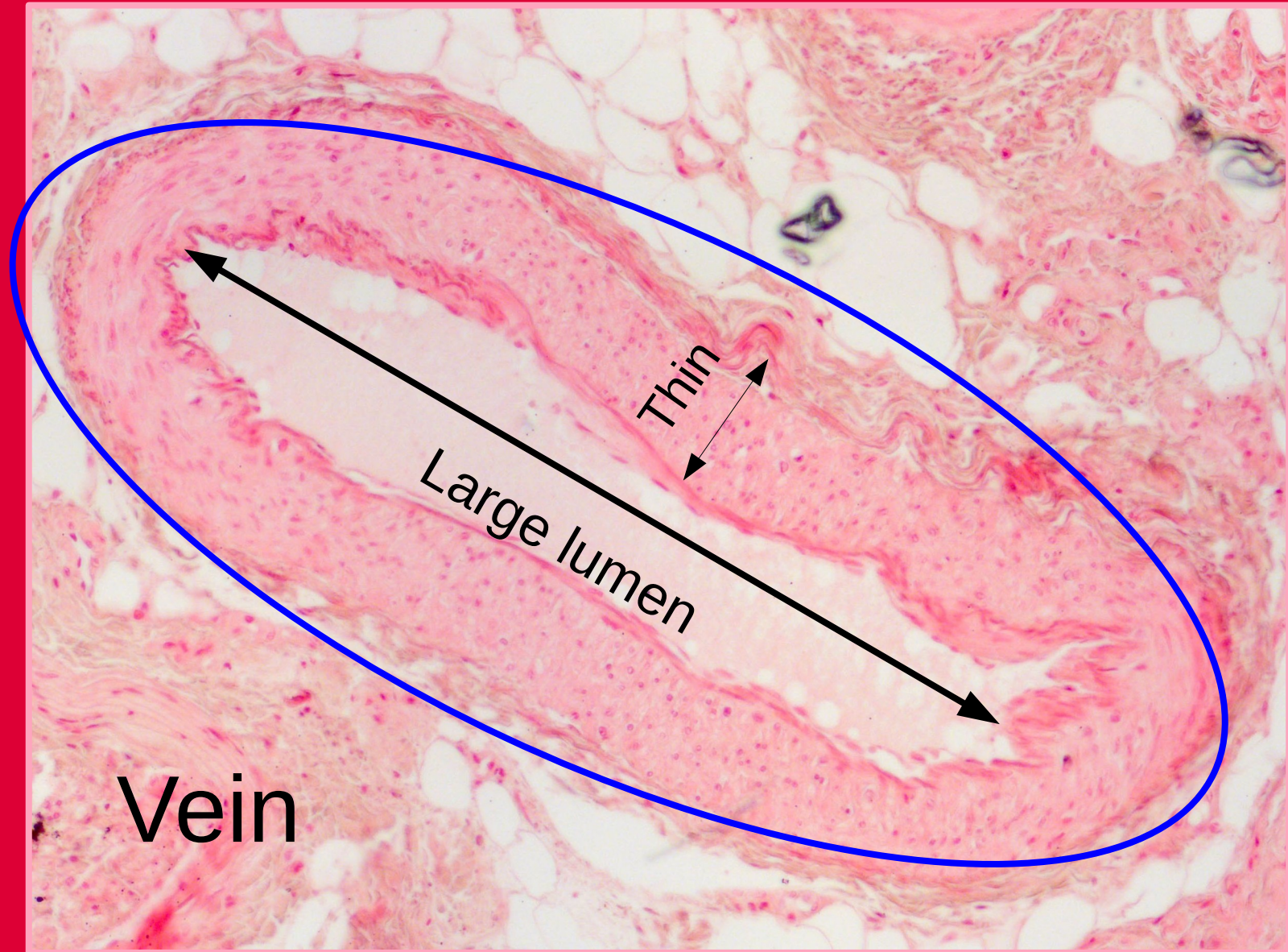
25 Artery, vein or lymphatic?



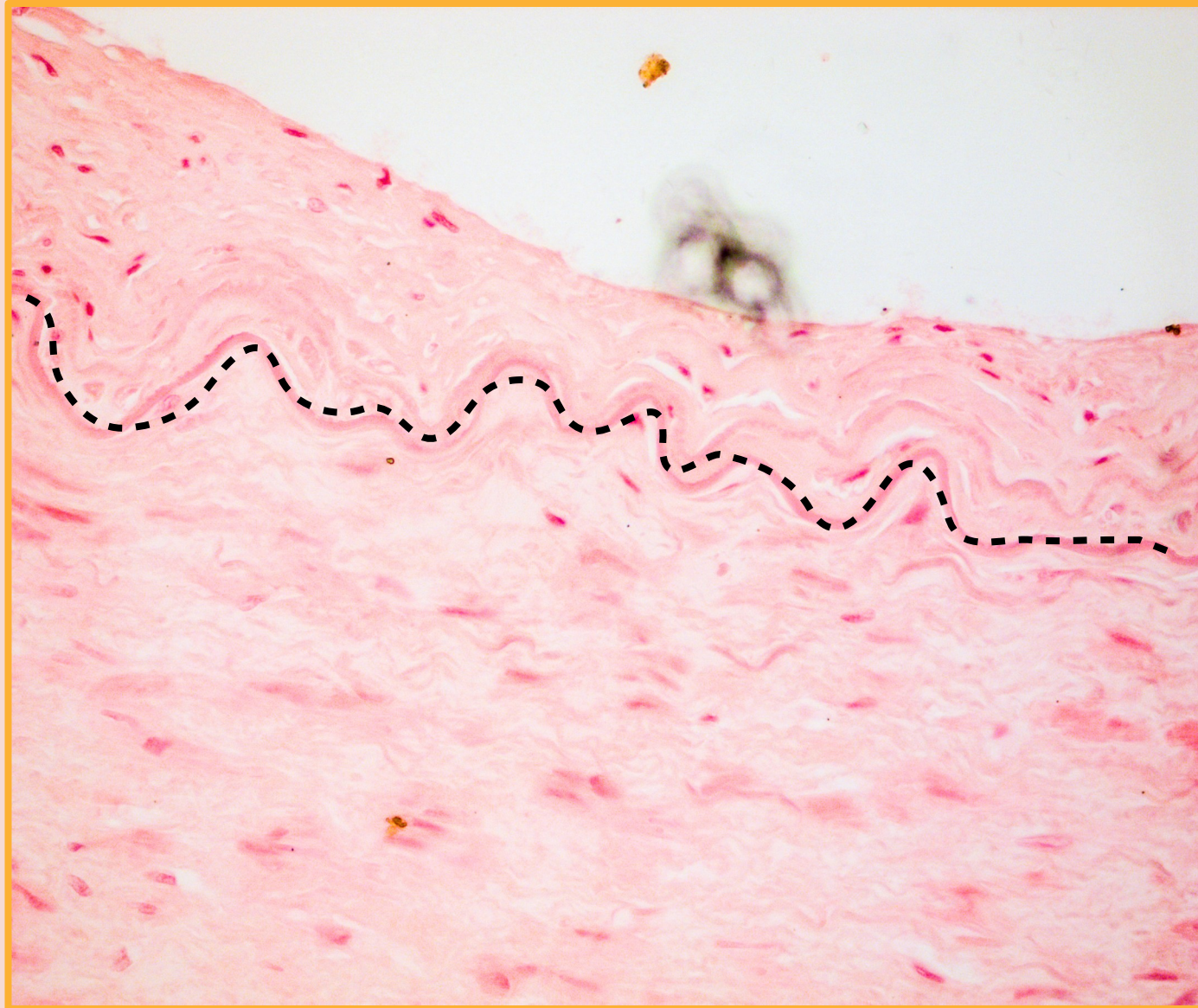
Q26: why is this likely a vein?



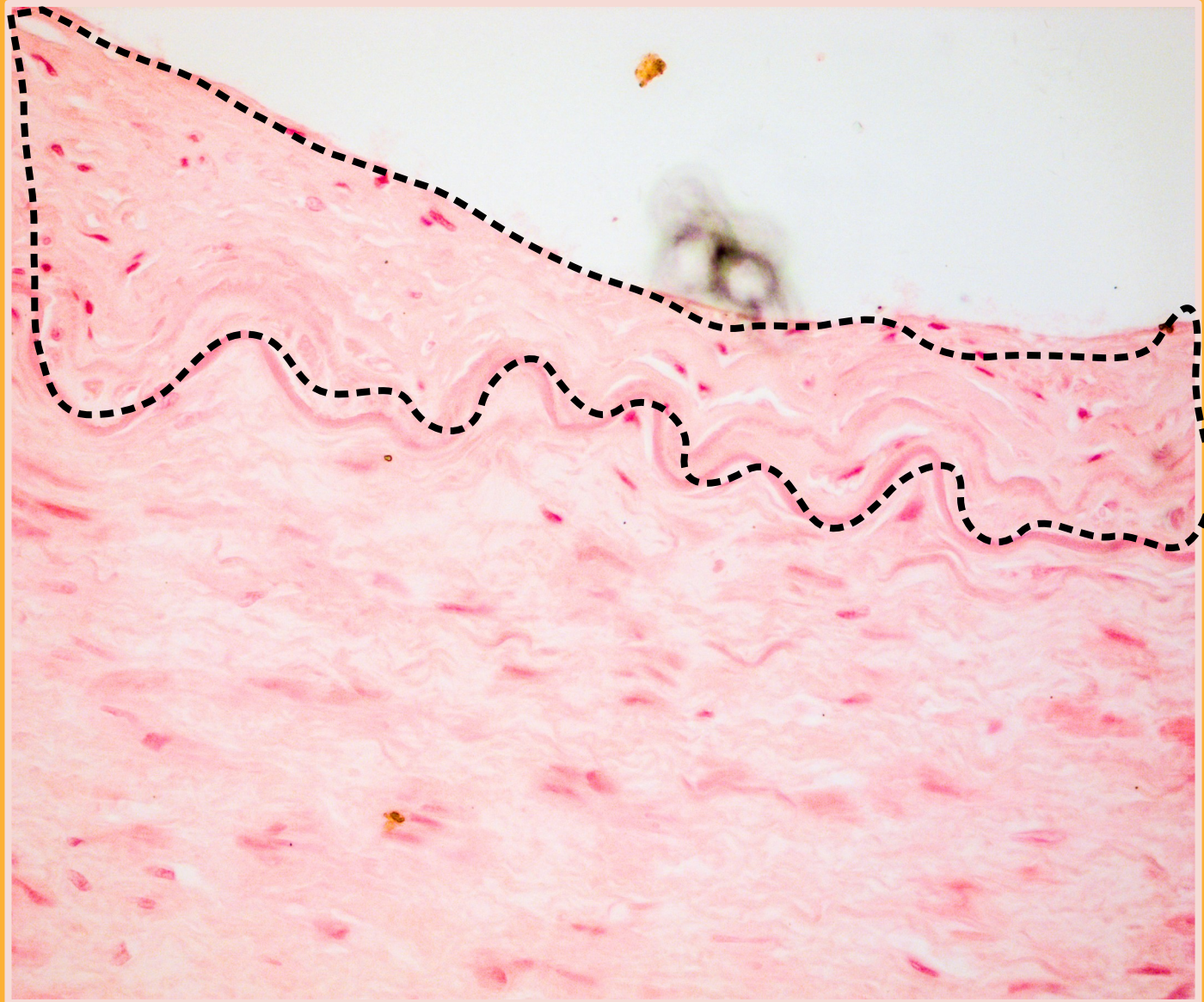
Q25/26: Artery, vein or lymphatic?



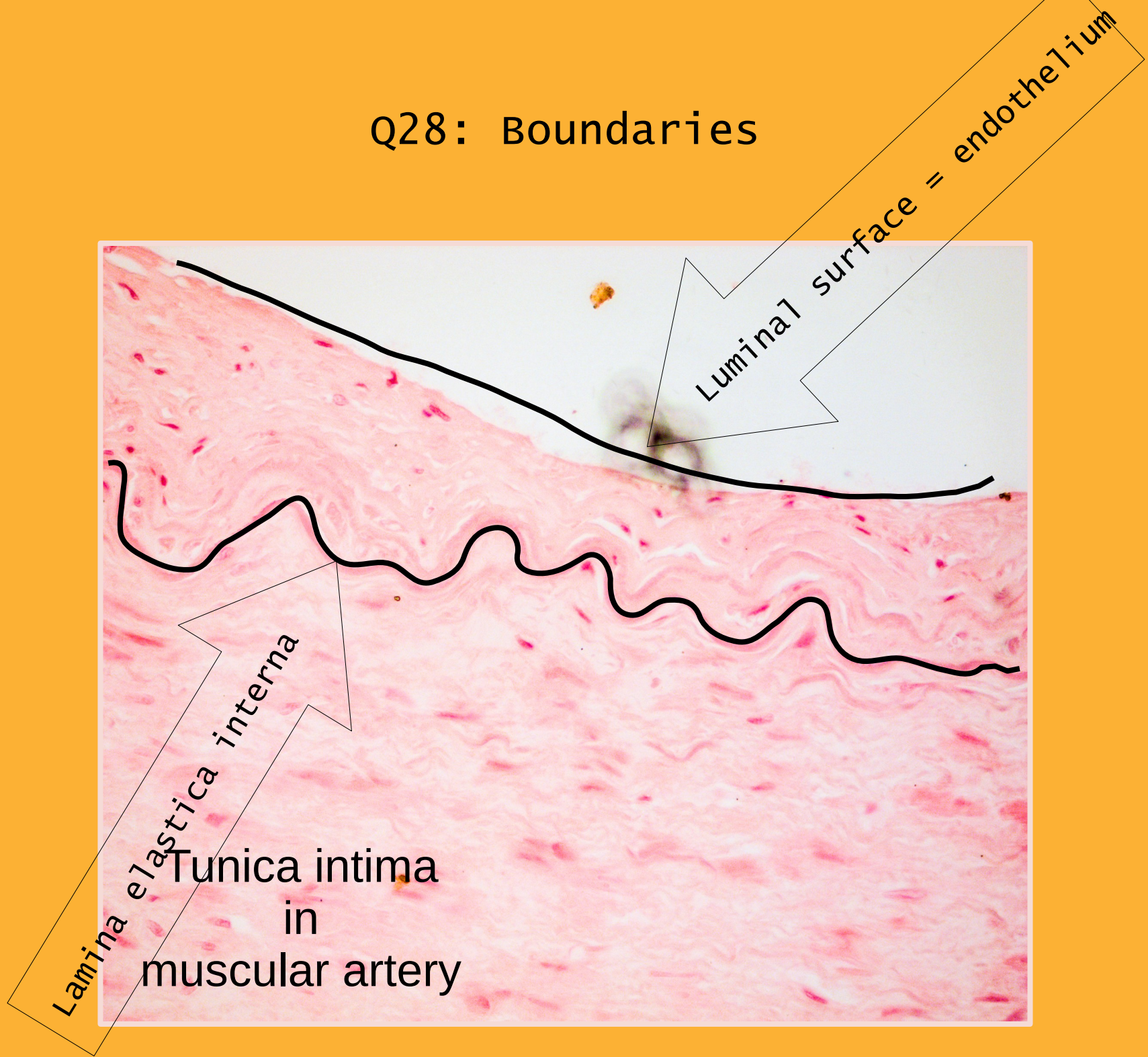
27A Identify the structure:



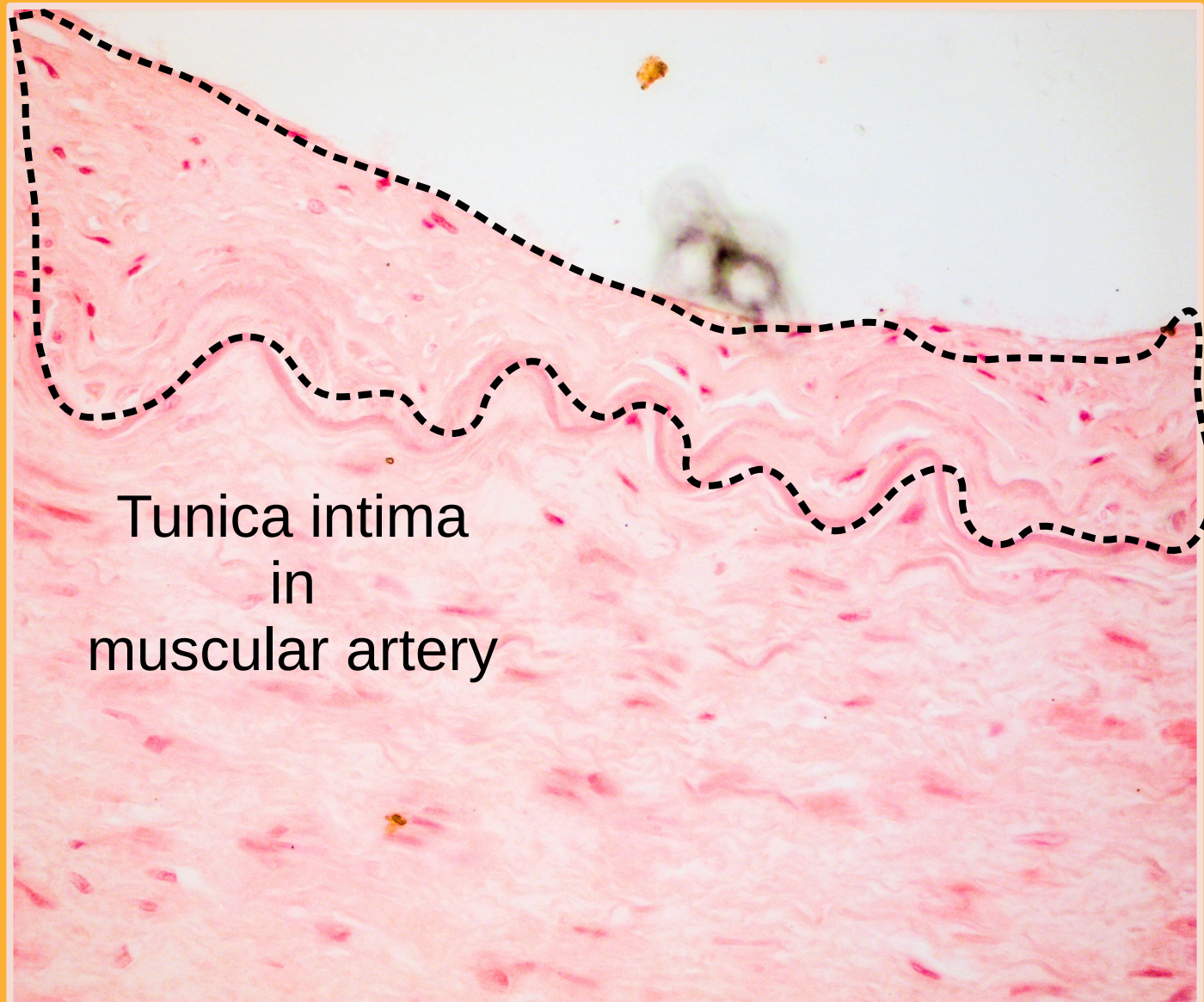
27B Identify the indicated layer:



Q28: Boundaries



Q29/29: Boundaries and content

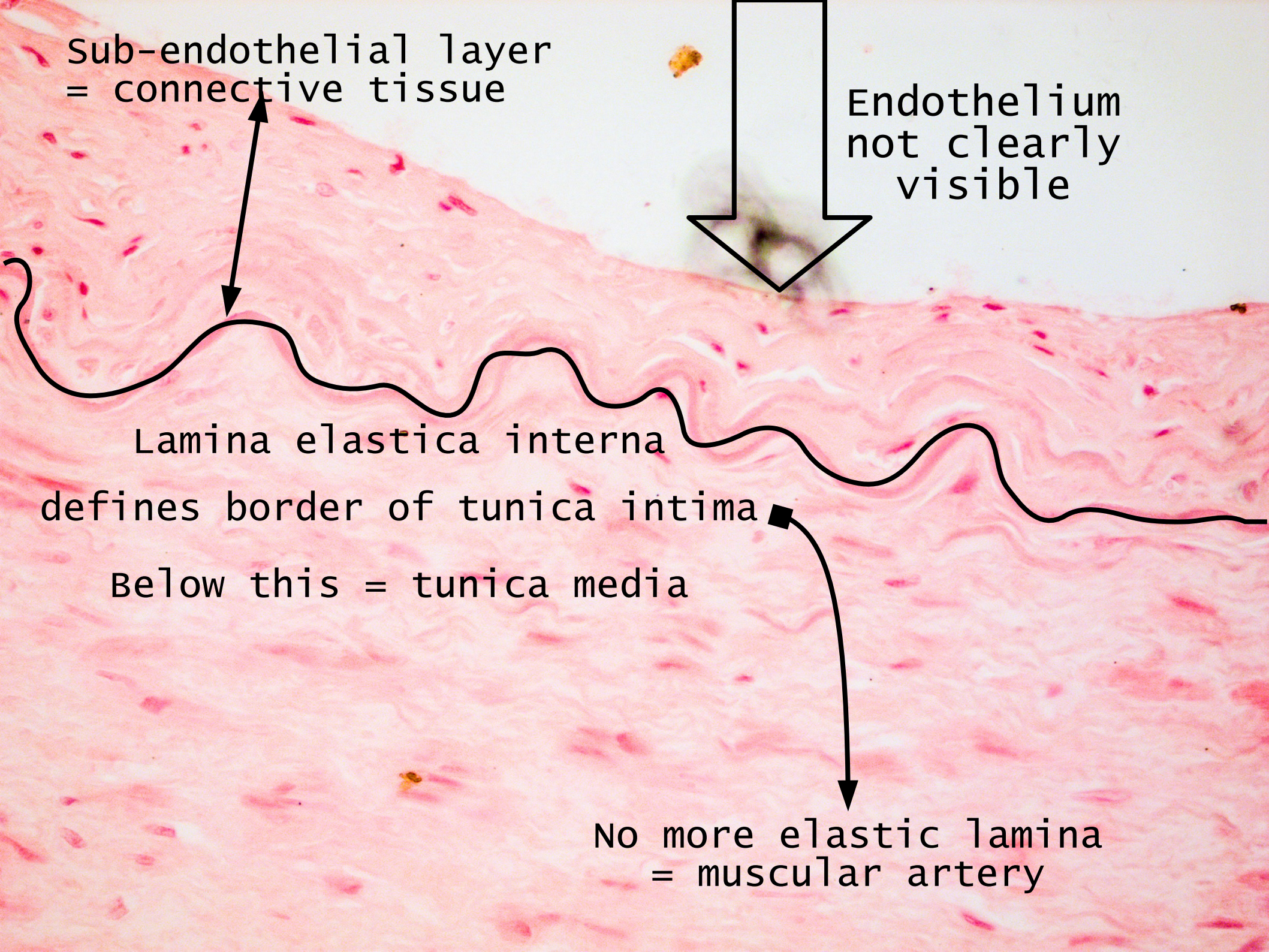


Sub-endothelial layer
= connective tissue

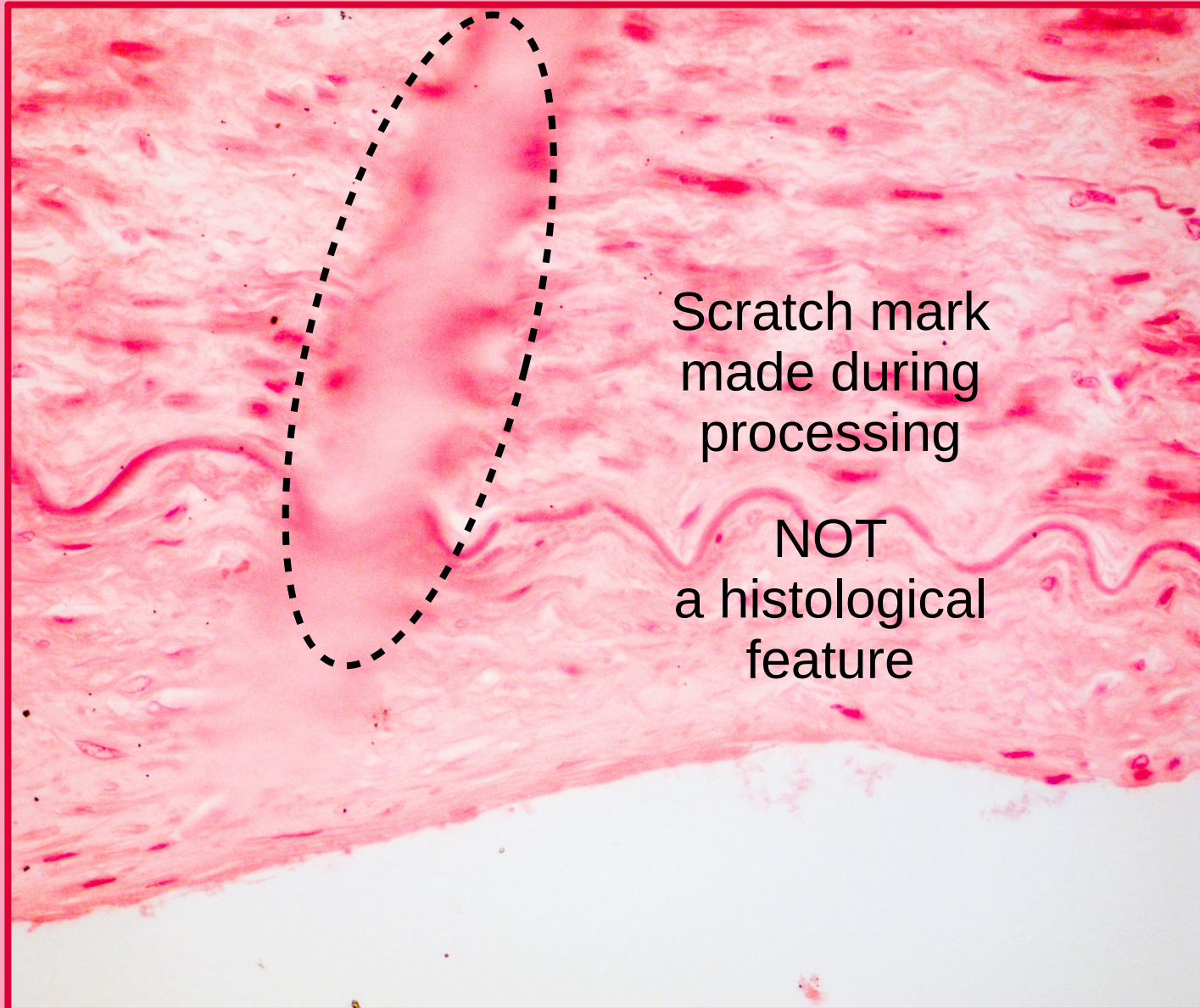
Endothelium
not clearly
visible

Lamina elastica interna
defines border of tunica intima
Below this = tunica media

No more elastic lamina
= muscular artery



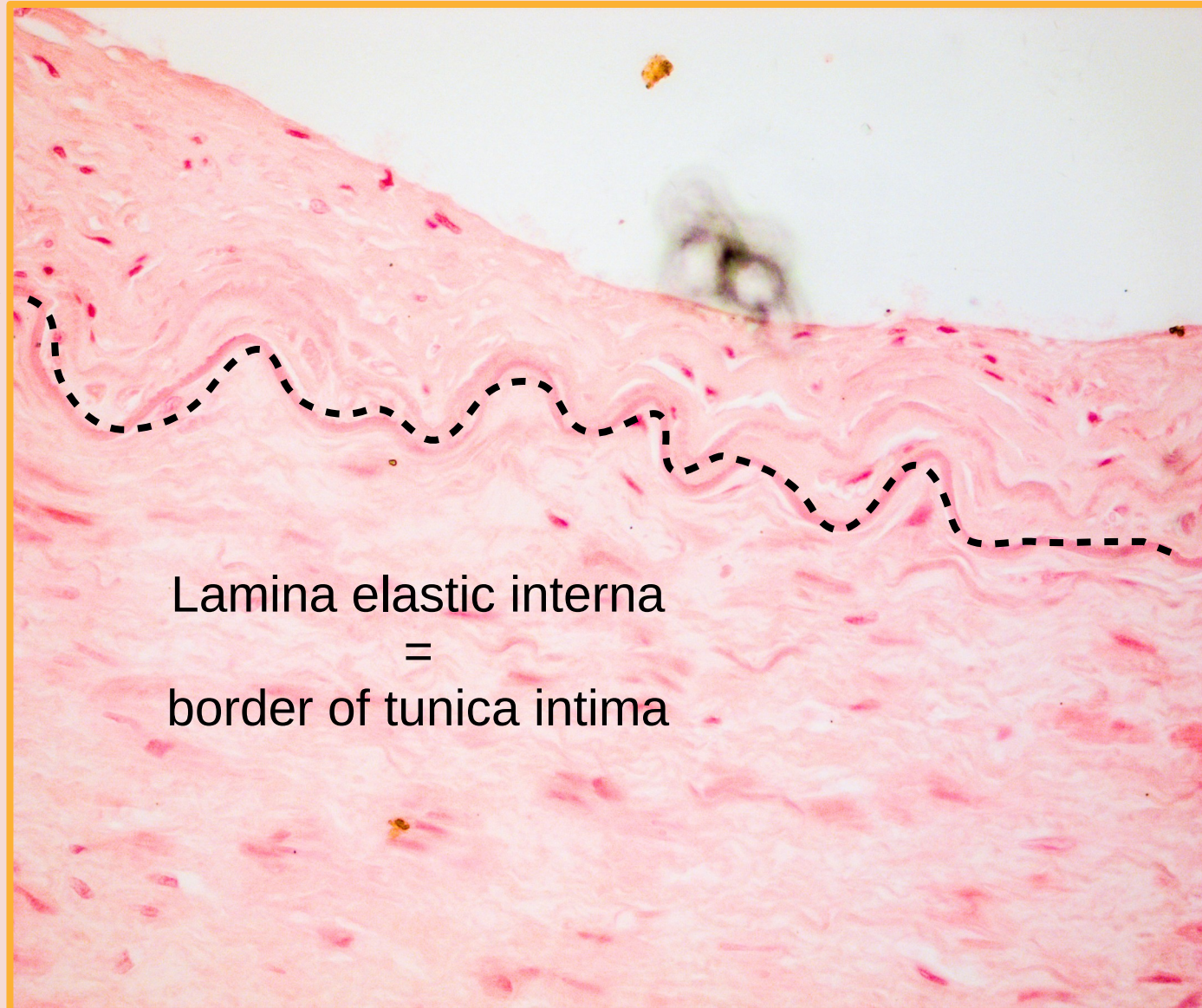
30 Identify the feature:



Scratch mark
made during
processing

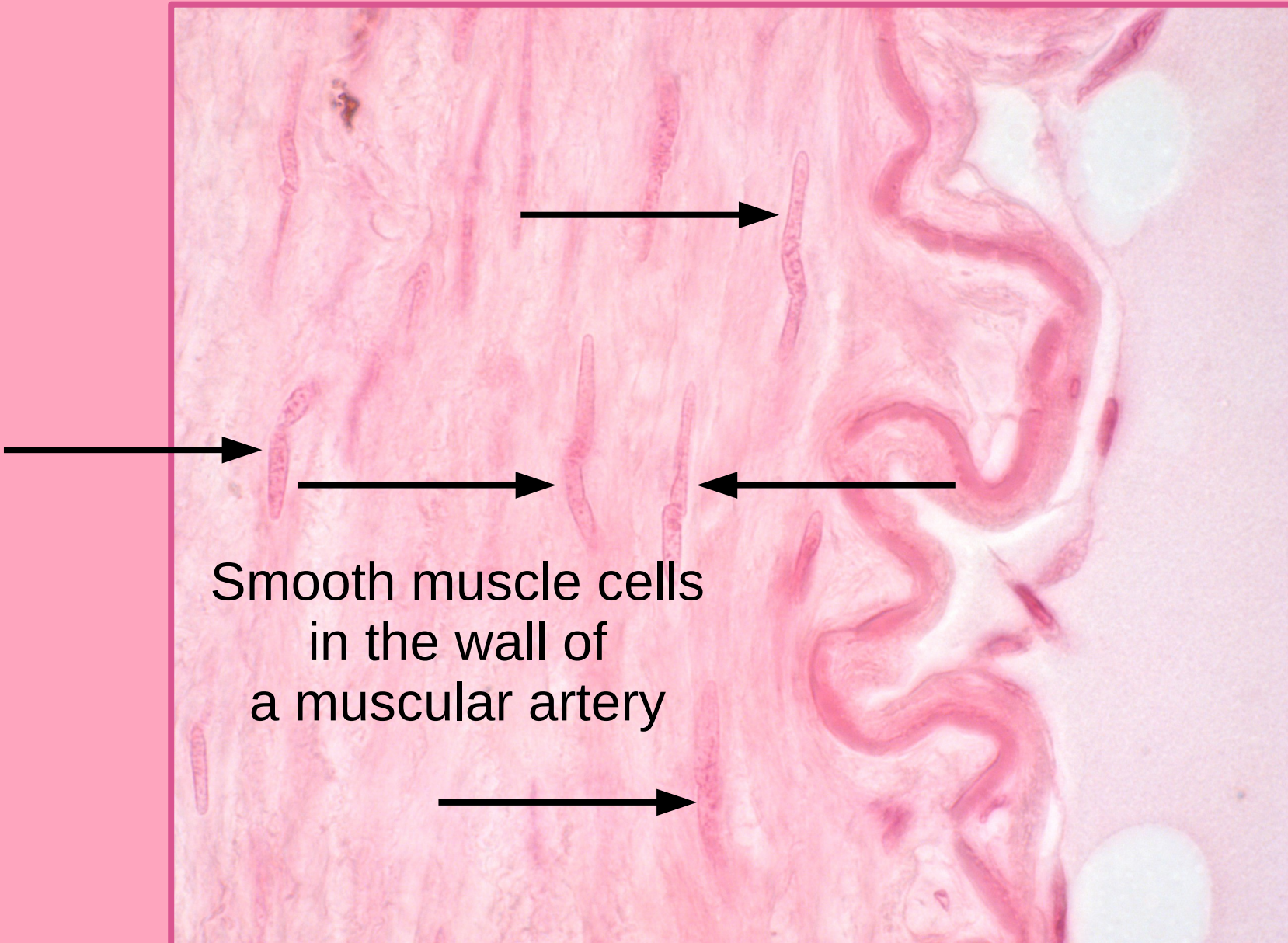
NOT
a histological
feature

Q31: Border:

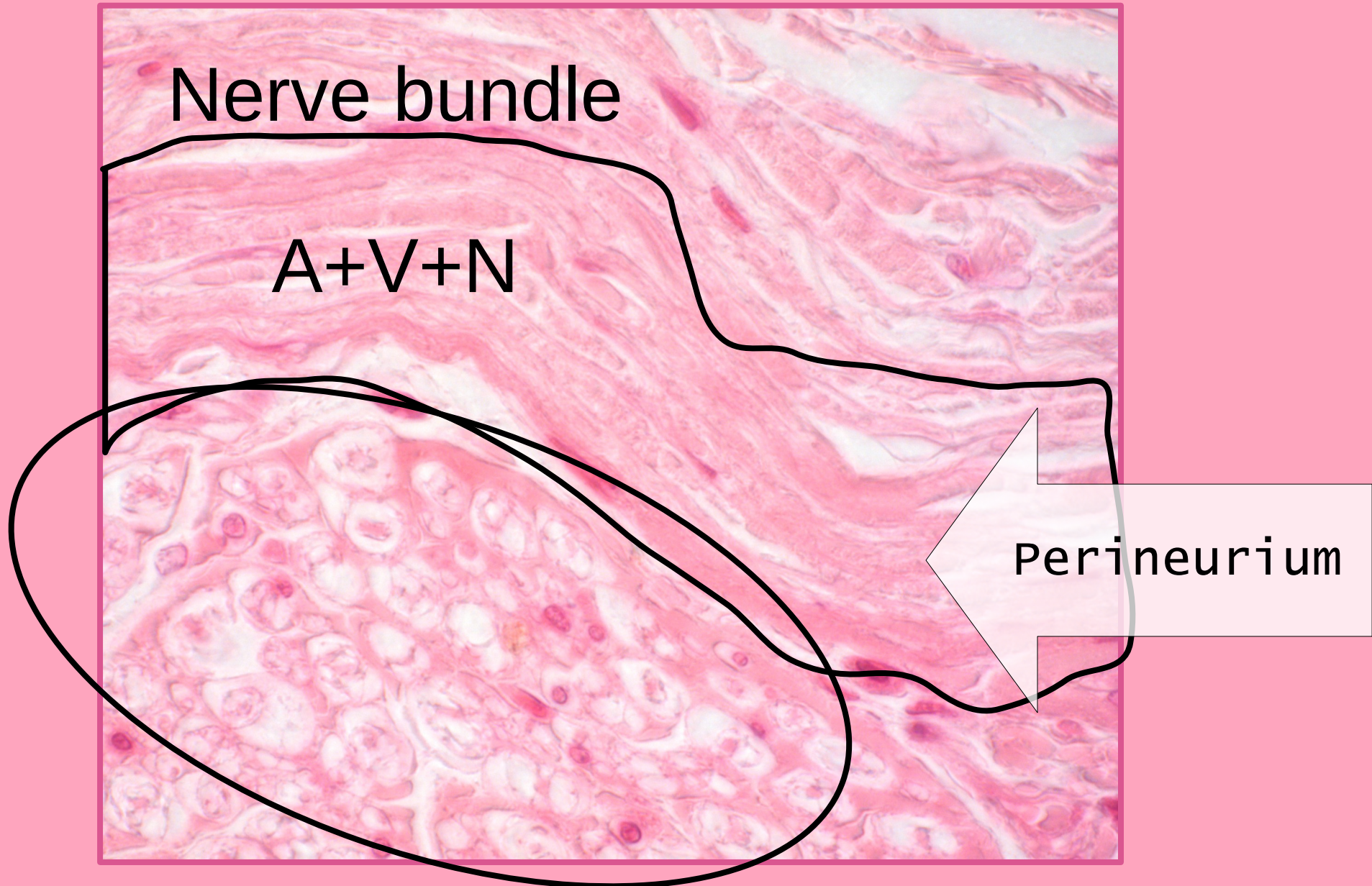


Lamina elastica interna
=
border of tunica intima

Q32/33: Smooth muscle



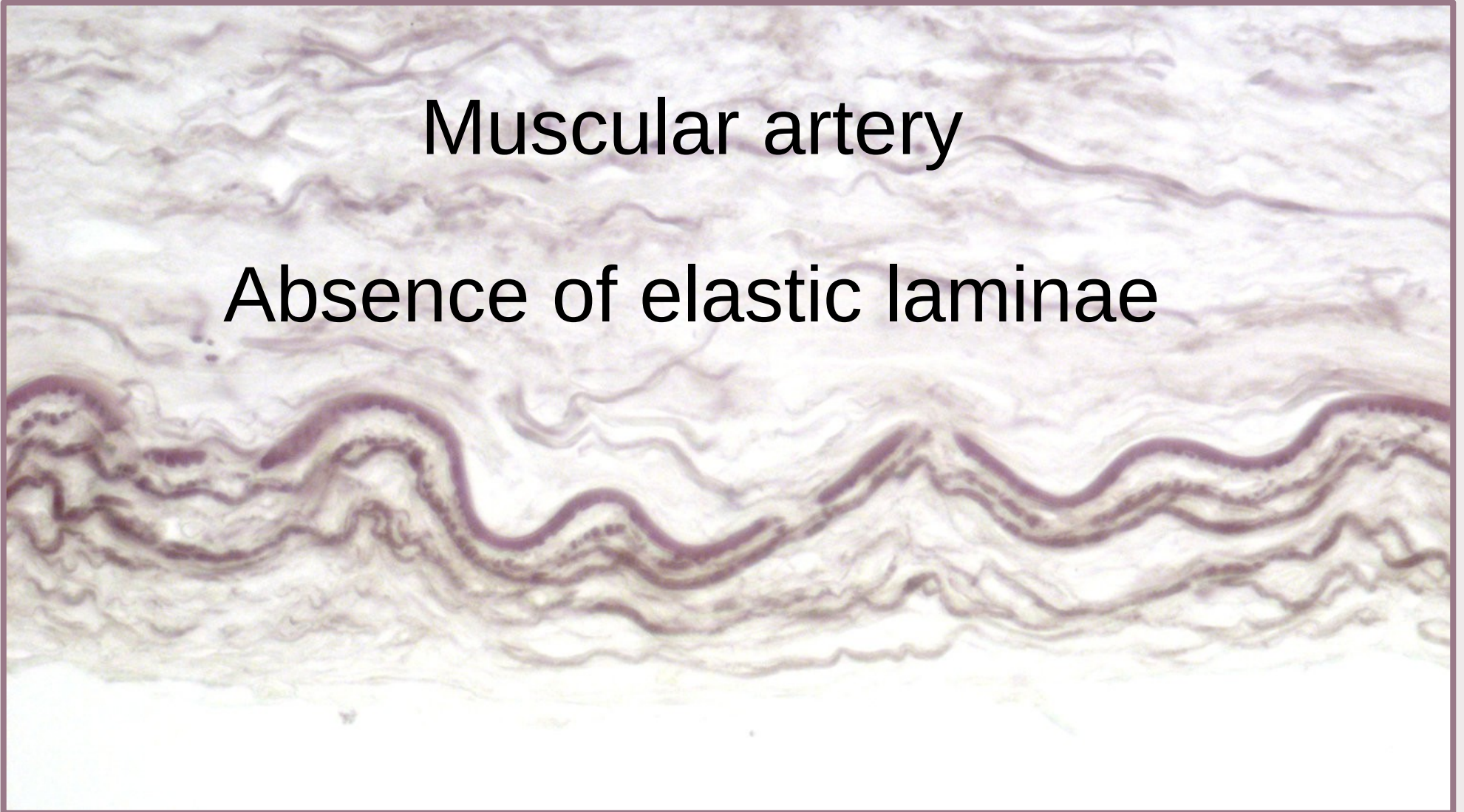
Q34/35: The structure:



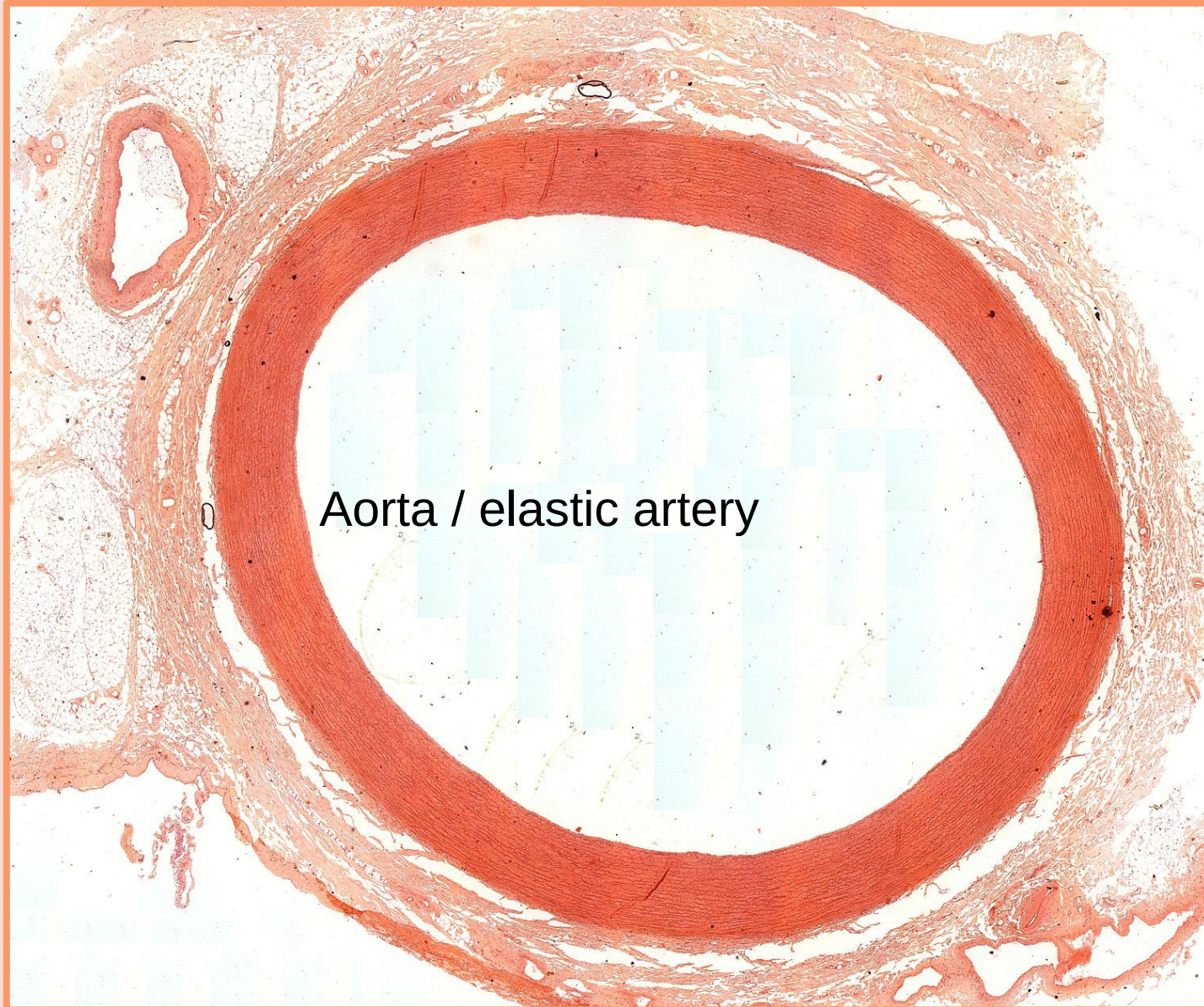
Q36/37: Elastic or muscle artery?

Muscular artery

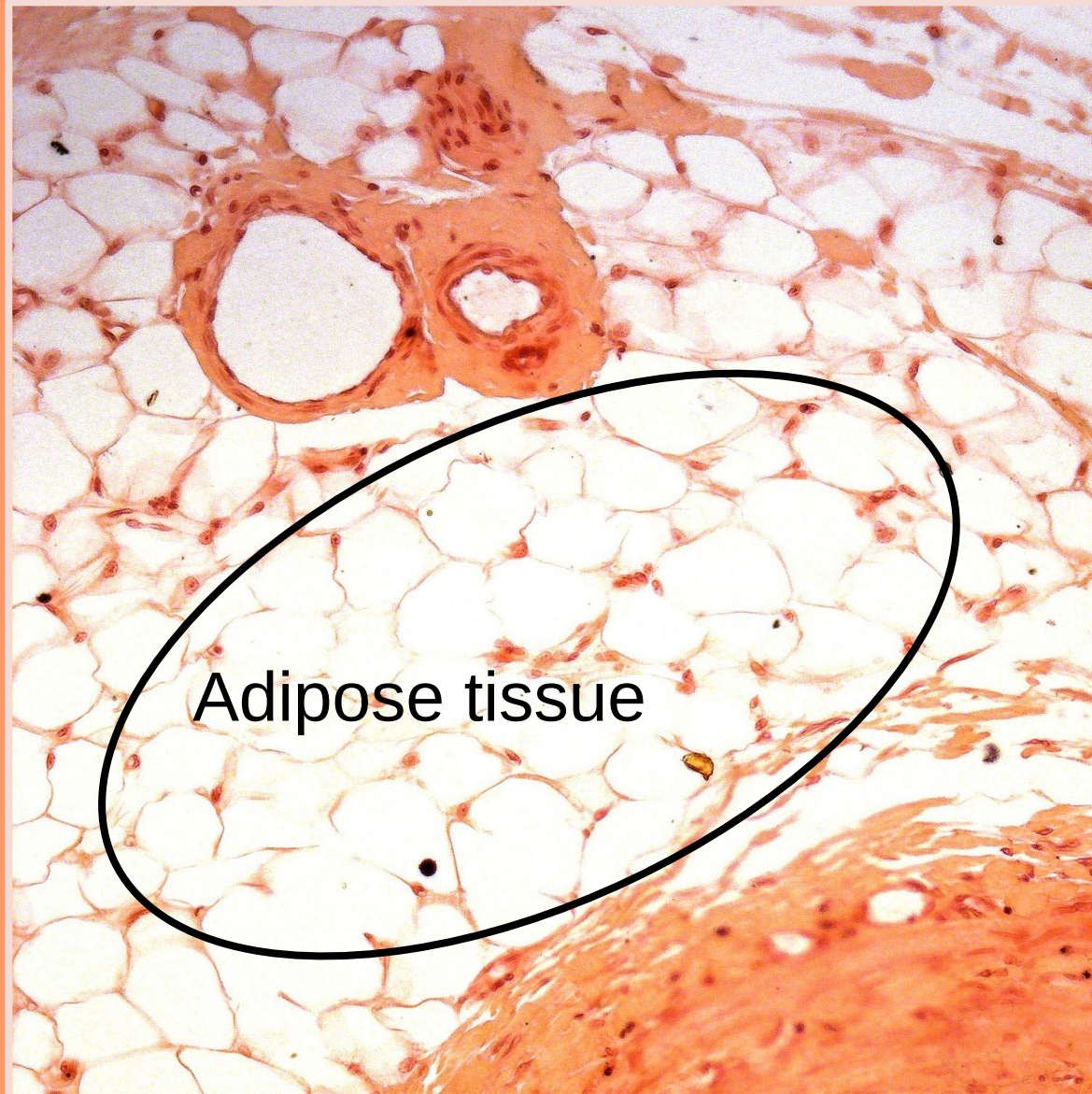
Absence of elastic laminae



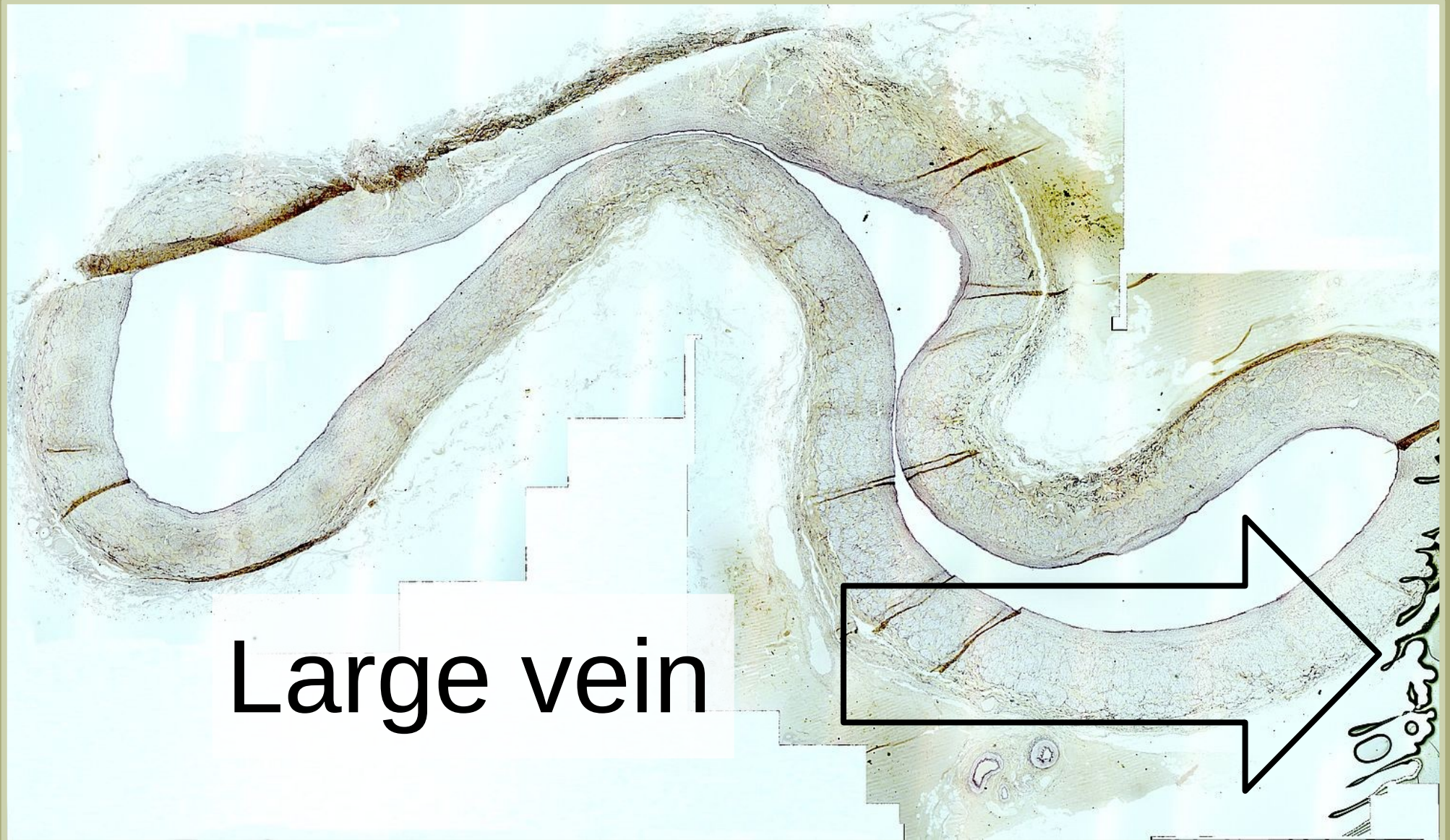
Q38/39: Heart + muscle artery



40 Identify the tissue:

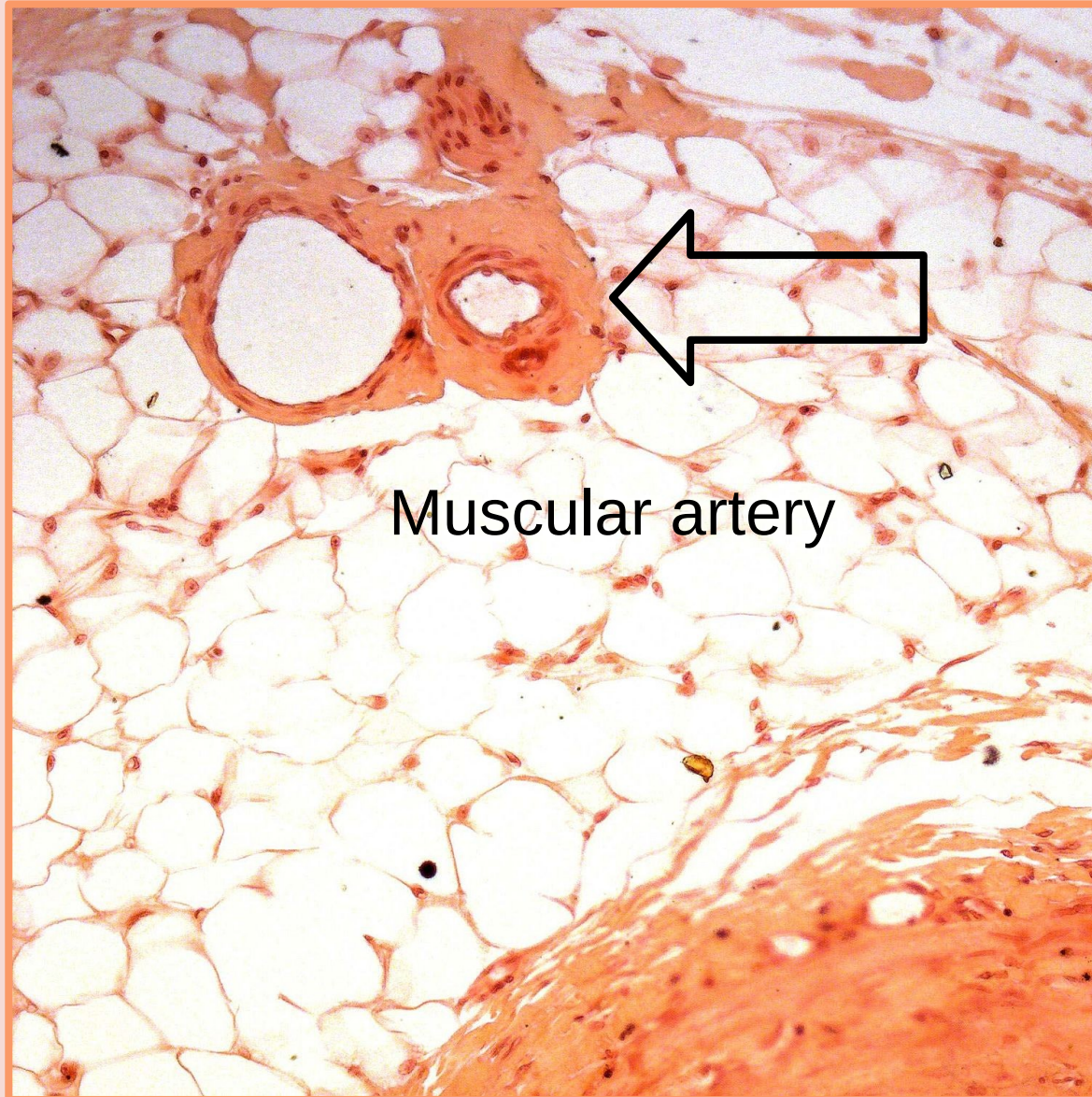


Q41/42: Identify:

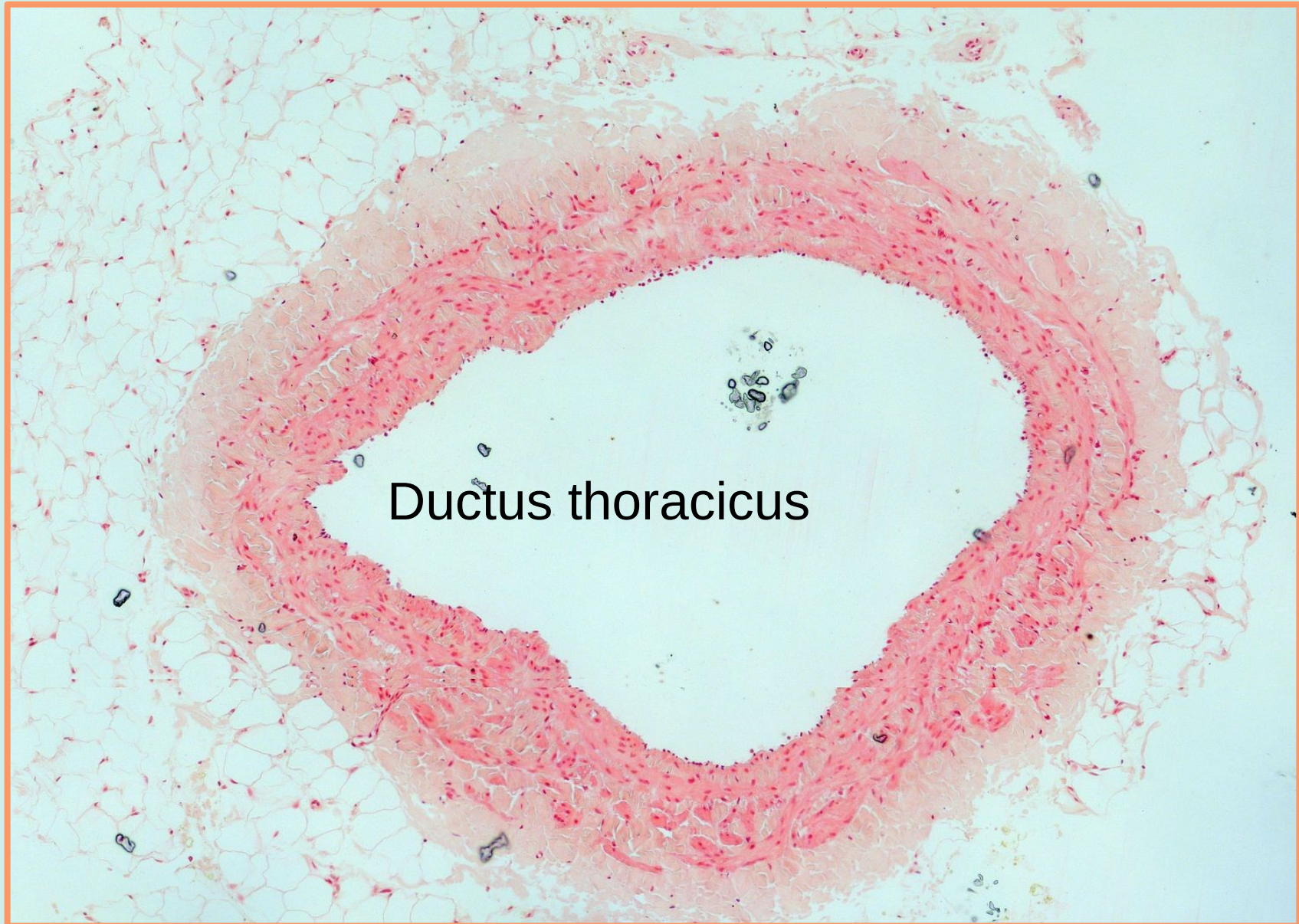


Large vein

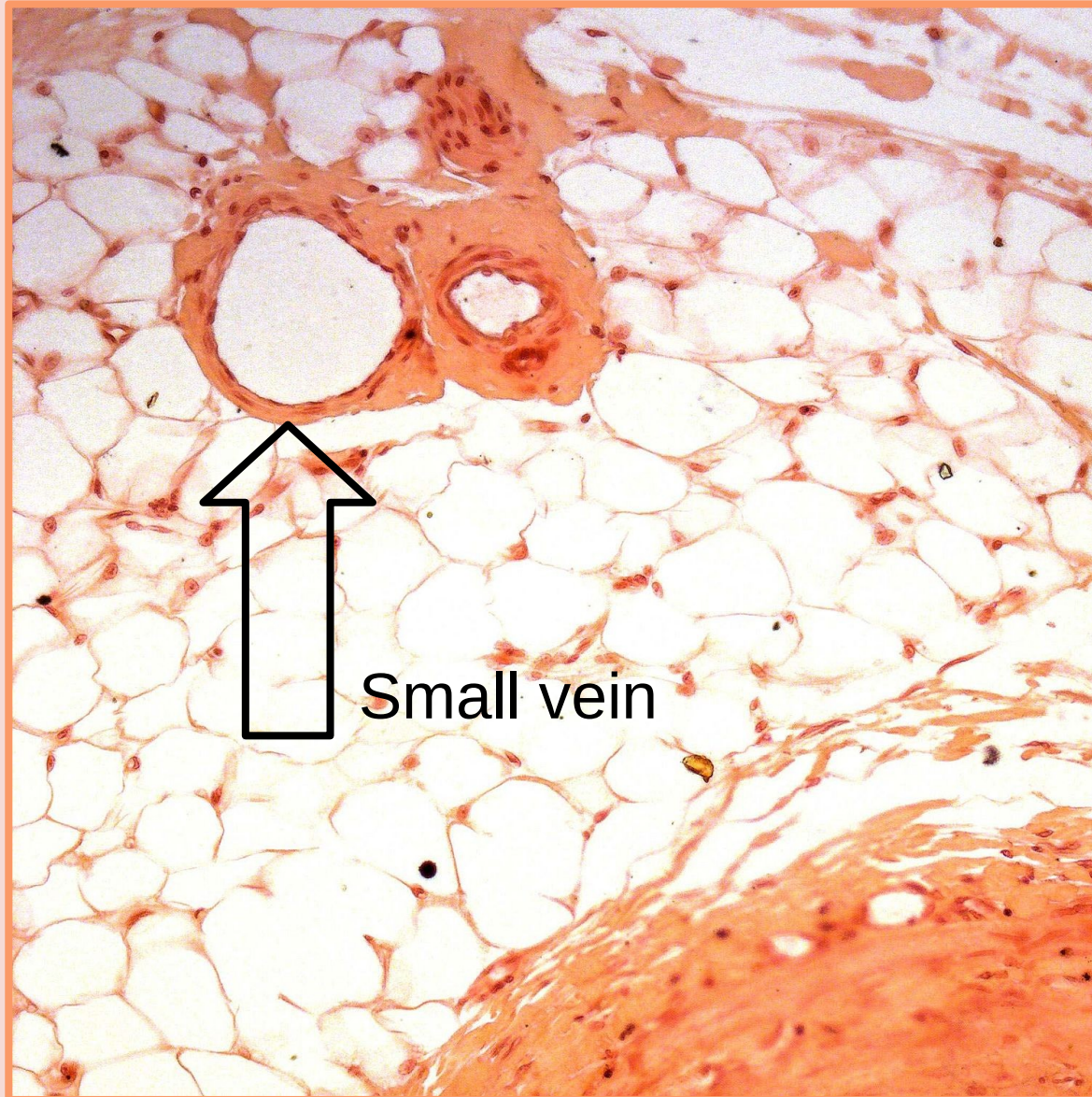
Q43: Artery, vein or lymphatic?



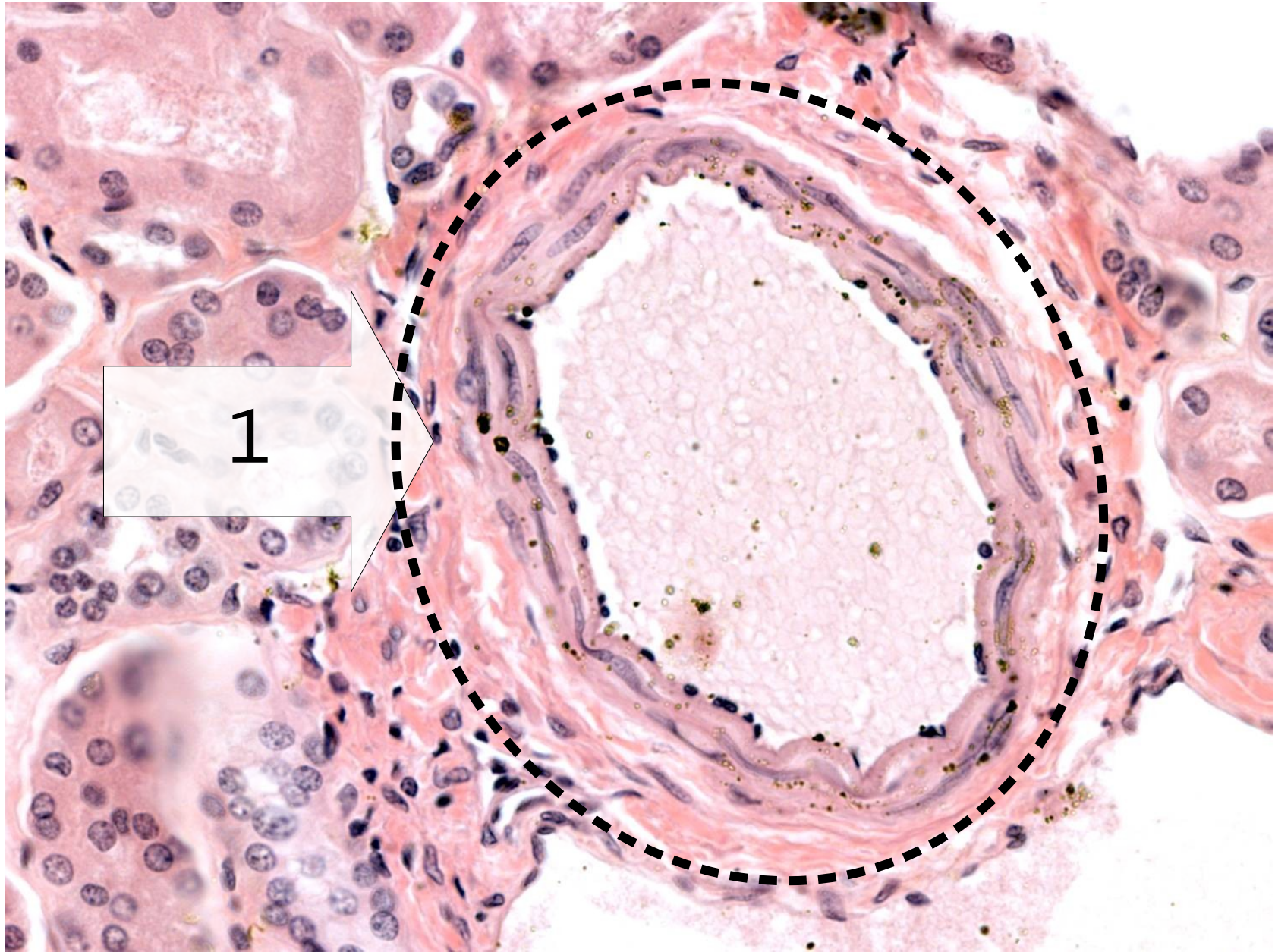
Q45/46: Lymph movement occurs despite low pressure due to smooth muscle action, valves, and compression during contraction of adjacent skeletal muscle and arterial pulsation.



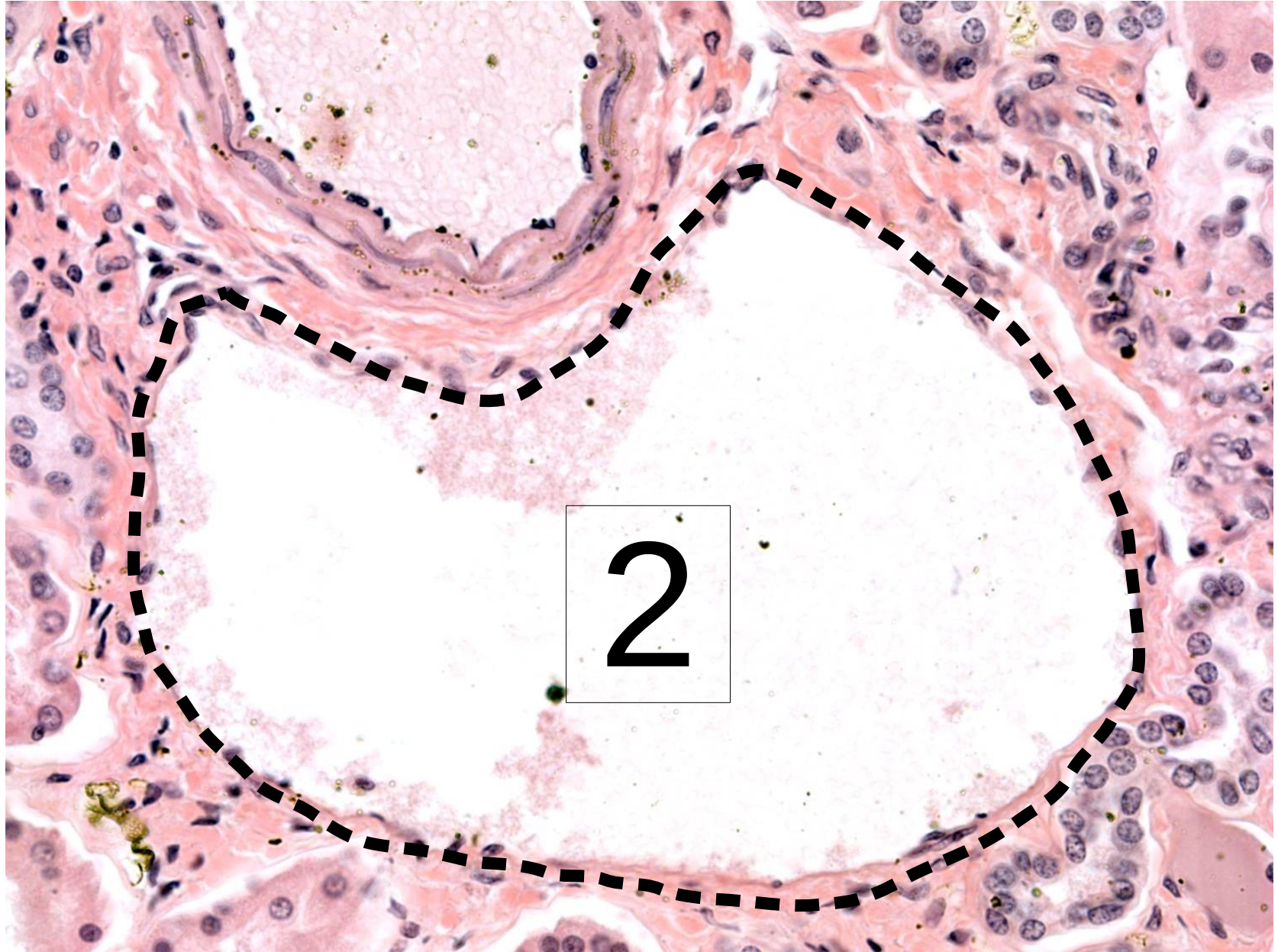
Q47/48: skeletal-muscle pump



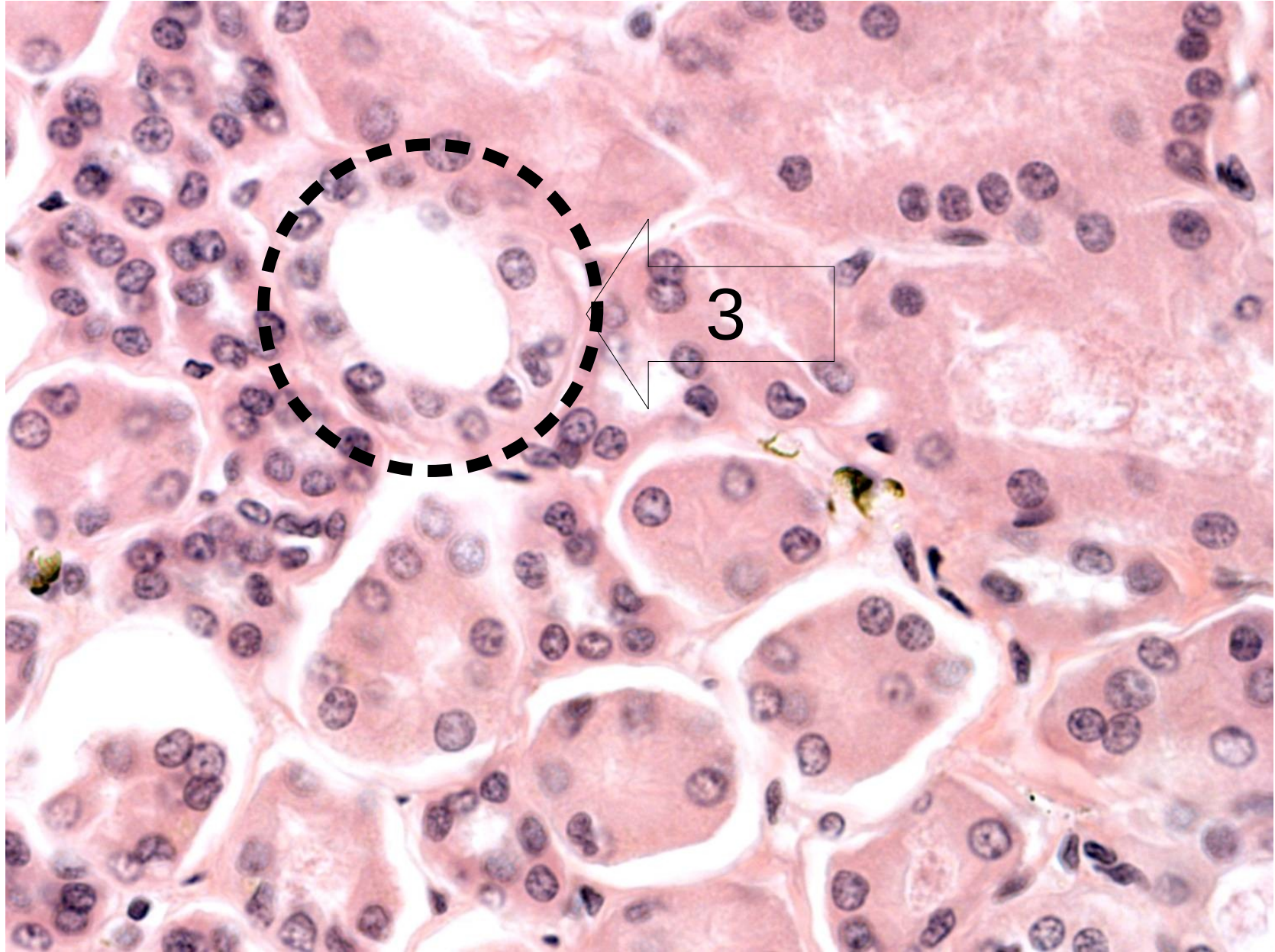
Q49.1 Artery



Q49.2 Vein



Q49.3 kidney tubuli - notice cuboidal epithelium



Reflection

Final step:
Are you happy with your performance?

